

2007

Arkansas Track & Field, 2007

University of Arkansas, Fayetteville. Athletics Media Relations

University of Arkansas, Fayetteville. Women's Athletics Department. Women's Communications Office

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ARKANSAS

Track & Field



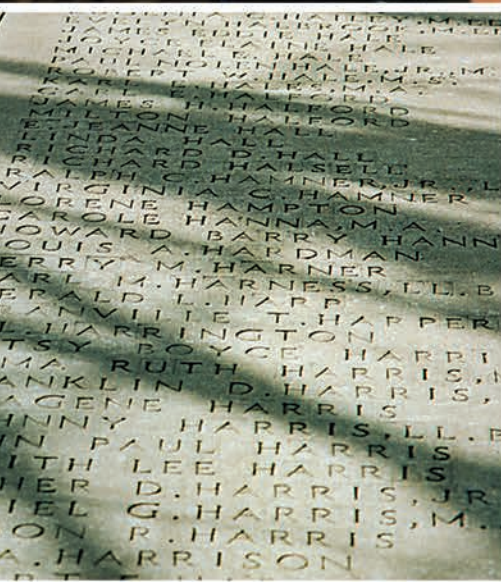
Tominque Boatright
Three-time all-American

Jessica Cousins
all-American

Jodi Unger
Two-time all-American
and SEC Record Holder

Paige Farrell
Two-time all-American

Sasha Rolle
all-American



Arkansas Track & Field Quick Facts	
Location:	Fayetteville, Ark.
Founded:	March 27, 1871
Enrollment:	17,938
Colors:	Cardinal & White
Conference:	Southeastern (SEC)
Chancellor:	Dr. John A. White
Athletic Director:	Bev Lewis
Head Coach:	Lance Harter
Associate Head Coach:	Rolando Greene
Assistant Coach:	Bryan Compton
Director of Operations:	Adam Tribble
2006 SEC Indoor Finish:	5th
2006 NCAA Indoor Finish:	T51st
2006 SEC Outdoor Finish:	7th
2006 NCAA Mideast Regional Finish:	10th
2006 NCAA Outdoor Finish:	25th
Letterwinners Returning/Lost:	25/6
Newcomers:	12
Returning All-Americans:	7
Indoor Facility:	Randal Tyson Track Center
Outdoor Facility:	John McDonnell Field



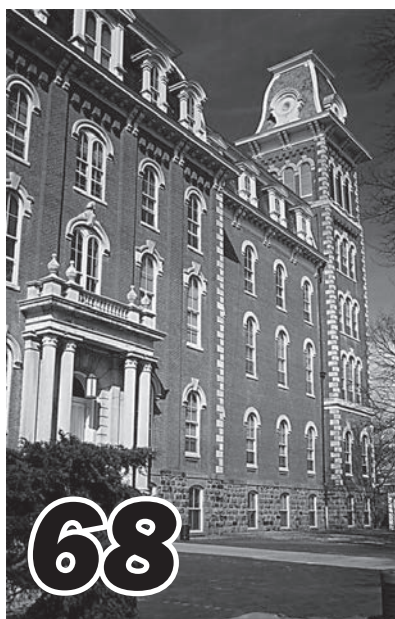
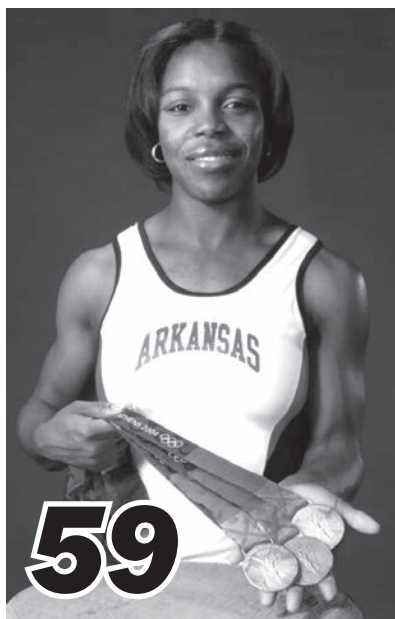


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Credits

The 2007 University of Arkansas Lady Razorback track and field media guide was written, designed and typeset by Assistant Communications Director Phil Pierce with assistance from Associate Athletic Director Dr. Bill Smith, and Administrative Associate Rebecca Hancock. Printing of the guide was carried out by Ebsco Media of Birmingham, Ala. Photography provided by staff photographer David Yerby with assistance from Walt Beazley, Robert Black, John Nail, Wesley Hitt, WireImages, USATF and Photorun.

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On the Cover

The cover of the 2007 Arkansas Lady Razorback Track & Field Media Guide showcases the new John McDonnell Field, Arkansas' outdoor track facility. Featured athletes on the cover include the Lady Razorbacks' returnees who earned all-America honors during the 2006 seasons (top center: Tominque Boatright; bottom L to R: Jessica Cousins, Jodi Unger, Paige Farrell, Sasha Rolle. Cover photos by David Yerby, Robert Black and Mondo, USA.



This is Arkansas

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While the University of Arkansas may not have had the success in 2006 it has become accustomed to, the end of the outdoor track season should be a preview of what's to come in 2007. The Lady Razorbacks had a phenomenal final day at the NCAA Track and Field Championships as Jodi Unger earned all-America honors in the pole vault and the 4x400-meter relay clocked a school record and finished third in the race. Those performances, along with a fall cross country season that had the Lady Razorbacks ranked as high as second in the nation, should have Arkansas poised to be a conference and national power throughout 2007.

DISTANCES

Much of Arkansas' young talent returns to the track in 2007, but added to the lineup is a trio of freshmen that put the Lady Razorback cross country team on the map. Junior Dacia Barr should be Arkansas' leader in the mile and sophomores Christine Kalmer, Denise Bargiachi and Kelly Vrshek will secure the longer distances. Barr was a national championships competitor in the 1,500-meter run last spring, missing the finals and all-America status by just four-tenths of a second. Kalmer also made the trip to the NCAA Outdoor meet in the 5,000-meter run, and performed admirably in her first NCAA track meet.

Arkansas' freshman trio of Dani Parry, Brooke Upshaw and Miranda Walker turned the cross country world on its ear as they pounded out races and wins for the Lady'Backs. Upshaw steps onto the track for the first time having already been crowned an SEC Champion and the 2006 SEC Cross Country Runner of the Year, with Parry sharing in the cross country post season honors as the league's freshman of the year.

Perhaps the most underrated of the Lady Razorback distance runners is the only Lady'Back to have won a conference title in track and field, junior Tiffany Redlarczyk. The surprise winner of the steeplechase at the 2006 SEC Outdoor Championships, Redlarczyk was on the way to her first NCAA Championships last spring before she got spiked at the regional meet and did not finish among the top five.



Christine Kalmer

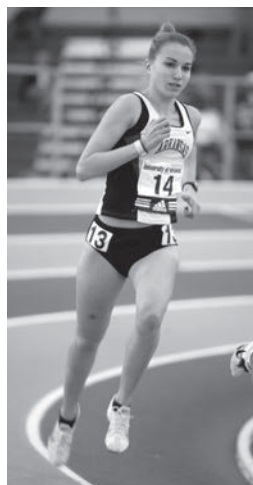
The Lady Razorbacks are still quite young in the distances. Juniors Beth Fahey and Caroline Peyton are two of four distance stars who have made it to their third year on the track, while the rest of the squad are either freshmen, redshirts or sophomores. Jennifer Harper was a solid contributor throughout 2006, but the long seasons caught up to her in the spring. She should be ready for another strong spring after a year of training.

Stepping into the limelight for the first time this winter will be redshirt freshmen Erin Gray and Brooke Higgs along with junior transfer Lauren Lewis and freshmen Megan Jackson and Kelly

Long. Gray, Lewis and Jackson each ran during the cross country season at various points, preparing themselves for the rigors of the indoor and outdoor track campaigns.

SPRINTS/HURDLES

Arkansas' most improved discipline in 2006, the sprints were dominated by 400-meter runners. The turn paid off as Arkansas took third at the NCAA Outdoor Championships in the 4x400-meter relay. Led by junior Tominque



Dacia Barr

Boatright, who set Lady Razorback records in both the indoor and outdoor 400 meters, Arkansas' sprinters all return from last spring with another year of training under their belts and look to be a force in 2007.

Joining Boatright on the relay were Jessica Cousins, Sasha Rolle and Paige Farrell who each had outstanding seasons individually, but will be best remembered for their relay legs. Cousins emerged as a 400-meter star and even set the Lady'Back 400-meter mark for a time before Boatright eclipsed the time. Rolle concentrated on the relays last year, but in the few open events she ran emerged as Arkansas' best starter giving her the duties on the relay. Farrell's success came in the 800 meters where she ran 2:05 outdoors and finished second at the SEC Championships indoors.

A key reserve for the Lady Razorbacks on the relay was Lakeisha Martin who brings a wide variety of talent to the Arkansas roster. Running sprints from the 60 to 400 meters and long jumping, Martin was one of Arkansas' busiest competitors in 2006, a trend that doesn't seem like it will fade. Senior



Paige Farrell

Tiavannia Thompson was also a busy person in '06, concentrating on the hurdles. Arkansas' short-hurdle specialist earned a spot at NCAA Outdoors where she finished 23rd.

Newcomers Etienne Chaplin, Makeatha Cooper and Jennifer Fall should give the Lady Razorbacks added depth in the sprints. Chaplin is a multi-event competitor who has great speed, while Cooper should



Tominque Boatright



2007 Track & Field Schedule

Indoor Season

Jan. 12	Arkansas Invitational	Fayetteville, Ark.
Jan. 19-20	Razorback Invitational	Fayetteville, Ark.
Feb. 2-3	New Balance Collegiate Invitational	New York, N.Y.
	J.D. Martin Invitational	Norman, Okla.
Feb. 9-10	Tyson Invitational	Fayetteville, Ark.
Feb. 23-25	Southeastern Conference Championships	Lexington, Ky.
March 2	Arkansas Last Chance Qualifier	Fayetteville, Ark.
March 2-3	NCAA Qualifier	Ames, Iowa
March 9-10	NCAA Championships	Fayetteville, Ark.

Outdoor Season

March 24	Jim Click Shoot-Out	Tucson, Ariz.
March 30-31	Stanford Invitational	Palo Alto, Calif.
April 6-7	Texas Relays	Austin, Texas
April 13-15	Mt. SAC Relays	Walnut, Calif.
	Rafer Johnson/Jackie Joyner-Kersey Invite	Westwood, Calif.
	John Jacobs Invitational	Norman, Okla.
April 21	John McDonnell Invitational	Fayetteville, Ark.
April 26-28	Drake Relays	Des Moines, Iowa
	Penn Relays	Philadelphia, Pa.
	Sooner Invitational	Norman, Okla.
April 29	Payton Jordan Cardinal Invitational	Palo Alto, Calif.
May 4	Arkansas Twilight	Fayetteville, Ark.
May 10-13	Southeastern Conference Championships	Tuscaloosa, Ala.
May 25-26	NCAA Mid-east Regional Championships	Columbia, Mo.
June 6-9	NCAA Championships	Sacramento, Calif.
June 20-24	USA Championships	Indianapolis, Ind.

give the Lady'Backs an additional hurdler in the spring once she meets NCAA transfer rules. Fall is a true freshman from Illinois who could be utilized as a multi-event athlete.

Rounding out the Lady'Back sprint corp is sophomore Megan Thompson in the 100 hurdles and redshirt freshman Courtenay Brown.

POLE VAULT

Arkansas' deepest event outside the distances, the pole vault should once again be a strength for the Lady Razorbacks. Senior Jodi Unger earned two all-America honors in 2006 and set the SEC Championship record in the event last spring. She leads a crew of four vaulters that have the potential to dominate the conference and qualify multiple times for nationals. Unger's 2006 seasons have her poised to become one of the greatest Lady Razorback vaulters in history, and if she can match what she did last year, she could break the records established by April Steiner at the turn of the century.



Jodi Unger

Junior Stephanie Irwin has all the tools to be another great Arkansas vaulter. Speed, size and strength are all positive attributes for the Mt. Ida, Ark., native, and with career bests in excess of 13 feet, she could be a national championships contender.

Sophomore Megan Scott and redshirt freshman Katie Stripling are young, very capable vaulters who



Stephanie Irwin

could approach the level of their teammates this season.

JUMPS

The Lady Razorbacks are not deep in the horizontal and vertical jumps, but a lack of depth is made up for by quality. Senior Michelle Martin is Arkansas' lone high jumper, but the Texas native is ready to conclude her career after off-season knee surgery. Going under the knife for repair of an injury from the 2006 campaign, Martin looked very strong in preseason workouts and should be a factor at the conference championships.

In the horizontal jumps, Arkansas added the services of transfer Peter-Gaye Beckford, and if her career bests are any indication, she could be a force at the national championships in the long jump. Entering her Lady Razorback career with a career best of 22 feet in the long jump, Beckford's speed on the runway could translate to the sprints as well.

THROWS

Perhaps the youngest group of performers in terms of actual experience, Arkansas' throws have high potential. Junior Michelle Rossio got her first taste of competition as a Lady Razorback during the 2006 outdoor season and showed tremendous potential in the shot and discus. Joining Rossio in the rings is redshirt freshman Angie Scott.

Outdoors, Arkansas gets the services of senior Carly Bloomfield and junior Kelsey Mollenkamp in the javelin. Both had very productive seasons in 2006 with Bloomfield taking fourth at the SEC Championships in her event.



Michelle Rossio



2007 Roster

ARKANSAS LADY RAZORBACK TRACK & FIELD

<u>Name</u>	<u>HT</u>	<u>Ind./Out.</u>	<u>Exp.</u>	<u>Events</u>	<u>Hometown (High School)</u>
Denise Bargiachi	5-5	SO/SO	1L	Distance	Memphis, Tenn. (Saint Benedict)
Dacia Barr	5-5	JR/JR	2L	Distance	Austin, Texas (Lake Travis)
Peter-Gay Beckford	5-11	JR/JR	TR	Jumps	Manchester, Jamaica (G.C. Foster College)
Carly Bloomfield	5-8	SR/SR	1L	Javelin	Clifton, Kan. (Clifton-Clyde)
Tominque Boatright	5-4	JR/JR	2L	Sprints	Aurora, Ill. (Oswego)
Courtenay Brown	5-5	FR/FR	RS	Sprints	Jacksonville, Ark. (UALR)
Etienne Chaplin	5-10	JR/SO	TR	Multi	Chicago, Ill. (Michigan St.)
Makeatha Cooper	5-9	JR/JR	TR	Hurdles	Grand Prairie, Texas (Texas Christian)
Jessica Cousins	5-5	SR/JR	1L	Sprints	Seneca, S.C. (Clemson)
Beth Fahey	5-3	SO/JR	2L	Distance	Dumfries, Va. (Forest Park)
Jennifer Fall	5-5	FR/FR	HS	Multi	Mahomet, Ill. (Mahomet-Seymour)
Paige Farrell	5-5	JR/JR	2L	Mid. Distance	Springdale, Ark. (Springdale)
Erin Gray	5-5	FR/FR	RS	Distance	Eugene, Ore. (South Eugene)
Jennifer Harper	5-6	SO/SO	1L	Distance	West Plains, Mo. (West Plains)
Brooke Higgs	5-6	FR/FR	RS	Mid. Distance	Bryant, Ark. (Bryant)
Stephanie Irwin	5-6	JR/JR	2L	Pole Vault	Mt. Ida, Ark. (Mt. Ida)
Megan Jackson	5-9	FR/FR	HS	Mid. Distance	Middlebury, Ind. (Northridge)
Christine Kalmer	5-6	SO/SO	1L	Mid. Distance	Roodepoort, South Africa (Hoerskool)
Lauren Lewis	5-7	JR/JR	TR	Mid. Distance	Waretown, N.J. (Iowa State)
Kelly Long	5-8	FR/FR	HS	Distance	Felton, Calif. (San Lorenzo Valley)
Lakeisha Martin	5-4	SR/SR	2L	Sprints	Pine Bluff, Ark. (UAPB)
Michelle Martin	5-9	SR/SR	3L	High Jump	Irving, Texas (Irving)
Kelsey Mollenkamp	5-3	JR/JR	1L	Javelin	Ransom, Kan. (Ransom)
Dani Parry	5-6	FR/FR	HS	Distance	Fort Collins, Colo. (Rocky Mountain)
Caroline Peyton	5-6	JR/JR	2L	Distance	Memphis, Tenn. (Houston)
Tiffany Redlarczyk	5-6	JR/JR	2L	Distance	Dyer, Ind. (Lake Central)
Sasha Rolle	5-6	SR/SR	1L	Sprints	Freeport, Bahamas (Sir Jack Haywood)
Michelle Rossio	5-8	JR/JR	1L	Throws	Youngstown, Ohio (John F. Kennedy)
Angie Scott	5-6	FR/FR	RS	Throws	Joplin, Mo. (Thomas Jefferson)
Megan Scott	5-10	SO/SO	1L	Pole Vault	Mahomet, Ill. (Mahomet-Seymour)
Katie Stripling	5-9	FR/FR	RS	Pole Vault	Jonesboro, Ark. (Jonesboro)
Megan Thompson	5-8	FR/SO	1L	Sprints/Hurdles	Joliet, Ill. (Joliet West)
Tiavannia Thompson	5-7	SR/SR	1L	Sprints/Hurdles	Nassau, Bahamas (Prince Williams Baptiste)
Jodi Unger	5-5	SR/SR	3L	Pole Vault	Abilene, Texas (Cooper)
Brooke Upshaw	5-5	FR/FR	HS	Distance	Southlake, Texas (Carroll)
Kelly Vrshek	5-6	SO/SO	1L	Distance	Rolling Meadows, Ill. (Rolling Meadows)
Miranda Walker	5-1	FR/FR	HS	Distance	Southlake, Texas (Carroll)

Coaching and Support Staff

Head Coach:	Lance Harter (Texas Tech, 1972)
Assoc. Head Coach (Sprint/Hurdle/Jumps):	Rolando Greene (Murray State, 1989)
Assistant Coach (Field/Throws):	Bryan Compton (Angelo State, 1984)
Director of Operations:	Adam Tribble (Georgia, 2002)
Volunteer Assistants:	Andrew McDonagh, April Steiner, Christin Thomas
Trainer:	Andrew Bombardiere (West Florida, 2006)
	Lucas Phillips (Toledo, 2006)
Manager:	Whitney Anderson, Laura Insell



Roster Breakdown

	<i>By Event</i>	<i>By Experience</i>
<i>By Year</i>		
Freshman..... 12/11	Distance..... 12	High School..... 6
Sophomore..... 6/7	Hurdles..... 1	Redshirt..... 5
Junior..... 12/13	Jumps..... 2	Transfer..... 4
Senior..... 7/6	Middle Distance..... 5	1 Letter..... 12
	Multis..... 2	2 Letters..... 8
	Pole Vault..... 4	3 Letters..... 2
	Sprints..... 7	
	Throws..... 4	

Denise Bargiachi



2006 (Freshman) – Coming off a splendid cross country campaign, Denise Bargiachi parlayed that into solid indoor and outdoor track seasons. She scored at the SEC Indoor Championships in the 5,000 meters as well as the outdoor meet in the 10,000. She barely missed a regional qualifier in the 5K outdoors, posting a season best of 16:53.40 at the Mt. SAC Relays. Indoors, Bargiachi ran a season best of 9:47.13 over 3,000 meters at the New Balance Collegiate Invite.

Cross Country – Counted on heavily as a sophomore, Bargiachi did not disappoint as she earned first-team all-SEC honors and all-South Central Region accolades. She was a scorer in all but one meet during the 2006 season, placing 86th overall at the NCAA Championships. As a freshman she earned second-team all-SEC honors and qualified for the NA-CAC Junior Cross Country meet, finishing fourth overall.

Prior to College – A four-year letterwinner in cross country and swimming, Bargiachi only lettered three times in track, but that didn't stop her from being named the *Memphis Commercial Appeal's* 2004-05 Athlete of the Year. For the honor, Bargiachi was the county and regional champion in cross country, finishing third at the state meet, was the region champion at 1,600 and 3,200 meters, winning the state title for the longer distance and qualified for and competed at the swimming state championships. Over her four years on the cross country course, she won

two state titles and never finished worse than 10th as an individual. She also participated in the Foot Locker Southern Regional.

Personal – Born Denise Kathleen Bargiachi on March 5, 1987, she is the daughter of Charlie and Kathleen Bargiachi. She has two younger sisters, Gina and Erin.



Sophomore / Sophomore
5-5
Distance
Memphis, Tennessee
(Saint Benedict)

Career Bests

Indoors
3,000 meters9:47.13
5,000 meters17:01.24
Outdoors
5,000 meters16:53.40
10,000 meters36:03.74

1st-team all-SEC
2nd-team all-SEC
All-South Central Region
WA AD's Honor Roll
WA Honor Roll
SEC Freshman Honor Roll

SEC Scoring

Indoor
2006, 5,000m, 8th, 17:01.24
Outdoor
2006, 10,000m, 8th, 36:18.94

Dacia Barr



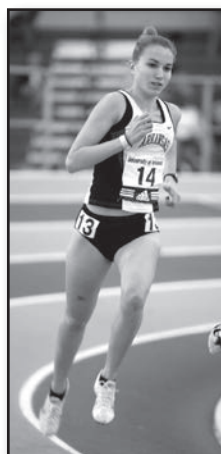
2006 (Sophomore) – One of the up-and-coming middle distance stars in the NCAA, Dacia Barr made a statement at the SEC Championships with runner-up performances in both the mile and 1,500-meter runs. She posted season-best times of 4:46.33 in the mile indoors, and then broke out with a 4:19.89 in the 1,500 at the Cardinal Invitational. She finished fifth at the NCAA Midwest Regional in the 1,500 and barely missed all-America status at the NCAA Championships with a 13th-place finish. Barr also showed Arkansas' coaches her strength as a sophomore by finishing fourth in the 5,000 meters at the SEC meet.

2005 (Freshman) – Barr put together a fabulous freshman season that saw her earn all-America honors, set an Arkansas school record and be a part of the fastest 4x800-meter relay in the world in 2005. Beginning the indoor season with the 800, Barr moved up to the mile for the big meets, scoring at the SEC Championships with a fifth-place finish. Outdoors, she was even better in the 1,500 as she qualified for the NCAA Championships based on her season-best performance of 4:25.59. She also participated at the USA Junior Championships and was fourth overall. During the outdoor campaign, Barr was also an integral member of Arkansas' 4x800-meter relay that won Drake and Penn Relays titles.

Cross Country – One of the immensely talented sophomores on the Lady Razorback cross country team, Barr has emerged as one of the Lady'Backs' top three runners. In her second season she earned first-team all-SEC and all-South Central Region honors and placed 58th overall at the NCAA Championships. She also earned all-region accolades as a redshirt freshman in 2005.

Prior to College – Splitting time between Lake Travis (Texas) High School (junior and senior years) in Austin, Texas, and Centreville (Va.) High School (freshman and sophomore years), Barr was phenomenal at both locales. She won four Texas state championships in her two years at Lake Travis in the middle distances and took second at the Texas state cross country meet as a junior and senior. While running in Virginia, Barr was a two-time state champion and ran best times of 2:11 in the 800 and 4:58 for 1,600 meters.

Personal - Born Dacia Karen Barr on July 9, 1986, Barr is the daughter of Robert and Aileen Barr. She has two siblings, Stephanie and Marysia.



Junior / Junior
5-5
Distance
Austin, Texas (Lake Travis)

Career Bests

Indoors
800 meters2:12.00
Mile4:45.44
Outdoors
800 meters2:10.48
1,500 meters4:19.89
5,000 meters16:42.37

All-American
1st-team all-SEC
School Record Holder
2x All-South Central Region
ESPN *The Magazine* Academic
All-District VI
2x WA Academic Champion
2x WA Honor Roll
SEC Honor Roll
SEC Freshman Honor Roll
2x USTFCCA All-Academic Team

SEC Scoring

Indoor
2006, Mile, 2nd, 4:50.40
DMR, 6th, 11:42.48
2005, Mile, 5th, 4:58.73
Outdoor
2006, 1,500m, 2nd, 4:22.57
5,000m, 4th, 16:42.37
Regional Scoring
2006, 1,500m, 5th, 4:20.18
2005, 1,500m, 8th, 4:30.03
UA Record Book
Outdoor
4x800, 4/30/05, 8:29.13



2007 Lady Razorbacks

Peter-Gaye Beckford



Prior to College – Peter-Gaye Beckford is a multi-talented athlete specializing in the jumps. She has career bests of 21-2 in the long jump and 42-1 1/2 in the triple. She was a competitor at the World Junior Championships in both 2002 and 2004, the world youth games in 2001 and the World University Games in 2005. She also competed in several other

international events between 2001-04. While a student at Holmwood Technical, Beckford led her team to a pair of Athletics Championships her junior and senior seasons. The seeds for that were laid when she was just a freshman and brought her team to fifth at the meet, then second as a sophomore. Individually, she was the Champion Girl at the High School Championship her senior season.

Personal – Born Peter-Gaye M-J Beckford on April 17, 1985, she is the daughter of Donald Beckford and Joan Gordon. She has one sibling, Shicheel.

Junior / Junior
5-11
Jumps
Manchester, Jamaica
(G.C. Foster College)

Career Bests

Long Jump 21-2
Triple Jump 42-1 1/2
Javelin 137-11

Carly Bloomfield



2006 (Junior) – Carly Bloomfield couldn't compete until the outdoor season, but the wait was worth it as the junior transfer scored at her first SEC Championships with a season and career-best throw of 146-8. The mark was good enough for fourth at the conference championship and continued Bloomfield's improvement. She struggled at the NCAA Mideast Regional, throwing just 137-4, but her work ethic was a promise of great things to come.

Prior to Arkansas – Bloomfield spent her first two years of collegiate eligibility at Barton County Community College where she earned two all-America honors and took the NJCAA national championship in 2005. In that competition, she threw the javelin 139 feet, 11 inches to take the title by more than six feet. Bloomfield also played basketball for the Cougars and graduated with highest honors.

Prior to College – In four years at Clifton-Clyde High School in Clyde, Kan., Bloomfield was a force at the state championships. Competing in the 2A meet her freshman and senior years, she won the javelin competition as a senior, took second and fourth-place finishes in the shot put and even placed third in the pole vault as a freshman. At the 1A level her sophomore and junior years, she won a state championship in the shot put and took three second-place

finishes, one in the shot and two in the javelin. She was her graduating class' salutatorian and earned a 3.98 grade point average while lettering in basketball, track, volleyball and cross country.

Personal – Born Carly Suzanne Bloomfield on Oct. 23, 1984, she is the daughter of Larry and Jamie Bloomfield. She has three younger siblings, Brett, Blair and Allie.

Senior / Senior
5-8
Javelin
Clifton, Kansas
(Clifton-Clyde)

Career Bests

Javelin 146-8

2x WA Honor Roll
SEC Honor Roll
USTFCCCA All-Academic Team

SEC Scoring

Outdoor
2006, Javelin, 4th, 146-8





Tominque Boatright



2006 (Sophomore) – Tominque Boatright's surprising freshman year was just a taste of what was to come in year two. Setting the Arkansas 400-meter records both indoors and out, she emerged as one of the best 400 meter runners in the country finishing eighth at the NCAA Indoor Championships and 17th outdoors while also anchoring Arkansas' outdoor 4x400-meter relay to a school record and the 36th fastest time in the world in 2006. Boatright was also a member of Arkansas' record-setting indoor 4x400-meter relay and finished sixth at both the SEC indoor and outdoor championships in the 400 meters. She earned two all-America honors (indoor 400 and outdoor 4x400) and currently holds four UA school records.

2005 (Freshman) – One of the big surprises for the Lady Razorbacks, Boatright came to Arkansas as a 100/200-meter sprinter that dabbled in the 400, but ended up finding her calling in the longer race. Boatright's first collegiate 400 was decent, but her second made waves as she ran 53.60 at the Tyson Invitational to qualify for the NCAA Championships. Running on Arkansas' distance medley relay, Boatright helped set the school record at the Armory Invitational. She hurt her hamstring at the NCAA Championships, but showed her toughness by gutting out 300 meters on a bad leg. Outdoors, Boatright's first race was at the SEC Championships where she finished 11th in the 400. She returned to the track for the USA Junior Nationals and was seventh with a season-best 54.51.

Prior to College – A state champion her freshman year in the 100-meter dash, Boatright suffered a leg injury as a sophomore and was unable to defend her title. During her first season, Boatright was also the 200 and 400-meter runner-up for Oswego High School, adding another 400-meter runner-up honor as a junior. Also competing with

the AAU and USATF Juniors, Boatright was third at the AAU Junior Olympic Games in 2003 in the 200 meters and fourth in the 100.

Personal - Born Tominque Tonette Boatright on Jan. 19, 1986, she is the daughter of Thomas and Linda Boatright. She is the youngest of five girls in the Boatright family, with sisters Katrina, Tanesha, Lakeya and Tenille.



Junior / Junior
5-4
Sprints
Aurora, Illinois
(Oswego)

Career Bests

<i>Indoors</i>	
200 meters	24.18
400 meters	53.17
<i>Outdoors</i>	
200 meters	23.69
400 meters	52.83

3x All-American
School Record Holder

SEC Scoring

<i>Indoor</i>	
2006, 400m, 6 th , 54.92	
4x4 relay, 5 th , 3:36.93	
<i>Outdoor</i>	

2006, 400m, 6 th , 43.10	
4x1 relay, 8 th , 45.35	

Regional Scoring

2006, 400m, 5 th , 52.83	
4x4 relay, 3 rd , 3:34.17	

NCAA Scoring

<i>Indoor</i>	
2006, 400m, 8 th , 53.23	
<i>Outdoor</i>	
2006, 4x4 relay, 3 rd , 3:28.78	

UA Record Book

<i>Indoor</i>	
400m, 3/10/06, 53.17	
4x4 relay, 3/4/06, 3:33.67	
DMR, 2/4/05, 11:09.09	
<i>Outdoor</i>	
400m, 5/14/06, 53.10	
4x4 relay, 3:28.78, 6/10/06	

Courtenay Brown



2006 (Redshirt) – Courtenay Brown redshirted the 2006 season.

Prior to College – Brown was a three-sport athlete while attending Sylvan Hills High School in Sherwood, Ark. There she was named the 2004 Female Athlete of the Year

thanks to her all-state honors in basketball, volleyball and track. On the track, she was part of two 4A state championship teams and a conference championship squad and posted career-best times of 11.7 for 100, 24.6 for 200 and 55.5 for 400 meters. Also an outstanding student, she graduated with a 3.85 grade point average and was a member of the National Honor Society.

Personal – Born Courtenay Ashley Brown on Nov. 10, 1986, she is the daughter of Karl and Trudean Brown. She has two older siblings, Adrian and Jeremy.

R-Freshman / R-Freshman
5-5
Sprints
Jacksonville, Arkansas
(Univ. of Ark.-Little Rock)

Career Bests

100 meters	11.7
200 meters	24.6
400 meters	55.5



2007 Lady Razorbacks

Etienne Chaplin



Prior to Arkansas - A two-year letterwinner at Michigan State University, Etienne Chaplin was a multi-time NCAA qualifier in the multi-events both indoors and out. She finished sixth in both the pentathlon and heptathlon at the Big 10 Championships during the 2006 season and took 10th

in the pentathlon indoors in 2005. She sat out the 2005 outdoor track season.

Prior to College - A four-year all-state honoree, Chaplin was a member of a very successful Morgan Park High School team out of Chicago. In her four seasons she was a member of two state championship and two runner-up teams. She won city championships in the 100 and 300-meter hurdles in both her junior and senior seasons and placed as high as sixth at the state meet. At the USATF junior national meet, Chaplin placed sixth in the long jump.

Personal - Born Etienne Danelle Chaplin on July 28, 1986, she is the daughter of Stephen and Karla Chaplin. She has three older siblings, Paul, Tiphani and Shani.

Junior / Sophomore
5-10
Chicago, Illinois
(Michigan State)

Career Bests

100 hurdles14.3
Pentathlon3,711
Heptathlon5,050

Makeatha Cooper



Prior to Arkansas - Makeatha Cooper was a standout at Texas Christian University before transferring to Arkansas. She won a Mountain West Conference championship in 2004, set the TCU 100-meter hurdles record and earned the Horned Frogs' most

valuable performer award as a freshman. She posted a career-best mark of 13.24 in College Station, Texas.

Prior to College - Improving each spring, Cooper was easy to spot while attending Grandview High School in Grandview, Mo. She went from a modest 14.7 100 hurdler to 13.8 by her senior season, and also excelled in the 300 hurdles where she improved her strength to go from 48 seconds to 42.8. She was also a vital member of the Bulldogs' relay efforts. She earned USATF and AAU all-America honors while a prep star.

Personal - Born Makeatha A. Cooper on July 19, 1985, she is the daughter of Alice Cooper.

Junior / Junior
5-9
Hurdles
Grand Prairie, Texas
(Texas Christian)

Career Bests

100 hurdles13.24



Jessica Cousins



2006 (Junior/Sophomore) – Arkansas was happy to wait for Jessica Cousins to emerge from a slow start. She was the final piece to the Lady Razorbacks' NCAA third-place and school-record 4x400-meter relay. She briefly held the UA record in the open 400 meters. Cousins earned all-America honors in the outdoor 4x4 and helped set three Lady Razorback relay records while scoring at the SEC indoor and outdoor championships as well as the Mideast regional and NCAA outdoor meets. She clocked a career best of 24.31 in the 200 indoors, but dropped her 400 meter time by three seconds between the

two seasons with another career mark of 53.28 outdoors.

Prior to Arkansas – Cousins was a force on the track both as an individual and as a member of Clemson's relay teams in her one-and-a-half year stay. She won an ACC title as the third leg of the Tiger's 4x400-meter relay and anchored the 4x100-meter relay to a regional qualifier. She qualified for the NCAA Indoor Championships and outdoor regional meet as an individual and was a multiple-time scorer at the conference championships.

Prior to College – Attending Seneca High School in Seneca, S.C., Cousins broke the Bobcats' school records in the 100, 200 and 400-meter dashes, posting some of the best times of her career during that time. She won the state championship in the 200-meter dash as a freshman while also taking the first of her four Regional Athlete of the Meet

honors. She was named team MVP in each of her final three seasons at Seneca.

Personal – Born Jessica Denise Cousins on April 10, 1985, she is the daughter of Chris Otorubio and Kristina Cousins. She has four siblings, Austin, Patrick, Cruz and Charles.



Senior / Junior
5-5
Sprints
Seneca, South Carolina
(Seneca)

Career Bests

Indoor
200 meters24.31
400 meters56.03
Outdoor
400 meters53.28

All-American
School Record Holder

SEC Scoring

Indoor
2006, 4x4 relay, 5th, 3:36.93
Outdoor
2006, 4x1 relay, 8th, 45.35

Regional Scoring

2006, 4x4 relay, 3rd, 3:34.17

NCAA Scoring

Outdoor
2006, 4x4 relay, 3rd, 3:28.78

UA Record Book

Indoor
4x4 relay, 3/4/06, 3:33.67
Outdoor
4x4 relay, 6/10/06, 3:28.78
SMR, 4/28/06, 3:52.20

Beth Fahey



2006 (Freshman/Sophomore) – Beth Fahey got her first taste of indoor track last winter with a respectable 17:14.49 for 5,000 meters. She started to show her form outdoors by improving by more than 20 seconds in the 10,000-meter run. Fahey clocked a personal-best 36:22.34 in the event at the SEC Championships to just miss the scoring eight at ninth. She also posted a career-best 5K at the Pomona-Pitzer Invitational at 17:12.32. Fahey ended her second year at Arkansas by being named to the SEC Good Works Team.

2005 (Redshirt/Freshman) – After redshirting the indoor track season, Fahey stepped on the track for the first time at the Texas Relays and ran a solid 5,000 meters. She clocked her career best at 10K when she ran 36:45.26 at the Pomona-Pitzer Invite, winning the competition. Fahey ran her personal best for 5,000 meters at the Penn Relays in late April, and then took on the 5K and 10K at the SEC meet, finishing ninth in the longer race.

Cross Country – Improving in each of her three seasons with the cross country team, Fahey picked up her first all-conference honor as a junior by finishing 14th at the SEC Championships. The fall of 2006 saw her compete in five races and she was the Lady'Backs' backup at both the regional and NCAA Championships. She clocked a career

best for 6,000 meters at the SEC Championships when she ducked under the 21-minute barrier for the first time.

Prior to College – Fahey finished fifth in the state in cross country, led her team to a second-place finish and took third in the 3,200 as a senior. Indoors she was fifth at nationals in the distance medley relay and was a Foot Locker National finalist. During her four seasons, she broke the district and regional records for the 3,200-meter run and was a two-time all-American in the DMR. Fahey was second in the state as a junior indoors for 3,200 meters and third outdoors at the same distance.

Personal - Born Bethany Lou Fahey on Nov. 9, 1985, she is the daughter of Douglas and Mary Lou Fahey. She has a twin brother, Brian, and a younger sister, Caitlin.

Freshman / Freshman

Sophomore / Junior
5-3
Distance
Dumfries, Virginia
(Forest Park)

Career Bests

Indoors
5,000 meters17:14.49
Outdoors
5,000 meters17:12.32
10,000 meters36:22.34

2nd-team all-SEC
WA AD's Honor Roll
SEC Good Works Team





2007 Lady Razorbacks

Jennifer Fall



Prior to College – Jennifer Fall was a key contributor to the success of Mahomet-Seymour High School during her four seasons, helping the Bulldogs win four sectional and three conference championships. She was a part of four Mahomet-Seymour school records in the relays and took the 300-meter hurdles mark as her own with a time of 44.7 in

May of 2006. Individually she scored at both the conference and sectional championships and finished ninth at the state championships in the high jump as a sophomore.

Personal - Born Jennifer Stetson Fall on May 15, 1988, she is the daughter of Charles and Diane Fall. She has an older brother, C.J., and attended the same high school as current Lady Razorback Megan Scott.

5-5
Multi
Mahomet, Illinois
(Mahomet-Seymour)

Career Bests

High Jump 5-6
400 meters 57.2
800 meters 2:21

Paige Farrell



2006 (Sophomore) – Attempting to improve on an outstanding freshman year, Paige Farrell earned a second all-America honor and added three school records to her bulging resume. She also qualified for the NCAA outdoor championships in the 800 and just missed the cut indoors. Farrell came on like gangbusters at the SEC Championships in the half-mile by closing fast over the final 100 meters to finish second in the race and clock a career-best 2:07.84. Farrell went to the larger oval and ran a stunning 2:05.35 in the 800 at the conference meet. At the regional, Farrell qualified for the NCAAAs where she finished 23rd. She was also an integral part of Arkansas' third-place 4x400-meter relay at the national meet and helped the LadyBacks set

the record in that race indoors and out and in the sprint medley relay.

2005 (Freshman) – All-America honors and two school records highlighted Farrell's freshman year. Winning her first collegiate race, Farrell stepped up to 800 meters midway through the indoor season and was phenomenal at the distance. She helped set the Arkansas record in the distance medley relay at the Armory Invitational, and then qualified for the NCAAAs with her fifth-place finish at the SEC meet with a career best of 2:07.06. Outdoors, Farrell was a member of Arkansas' record-setting 4x800-meter relay team and just missed the finals at the SEC Championships. She posted an outdoor best of 2:08.40 for 800 meters.

Prior to College – Opening her prep career as the high-point scorer at the regional meet, Farrell won the state indoor 400-meter crown. As a sophomore she finished third in the heptathlon before taking top honors in the 400. Setting the state record for the first time in the 400 as a ju-

nior, Farrell completed a sweep of 400-meter crowns when she took her fourth title as a senior. On the national circuit, Farrell was 10th at the Nike Indoor Championships in the 800 meters her senior year and finished as high as sixth in the 400 at the Golden South Classic as a junior. Not only a state champion, Farrell won USATF and AAU state titles as a sophomore.

Personal - Born Donna Paige Farrell on Oct. 24, 1985, she is the daughter of Robert and Dee Gee Farrell. She has one brother, Josh.



Junior / Junior
5-5
Middle Distance
Springdale, Arkansas
(Springdale)

Career Bests

Indoors
400 meters 54.79
800 meters 2:07.06
Outdoors
800 meters 2:05.35

2x All-American
School Record Holder

SEC Scoring

Indoor
2006, 800m, 2nd, 2:07.84
4x400 relay, 5th, 3:36.93
2005, 800 meters, 5th, 2:07.06
Outdoor

2006, 800m, 5th, 2:08.23

Regional Scoring

2006, 800m, 8th, 2:10.01
4x4 relay, 3rd, 3:34.17

NCAA Scoring

Outdoor
2006, 4x4 relay, 3rd, 3:28.78

UA Record Book

Indoor
4x4 relay, 3/4/06, 3:33.67
DMR, 2/4/05, 11:09.09
Outdoor
4x4 relay, 6/10/06, 3:28.78
4x8 relay, 4/30/05, 8:29.13
SMR, 4/28/06, 3:52.20

Erin Gray



2006 (Redshirt) – Erin Gray redshirted the 2006 season.

Cross Country – Gray redshirted her first season of cross country and came back in 2006 to compete in three races. Her best effort came at the Aztec Invitational where she finished the 5K course ninth overall and was Arkan-

sas' number seven runner. She also had a strong race at the Chile Pepper Cross Country Festival, finishing 64th overall in her first 6,000-meter race.

Prior to College – Lacing up her shoes for South Eugene High School, Gray was the catalyst on one of Oregon's best cross country teams. With Gray at the lead, the Axemen won a state championship and finished as runner-up once with two additional fourth-place finishes. Individually, Gray was a two-time district cross country champion and won the state title as a sophomore. An injury kept Gray from competing during her junior year in track, but despite the setback, she was an eight-

time all-American at the AAU Junior Olympics and Cross Country meet. She won three district titles in track and finished as high as fourth in the 1,500-meter run at the state meet.

Personal – Born Erin Mary Gray on May 15, 1987, she is the daughter of Robert and Kathleen Gray. She has two older brothers, Ian and Colin. Ian is the national chairman for the NCAA Student-Athlete Advisory Committee.

R-Freshman / R-Freshman
5-5
Distance
Eugene, Oregon
(South Eugene)

Career Bests
2K Steeplechase7:15
5,000 meters18:32
10,000 meters38:06

2x WA AD's Honor Roll

Jennifer Harper



2006 (Freshman) - Coming off a strong cross country season, Jennifer Harper went through an adjustment period indoors, but came away with career bests of 10:00.04 in the 3K and 17:02.81 in the 5,000. She finished 12th at the SEC Championships in the longer race and only got better outdoors. Finding her niche in the 10,000-meter run, Harper ran that distance three times and posted her best 10K at the Penn Relays to finish eighth overall in a solid time of 36:21.37. She placed 10th in the race at the SEC Championships.

Cross Country – A key component to Arkansas' success in 2005, Harper returned to provide another strong season in '06. She took second-team all-SEC honors and earned all-South Central Region recognition while improving her career-best 6,000-meter time by more than 20 seconds to 20:38.35. She has been one of Arkansas' top seven runners three times during her career and has a career winning percentage of .830.

Prior to College – The West Plains High School record holder for the mile and two mile, Harper was the top runner on one of Missouri's power houses in cross country. In her four years, the Zizzers won three state cross country titles including a perfect score her senior season when she won the individual title. On the track, she was the best leg on a 4x800-meter relay squad that won a title her sophomore

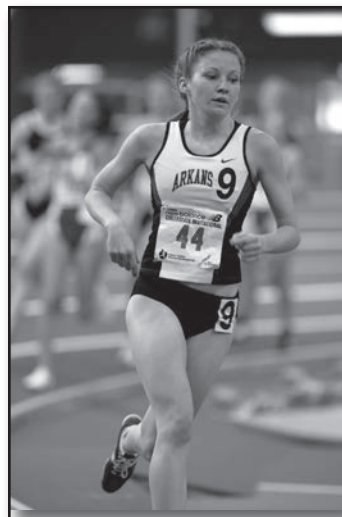
year and earned all-America honors two times. Individually, Harper was an eight-time all-conference, all-district and all-state selection and won two state championships.

Personal – Born Jennifer Leann Harper on Jan. 6, 1987, she is the daughter of Ken and Debbie Harper. She has an older brother, Joshua.

Sophomore / Sophomore
5-6
Distance
West Plains, Missouri
(West Plains)

Career Bests
Indoors
3,000 meters10:00.04
5,000 meters17:02.81
Outdoors
5,000 meters17:11.72
10,000 meters36:21.37

2nd-team all-SEC
All-South Central Region
2x WA AD's Honor Roll
SEC Freshman Honor Roll





Brooke Higgs



2006 (Redshirt) – Brooke Higgs redshirted the 2006 season.

Prior to College – Higgs was on Bryant's state champion 4x800-meter relay team all four years of her high school career and helped set the state record in the event five times. In the individual 800, she set the 5A state record as a soph-

omore and won three state titles in the event. She also took the state's championship in the 1,600-meter run. Upon graduating from Bryant, Higgs held school records in the 800 and 1,600-meter runs and the 3,200-meter relay and the state record for the 800 meters. Her prowess on the course and track led to her being named an all-star in the state a combined five times.

Personal – Born Brooke Alison Higgs on March 7, 1987, she is the daughter of Ben and Holly Higgs. She has an older sister, Heather, and younger brother, Benjamin.

R-Freshman / R-Freshman
5-6
Middle Distance
Bryant, Arkansas
(Bryant)

Career Bests
800 meters2:14.52
1,600 meters5:18.3

WA Honor Roll

Stephanie Irwin



2006 (Sophomore) – Stephanie Irwin had another big year for the Lady Razorbacks as a sophomore, posting career bests both indoors and out and eclipsing the 13-foot-barrier yet again indoors. She won her first major competition of her career when she captured the New Balance Collegiate Invite Championship indoors then backed it up with a vault of 13-4 ½ at the Tyson Invitational before tying for fifth at the SEC meet. Outdoors, Irwin peaked at mid-season with vaults of 12-11 ½ at the Texas Relays and John Jacobs Invite, then finished sixth at the SEC meet.

2005 (Freshman) – An accomplished pole vaulter prior to attending Arkansas, Irwin

got off to a slow start indoors, but heated up when the time was right. Opening the year at 11 feet, 7 ¾ inches, Irwin quickly eclipsed the 12-foot mark in her second meet, then went to the SEC Championships and cleared 13 for the first time in her career to finish fifth and qualify for the NCAA Championships. Outdoors, Irwin was plagued by a back injury which kept her off the poles, but she did fight through the pain at the SEC meet and tie for sixth with a clearance of 12-5 ½. At the Mideast Regional, Irwin was again hampered by her back issues, failing to move on to the national meet.

Prior to College – Irwin broke nine records as a junior outdoors and another indoors to continue the reputation she started at Mt. Ida as an all-around threat. Improving more than two feet in the pole vault in her first three seasons, Irwin won three state pole vault championships along with seven additional titles in events as diverse as the 200 to the long jump. She took 15 high-point

honors and broke more than 30 records during her time as a Lion. Always stepping up to the challenge, Irwin set all of her personal bests at either the state, regional or conference championships.

Personal - Born Stephanie Renee Irwin on March 14, 1986, she is the daughter of Steve and Lisa Irwin. She has two siblings, Tiffany and Andrew.



Junior / Junior
5-6
Pole Vault
Mt. Ida, Arkansas
(Mt. Ida)

Career Bests
Indoors
Pole Vault..... 13-4 ¼
Outdoors
Pole Vault..... 12-11 ½

WA Honor Roll

SEC Scoring
Indoor
2006, Pole Vault, T5th, 12-5 ½
2005, Pole Vault, 5th, 13-1
Outdoor
2005, Pole Vault, T6th, 12-5 ½
2006, Pole Vault, 6th, 12-9 ½



Megan Jackson



Cross Country – Getting her first taste of collegiate competition during cross country, Megan Jackson competed in three races for the Lady Razorbacks. She opened at the Fayetteville Invitational taking her career-high finish at 14th overall and ended the season at the Chile Pepper Cross Country Festival, her first 6,000-meter race, placing 111th.

Prior to College – A four-year first-team all-state selection, Jackson has a top notch list of accomplishments during her four years at Northridge High School. She owns the Raiders' 3,200-meter school record as well as a school and state record as a member of the 4x800-meter relay. Individually she placed in the top 13 four times in cross country and was a part of four conference, sectional championship teams as well as six squads that took regional titles.

Personal - Born Megan Maurine Jackson on May 8, 1988, she is the daughter of Craig and Dawn Jackson. She has three siblings, Lori, Derek and Lance.

Freshman / Freshman
5-9
Middle Distance
Middlebury, Indiana
(Northridge)

Career Bests

1,600 meters5:01
3,200 meters10:49

Christine Kalmer



2006 (Freshman) – Following a splendid cross country campaign, Christine Kalmer raced sparingly indoors but posted solid times in both the mile and 3,000 meters while also racing on Arkansas' DMR. She scored in both the relay and the 3K at the SEC meet, finishing sixth in both before moving outside. Posting a career-best 4:29.58 in the 1,500 at the Cardinal Invite, Kalmer saved her best racing for last as she clocked an impressive 16:46.47 at the NCAA Mid-east Regional to place seventh, earning her a spot at the NCAA Championships where she finished 25th overall.

Cross Country – The SEC Freshman of the Year in 2005, Kalmer backed up her freshman season with another brilliant campaign in 2006. She earned her second first-team all-SEC award as well as her second all-South Central Region honor as a part of Arkansas' scoring contingent in each of her seven races. She was named the SEC's Athlete of the Week for a second time in her career following her second race victory at the Fayetteville Invitational and has been Arkansas' front runner in six of her 14 career races.

Prior to College – An accomplished runner during her prep days, Kalmer won a South African national championship in the 3,000 meters as a freshman in 2001. As a junior she would make her first appearance with the South African world youth championships team, running the 1,500 meters. She would attend the World Junior Championships

in 2004 and finish 13th in the 3,000 meters before tackling the World Cross Country Championships in the spring of 2005 where she would finish in 53rd. Kalmer joins the Lady Razorbacks with career-best times of 4:20.65 in the 1,500 and 9:21.40 in the 3,000.

Personal – Born Christine Kalmer on Feb. 10, 1986, she is the daughter of Christo and Elouise Kalmer. She has two older siblings, Rene and Herman.

Sophomore / Sophomore
5-6
Middle Distance
Roodepoort, South Africa
(Hoerskool)

Career Bests

Indoors

Mile.....4:56.11
3,000 meters9:40.64

Outdoors

1,500 meters4:29.58
5,000 meters16:41.93

2x 1st-team all-SEC
SEC XC Freshman of the Year
2x All-South Central Region
WA Honor Roll

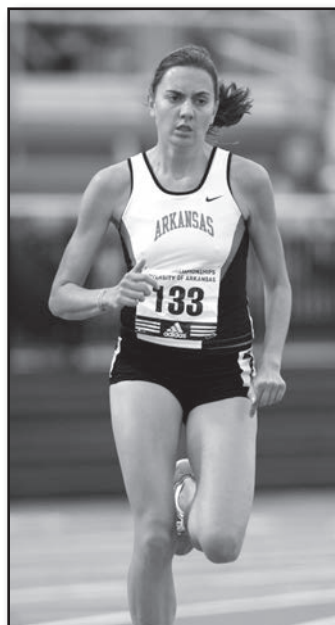
SEC Scoring

Indoor

2006, 3,000m, 6th, 9:42.74
DMR, 6th, 11:42.48

Regional Scoring

2006, 5,000m, 7th, 16:46.47





2007 Lady Razorbacks

Lauren Lewis



Cross Country – Racing just once for the Lady Razorbacks in 2006, Lauren Lewis placed 14th overall at the Southern Stampede in mid-September. Running as an individual, Lewis defeated 272 runners in the race clocking a career-best 18:15.6 on the 5K course.

Prior to Arkansas – Lewis competed for two seasons at Iowa State University before transferring to Arkansas. She was an all-Big 12 performer in the 1,000-meter run and was a member of the Cyclones' third-place 4x800-meter relay at the Drake Relays. During her time in Ames, Iowa, Lewis recorded her career-best marks.

Prior to College – Despite an injury-plagued final two seasons of her prep career, Lewis still managed to set or be a part of six Southern Regional high school records and earn four all-America honors.

She set meet records her senior season at the county and south New Jersey meets before taking third in the state in the 800 meters. She would post six state finishes among the top four both indoors and out.

Personal – Born Lauren Anne Lewis on Oct. 8, 1985, she is the daughter of Harold and Lisa Lewis. She has a younger brother, Harrison.

Junior / Junior
5-7

Mid. Distance
Waretown, New Jersey
(Iowa State)

Career Bests

800 meters2:10
1,000 meters2:51.01

Kelly Long



Prior to College – A multi-sport athlete at San Lorenzo Valley High School, Kelly Long excelled at both track and basketball for the Cougars. She set her high school's varsity and JV records for 400 meters, was a state qualifier as a freshman

and was named the Cougar's track MVP four straight years.

Personal – Born Kelly Joanne Long on February 1, 1988, she is the daughter of Larry Long and Mary Diehl. She has an older brother, Jeffrey.

Freshman / Freshman
5-8

Mid. Distance
Felton, California
(San Lorenzo Valley)

Career Bests

400 meters57.06
800 meters



Lakeisha Martin



2006 (Junior) – Lakeisha Martin had a great junior season, and her best race came at the NCAA Mideast Regional as she ran the third leg of Arkansas' third-place 4x400-meter relay. While contributing to Arkansas' relay all season, Martin was also the Lady'Backs best long jumper and short sprinter. She qualified for the NCAA regional meet in the long jump when she leaped 20-0 ½ at the John Jacobs Invitational and nearly matched the effort on a pair of occasions.

2005 (Sophomore) – Transferring to Arkansas from Arkansas-Pine Bluff, Martin spent the indoor season adapting to her new training regimens and concentrating on the sprints. She posted a career best in the 60-meter dash at the Arkansas Invitational at 7.88 and looked very strong at the Tyson Invitational in the 200. On the outdoor circuit, Martin ran a personal best in the 200-meter dash at the SEC Championships when she finished in 24.75.

Prior to College – A four-time all-state performer, Martin was a constant at both the indoor and outdoor state meets in the 100, 200 and 400-meter runs. She even tackled the long jump and 300 hurdles as a Zebra. Pine Bluff High School won two state championships with Martin playing a significant role in each title run. In both

years she was not only named all-state, but all-conference and all-Arkansas as well. An honors graduate, Martin was also involved in Pathways to College and the Science Club.

Personal - Born Lakeisha Teneal Martin on Oct. 28, 1984, she is the daughter of James and Phyllis Martin.



Senior / Senior
5-4
Sprints
Pine Bluff, Arkansas
(Ark.-Pine Bluff)

Career Bests

Indoors
60 meters7.69
200 meters24.87
Outdoors
100 meters11.75
200 meters24.75
Long Jump 20-0 ½

School Record Holder

SEC Scoring

Outdoors
2006, 4x1 relay, 8th, 45.35
Regional Scoring
2006, 4x4 relay, 3rd, 3:34.17
UA Record Book
Outdoor
SMR, 4/28/06, 3:52.20

Michelle Martin



2006 (Junior) – A knee injury during the outdoor season prevented Michelle Martin from eclipsing her career best in the high jump, but the season was still successful for the Irving, Texas, native. She qualified for the NCAA regional meet with jumps of 5-8 ¾ despite the injury and placed 10th at the SEC outdoor championships missing out on scoring for the first time in her career. Indoors she tied for fifth in the event with a clearance of 5-7 and topped out at 5-8.

2005 (Sophomore) – After a strong freshman year, Martin continued to improve as a sophomore as she increased her indoor personal best to 5-8 ½. Saving her best for the big meets, Martin cleared her PR at

the SEC Championships to finish fifth, her third consecutive SEC scoring effort. Outdoors, Martin consistently cleared 5-7, but her Texas Relays jump of 5-8 ¾ qualified her for the regional championships. Scoring for the fourth time at the SEC meet when she jumped 5-5, she cleared a career best 5-9 ¼ at the regional championships, but was unable to advance to the NCAA meet.

2004 (Freshman) – Not at her best during the beginning part of the indoor track season, Martin came along quickly and made stark improvements up to the SEC Championships where she cleared a then-personal best 5-7. Once she moved outdoors, Martin became increasingly consistent in her jumps as she made 5-6 in all but one meet. She made her mark again at the SEC meet when she jumped 5-6 to finish sixth.

Prior to College – A four-year letter winner in track and field, Martin was a member of Irving High School's district championship squad as a senior, winning both district and regional championships that sea-

son. Her final year, Martin was unbeaten in her specialty, breaking records along the way, and even took district setter of the year awards for her high school volleyball team. She was second in her district as a junior and third at regionals while also being named her team's most valuable performer. She was a regular at USAT&F meets as well as the Nike Indoor National Championships.

Personal - Born Michelle Elaine Martin on Aug. 1, 1984, she is the daughter of John and Sue Ellen Martin. She has two brothers, Jay and Jonathan.



Senior / Senior
5-9
High Jump
Irving, Texas
(Irving)

Career Bests

Indoors
High Jump 5-8 ½
Outdoors
High Jump 5-9 ¼

3x WA AD's Honor Roll
3x WA Honor Roll
2x SEC Academic Honor Roll
SEC Freshman Honor Roll
2x USTCA All-Academic Team

SEC Scoring

Indoor
2006, High Jump, T5th, 5-7
2005, High Jump, 5th, 5-8 ½
2004, High Jump, T7th, 5-7
Outdoor
2005, High Jump, T6th, 5-5
2004, High Jump, 6th, 5-6



2007 Lady Razorbacks

Kelsey Mollenkamp



2006 (Sophomore)

– Opening her season at the Collegiate Classic, Kelsey Mollenkamp had a strong first meet throwing 124-7 in her first competition since Tommy John surgery. She would top out at 129-1 on the season at the SEC Championships to finish 13th overall and put together five final marks over 120 feet.

Prior to Arkansas – As a freshman at Barton County Community College, Mollenkamp had a superb year, scoring at the National Junior College Championships. Throwing a career-best 138 feet, she placed third at the meet. Also a good student, Mollenkamp earned a 3.8 grade point average at the junior college.

Prior to College – A three-sport athlete at Ransom High School, Mollenkamp played basketball, volleyball and track, earning all-league honors in each sport. She placed fourth in the state in the javelin as a sophomore, then fifth as a senior, throwing a career-best 128 feet for the Longhorns. She graduated with high honors.

Personal – Born Kelsey Jo Mollenkamp on Dec. 31, 1984, she is the daughter of Kirby Mollenkamp and Joy Jansonius. She has five siblings, LaTrisha, Doug, Austin, Stacy and Logan.



Junior / Junior
5-3
Javelin
Ransom, Kansas
(Ransom)

Career Bests

Javelin 138-0

2x WA Honor Roll
SEC Honor Roll

Dani Parry



Cross Country – The 2006 SEC Freshman of the Year in cross country, Dani Parry was sensational in her first season of collegiate competition. She took first-team all-SEC honors and was named to the all-South Central Regional squad after being named the SEC Athlete of the Week in early October. She finished among Arkansas' top six in each of the seven meets she competed in and was one of just three

Lady'Backs to end the season with a winning percentage over .900. She was Arkansas' top finisher at the Bill Dellinger Invitational where she crossed the finish fourth overall.

Prior to College – A three-year team MVP in cross country, Parry's track career was just as successful. She was named all-conference four times and a two-time conference champion in the two-mile run. She paced her Rocky Mountain 4x800-meter relay team to a second-place finish at the state championship her junior season and broke the Lobo's school record in the same event. Parry also garnered experience in cross country at the USATF level, finishing third.

Personal - Born Danielle

Louise Parry on Oct. 4, 1987, she is the daughter of Bob and Amy Parry. She has four siblings, Erika, Adrienne, Timothy and Tyler. Her father Bob was a former track all-American at Colorado State University where he now teaches.

Freshman / Freshman
5-6
Distance
Fort Collins, Colorado
(Rocky Mountain)

Career Bests

1,600 meters5:10
3,200 meters11:20

1st-team all-SEC
SEC XC Freshman of the Year
All-South Central Region



Caroline Peyton



2006 (Sophomore) – Finding her niche at the end of the 2005 season, Caroline Peyton scored her first points in SEC competition with the steeplechase. She improved 30 seconds in the event between her freshman and sophomore years, and clocked her best time at the NCAA Midwest Regional to finish 11th overall. She began 2006 racing in the mile, 3,000 and 5,000 meters indoors and posted career bests in the two longer races. Her Tyson Invitational 3K was her first sub 10-minute mark. Outdoors, Peyton qualified for the regional meet twice in the steeple.

2005 (Freshman) – After a year away from the track, Peyton made her indoor track debut at the Arkansas Invitational and clocked her collegiate best in the

3,000-meter run at 10:19.65. She moved up to the 5,000 for the Tyson Invitational, then repeated the race at the SEC Championships where she ran her career best at 17:50.30. Outdoors, Peyton ran her best 3,000 at the Penn Relays at 10:15.14. She concluded her season at the SEC Championships where she doubled in the steeplechase and 5,000-meter run. Running her first steeplechase at the SEC, Peyton completed the race in a respectable 11:18.01.

2004 (Redshirt) – Peyton redshirted the 2004 season.

Cross Country – Peyton has been a contributor for the Lady Razorback cross country team for three years, interrupted by a redshirt season in 2004. This past fall she competed in four races. As a sophomore, Peyton finished in the top seven at both the SEC and NCAA regional meets, just missing out on all-conference and regional honors.

Prior to College – Peyton was a member of two state championship squads while competing for Houston High School in Germantown, Tenn. Her junior team was

ranked seventh in the south as she earned all-state honors and was a regional champion. As a senior, she duplicated those efforts as she set several records including the 800 and distance-medley relay marks. Prior to attending Houston, Peyton spent two seasons at South Doyle High in Knoxville, Tenn., where she took all-state, all-region and all-Knoxville honors.

Personal – Born Caroline Rose Peyton on June 23, 1985, she is the daughter of James and Allison Peyton. She has two younger siblings, Jay and Alex.



Junior / Junior
5-6
Distance
Memphis, Tennessee
(Houston)

Career Bests

Indoors

3,000 meters9:58.91
5,000 meters17:33.69

Outdoors

Steeplechase.....10:42.84
5,000 meters17:45.41

4x WA AD's Honor Roll
WA Honor Roll
2x SEC Academic Honor Roll
SEC Freshman Honor Roll
USTFCCCA All-Academic Team

SEC Scoring

Outdoor

2006, Steeplechase, 6th, 10:50.21

Tiffany Redlarczyk



2006 (Sophomore) – Perhaps the biggest surprise of the 2006 season was Tiffany Redlarczyk's SEC Championship in the steeplechase. A tough competitor the entire season, she clocked her career best in the steeple at the SEC meet for the victory and was on pace to qualify for the NCAA Championships before she was spiked coming out of the water pit. She was a three-time qualifier for the regional meet in the steeple outdoors and recorded career bests in the mile and 3K indoors.

2005 (Freshman) – Beginning her Lady Razorback track career with a 3,000-meter run at the Arkansas Invitational, Redlarczyk improved her time at the New Balance Collegiate Invite when she ran 10:08.30. She was just off that

mark at the SEC meet before preparing for the outdoor campaign where her career took off in the steeplechase. Winning her first steeplechase at the Ole Miss Invitational, she improved by more than 20 seconds in the race at the SEC Championships to finish third and qualify for the NCAA regional.

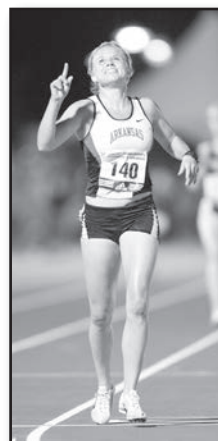
2004 (Redshirt) – Redlarczyk redshirted the 2004 season.

Cross Country – After redshirting her first fall at Arkansas, Redlarczyk made a name for herself in cross country during the 2004 season when she competed in seven meets and placed in six. As a sophomore she improved her winning percentage in four meets finishing a career-best third at the Notre Dame Invitational. Her junior season saw Redlarczyk compete in five races and post a 30-second career best for 6,000 meters at the Bill Dellinger Invite by running 21:34.21.

Prior to College – A three-time state runner-up in cross country, Redlarczyk was also a solid track runner at Lake Central High School in St. John, Ind. As a senior, she won the Midwest All-

Star 5,000-meter run. Her sophomore season saw her take the state championship in the 3,200 meters, a feat she almost completed as a junior, but settled for second. With Redlarczyk leading her team to numerous titles, the Indians of Lake Central won six sectional championships in both cross country and track as well as three regional cross country titles.

Personal – Born Tiffany Jean Redlarczyk on Oct. 12, 1984, she is the daughter of Terry and Tamara Redlarczyk. She has three brothers and a sister, Trevor, Tristan, Trent and Tanner.



Junior / Junior
5-6
Distance
Dyer, Indiana
(Lake Central)

Career Bests

Indoors

Mile4:55.58
3,000 meters9:55.25

Outdoors

Steeplechase.....10:31.35
5,000 meters17:12.28
10,000 meters36:04.87

SEC Champion
1st-team all-SEC
2x WA AD's Honor Roll
2x WA Honor Roll
2x SEC Academic Honor Roll

SEC Scoring

Indoor

2006, DMR, 6th, 11:42.48

Outdoor

2006, Steeplechase, 1st, 10:31.35
2005, Steeplechase, 3rd, 10:37.97



2007 Lady Razorbacks

Sasha Rolle



2006 (Junior) – Sasha Rolle was decent indoors, posting consistent times of 55 seconds in the 400 meters and providing the Lady'Backs with a solid relay leg to help set the school record in the 4x400. Outdoors, her times spiraled downward, improving with each competition. She notched a season best of 53.98 and finished 12th in the 400 at the SEC Championships. Her most impressive

aces, however, were as the lead-off leg of Arkansas' record-setting 4x400 relay where her opener of 53.0 helped the Lady'Backs run 3:28.78 and finish third at the NCAA Championships.

Prior to Arkansas – Rolle was a standout for South Plains College for two seasons, earning her team's MVP award twice. She posted career bests in both the 200 and 400 meters at the 2005 Junior National Track Meet and picked up all-American honors in the 4x400-meter relay.

Prior to College – Attending Sir Jack Hayward High School in the Bahamas, Rolle was the star of her track team, earning team MVP honors in each of her four seasons.

Personal - Born Sasha Tania Rolle on April 16, 1982, she is the daughter of Cynthia Frith and the late Alfred Rolle. She has four siblings, Channan, Leanzo, Chandra and Domenico.



Senior / Senior
5-6
Sprints
Freeport, Bahamas
(Sir Jack Hayward)

Career Bests

Indoors
200 meters24.94
400 meters55.21
Outdoors
200 meters24.70
400 meters53.98

All-American
School Record Holder
2x WA Honor Roll
SEC Honor Roll

SEC Scoring

Indoor
2006, 4x4 relay, 5th, 3:36.93
Outdoor
2006, 4x1 relay, 8th, 45.35
Regional Scoring
2006, 4x4 relay, 3rd, 3:34.17
NCAA Scoring

Outdoor
2006, 4x4 relay, 3rd, 3:28.78
UA Record Book
Indoor
4x4 relay, 3/4/06, 3:33.67
Outdoor
4x4 relay, 6/10/06, 3:28.78
SMR, 4/28/06, 3:52.20

Michelle Rossio



2006 (Redshirt/Sophomore) – After redshirting the indoor season, Michelle Rossio was perhaps Arkansas' busiest competitor outdoors competing in the shot put, discus and hammer throws. She posted career bests in both the shot and hammer and just missed her career mark in the discus. At the SEC Outdoor Championships, Rossio finished 12th in the discus throw.

Prior to Arkansas – Rossio competed for the Michigan

State Spartans as a freshman and during the winter of her sophomore year before shutting down her season. Taking seventh-place honors in the shot put at the Big Ten Indoor Championships, she qualified the previous spring for the NCAA Mideast regional and earned a 3.5 GPA while attending the school in East Lansing.

Prior to College – Before her emergence as a solid collegiate competitor, Rossio was a star for John F. Kennedy High School in Warren, Ohio. The Kennedy High School record holder in the shot and discus, Rossio earned County MVP honors as a senior when she took regional and district championships. At the state meet she won the discus competition and finished fifth in the shot after taking runner-up honors in the discus as a

junior. Her Eagle team won district and county championships her senior season and finished as the regional runner-up.

Personal – Born Michelle Lynn Rossio on Oct. 9, 1984, she is the daughter of Richard and Adrienne Rossio. She is the middle child of three Rossio children with an older brother, Nick, and a younger sister, Anastasia.



Junior / Junior
5-8
Throws
Youngstown, Ohio
(John F. Kennedy)

Career Bests

Outdoors
Shot Put 46-8 ¾
Discus..... 147-6
Hammer 166-11

WA AD's Honor Roll
WA Honor Roll
SEC Honor Roll



Angie Scott



2006 (Redshirt) – Angie Scott redshirted the 2006 season.

Prior to College – Scott was a multi-sport athlete for Thomas Jefferson High School

in Joplin, Mo., earning letters in basketball, volleyball and track. She took four all-state honors as a thrower for the Cavaliers and once on the hardwood. She broke school records in the shot put and discus and was second in the state as a senior and fifth as a junior in the shot. In the discus she finished fifth at the state championship as a senior. Scott also participated in AAU competition, finishing third in the shot put in 2005 at the Junior Olympics.

Personal - Born Angela Elizabeth Scott on Aug. 2, 1986, she is the daughter of Dan and Trina Scott. She has two siblings, Allie and Joe.

R-Freshman / R-Freshman
5-6
Throws
Joplin, Mo.
(Thomas Jefferson)

Career Bests
Shot Put 39-10 ½

WA Academic Champion
WA AD's Honor Roll

Megan Scott



2006 (Freshman) – An injury sidelined Megan Scott for the indoor season. She returned to action outdoors and seemed to be stuck at 10-11 ¾ having cleared the height three times. She appeared to clear the next bar on several occasions, but a touch allowed it to come crashing down. She competed at the SEC Championships, but failed to clear the opening height.

2005 (Redshirt) – Scott redshirted the 2005 season.

Prior to College – A multiple-time state qualifier in numerous events including the pole vault, 400, 800-medley relay and 4x400-meter relay, Scott is a two-event school record holder for Mahomet-Seymour and a multiple-time all-conference performer. In the pole vault she was third in the state indoors as a junior, then finished fifth and sixth in the event as a senior indoors and out. She recorded her career best of 11-6 in April of 2004. As a team, the Mahomet-Seymour Bulldogs won three sectional and three conference championships in track and

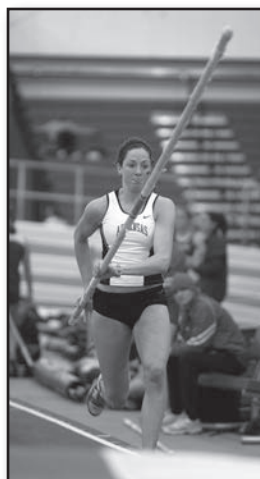
two conference and two regional cross country titles.

Personal - Born Megan Kristine Scott on Jan. 29, 1986, she is the daughter of John and Nancy Scott. She has three sisters, Maureen, Eileen and a twin, Mary. Her sister Maureen was an all-American and SEC champion for the Lady Razorbacks.

Sophomore / Sophomore
5-10
Pole Vault
Mahomet, Illinois
(Mahomet-Seymour)

Career Bests
Pole Vault..... 10-11 ¾

2x WA Academic Champion
2x WA AD's Honor Roll
SEC Honor Roll
SEC Freshman Honor Roll





Katie Stripling



2006 (Redshirt) – Katie Stripling redshirted the 2006 season.

Prior to Arkansas – The Jonesboro High School team MVP as a freshman, Stripling's career got better as she matured. She helped the Hur-

ricane to three conference championships and a state title while competing mostly in the high jump. She was a two-time conference champion in the high jump, setting the Jonesboro High record as a freshman. Along with earning four letters in track, Stripling was also a member of the National Honor Society, marching band, Beta club and Mu Alpha Theta.

Personal – Born Katie Suzanne Stripling on Sept. 9, 1987, she is the daughter of Mark and Peggy Stripling. She has an older brother, Matt.

R-Freshman / R-Freshman
5-9
Pole Vault
Jonesboro, Arkansas
(Jonesboro)

Career Bests

High Jump 5-4
Pole Vault..... 11-5 ¾

2x WA Academic Champion

Megan Thompson



2006 (Redshirt/Freshman) – After sitting out the indoor season, Megan Thompson made her debut as a Lady Razorback at the Collegiate Classic in the 100 hurdles. She steadily improved throughout the year and came close to scoring at the SEC Championships despite a rough tumble in the hurdles of the heptathlon just two days prior. She recorded her best hurdles time at the SEC Championships.

Prior to Arkansas – Thompson earned three all-conference and all-sectional honors while competing for Joliet West, then her final two years of competition saw her take all-state. As a sophomore she competed in the AAU Junior Olympics and finished sixth in the 100 hurdles and took third with the Aurora Flyers 4x100-meter relay.

Personal – Born Megan Christine Thompson on Dec. 18, 1986, she is the daughter of Gregory and Renee Thompson. She has two siblings, Devin and Jaylin.



Freshman / Sophomore
5-8
Sprints/Hurdles
Joliet, Illinois
(Joliet West)

Career Bests

Outdoors

100 meters12.89
200 meters26.85
100 hurdles13.95

WA Honor Roll



Tiavannia Thompson



2006 (Junior) – A highly touted recruit, Tiavannia Thompson scored for the Lady Razorbacks in 2006 at both the SEC indoor and outdoor championships, earning a trip to the NCAA Outdoors. Indoors, she finished eighth in the 55-meter hurdles and recorded a 60-meter hurdle best of 8.53. Outdoors is where Thompson really found her groove running a career-best 13.36 at the SEC finals to place sixth and earn an at-large berth to the NCAA meet. At the

regional championship, Thompson finished ninth with a time of 13.42 and posted a 23rd-place finish at the NCAA meet.

Prior to Arkansas – Thompson was one of the best hurdlers at the junior college level for two seasons and in 2005 finished second in the 100-meter hurdles at the JUCO Championships. She also helped South Plains College to a fourth-place finish in the 4x100 relay at the same event. While attending the Levelland, Texas, school, Thompson posted career bests in the 100 and 400-meter hurdles of 13.5 and 1:03.

Prior to College – A multi-sport athlete in the Bahamas, Thompson attended Jordan Prince Williams Baptiste in Nassau where she played basketball, volleyball and ran track. She was twice voted most outstanding athlete at her school for her diverse athletic

achievements and chose to come to America following her stint in her native Bahamas to continue her education.

Personal – Born Tiavannia S. Thompson on March 15, 1983, she is the daughter of Ricardo Thompson and Martha Sturup. She has a younger sister, Rochelle.



Senior / Senior
5-7
Sprints/Hurdles
Nassau, Bahamas
(Prince Williams Baptiste)

Career Bests

Indoors
60 hurdles8.59
Outdoors
100 meters12.62
100 hurdles13.36

SEC Scoring

Indoor
2006, 55h, 8th, 7.94
Outdoor
2006, 100h, 6th, 13.36

Jodi Unger



2006 (Junior) – Two good years of vaulting were blown away by a stellar season by Jodi Unger. Two all-America honors, two SEC runner-up performances and a share of the SEC outdoor record highlighted the seasons for Unger. Indoors, she jumped 12-9 ½ to score her first points at the conference indoor meet, then cleared 13-5 ½ at the NCAA meet to finish eighth. Outdoors, Unger continued to raise the bar. She won the Penn Relays with a clearance of 13-5 ¼, then soared over a career-best 13-11 at the SECs to tie the winner, but take second on misses giving her a share of the conference championship record. She went on to the regional to place fourth, then went to the national championships and cleared 13-5 ¼ during qualifying, then 13-7 ¼ in the finals to take fifth.

2005 (Sophomore) – Coming off an unbelievable freshman year where she improved by more than two feet, Unger's stock was on the rise. Beginning her indoor season

where she left off outdoors, Unger then cleared a career-best indoors at the Razorback Invitational at 12-11 ½. At the SEC, Unger was just off her 'A' game when she cleared 12-5 ½, finishing 10th overall. Outdoors was a struggle for Unger as she never quite got into a rhythm. She jumped a season and career-best 12-11 ½ at the Texas Relays in April, then tied for fifth at the Penn Relays, but failed to score at the SEC. She ended her season with a jump of 12-6 at the Mid-east Regional.

2004 (Freshman) – Entering her freshman year with modest career bests in the pole vault, Unger made immediate strides under the tutelage of the Lady Razorback coaching staff. Opening the season with a jump of 10-8, Unger quickly blew past her career best with a vault of 11-6 ¼ at the Razorback Invitational. Hitting another career mark at the Tyson meet, Unger eclipsed 12 feet for the first time at the SEC. With increasing confidence, Unger was consistently over 12 feet during the outdoor season, vaulting a career-best 12-10 ¼ at the Penn Relays to finish second at the meet. She scored her first points at the SEC two weeks later with a vault of 12-7 ½ to tie for fourth and nearly qualified for the NCAAs at the regional meet, but was denied on misses.

Prior to College – A multi-sport athlete in high school, Unger was a four-year letter winner in

volleyball, three-year letter winner in gymnastics and only competed in track and field for two seasons prior to becoming a Lady Razorback. A two-time first-team all-district performer and all-American on the gymnastics floor, Unger picked up the pole vault her junior year in high school and immediately made waves. In her first season, she earned a district championship and was a regional qualifier in the pole vault and broke the district record for 4-5A.

Personal - Born Jodi Beth Driggers on Dec. 28, 1984, she is the daughter of Lee and Sharon Driggers. She has two siblings, Kristi and Austin, and was married in the summer of 2005 to Brett Unger.



Senior / Senior
5-5
Pole Vault
Abilene, Texas
(Cooper)

Career Bests

Indoors
Pole Vault..... 13-6 ¼
Outdoors
Pole Vault..... 13-11

2x all-American
SEC Record Holder
WA AD's Honor Roll

SEC Scoring

Indoor
2006, Pole Vault, 2nd, 12-9 ½
Outdoor
2006, Pole Vault, 2nd, 13-11
2004, Pole Vault, T4th, 12-7 ½

Regional Scoring

2006, Pole Vault, 4th, 12-11 ¾
2004, Pole Vault, 7th, 12-10

NCAA Scoring

Indoor
2006, Pole Vault, 8th, 13-5 ½
Outdoor
2006, Pole Vault, 5th, 13-7 ¼



2007 Lady Razorbacks

Brooke Upshaw



Cross Country – Few can match what Brooke Upshaw did during her freshman year. All-American, SEC Champion and the SEC Cross Country Runner of the Year are just some of the accolades heaped upon the Southlake, Texas, native. By Arkansas' second meet, she emerged as its number

one runner and led the Lady'Backs to an undefeated regular-season record and fifth-place NCAA finish. She concluded the year with a .949 individual winning percentage and took first-team all-conference and all-region honors. She capped her first season of competition with a 37th-place finish at the NCAA Championships.

Prior to Arkansas – Known more for her cross country prowess, Upshaw still managed to have a solid track career at Southlake Carroll High School. She set the school record in the mile at 4:53 and finished in the top six at the state championships three times in the 1,600 and 3,200-meter runs. On the cross country course, Upshaw was a Foot Locker finalist

and led her team to a pair of state runner-up finishes.

Personal – Born Brooke Renee Upshaw on Aug. 12, 1988, she is the daughter of David and Gail Upshaw. She has two sisters, Tara and Haley.

Freshman / Freshman
5-5
Distance
Southlake, Texas
(Carroll)

Career Bests

1,600 meters4:53
3,200 meters10:38

All-American
SEC Champion
SEC XC Runner of the Year
1st-team all-SEC
All-South Central Region

Kelly Vrshek



2006 (Freshman) – Kelly Vrshek was arguably Arkansas' most productive freshman in 2006 in terms of conference scoring as she placed in three of her four races including a third-place finish in the SEC 10,000 meters. She also scored both indoors and out in the 5,000 meters. Beginning her indoor campaign in the mile, Vrshek quickly moved up to more comfortable territory at the New Balance Collegiate Invite where she clocked a career best in the 5K. She was much more active outdoors racing seven times and posting her career bests midseason at the Penn and Mt. SAC Relays.

Cross Country – Battling illness for a good portion of her sophomore season, Vrshek made Arkansas' SEC and NCAA Championship squads. As a freshman, she was instrumental to Arkansas' success as the Lady Razorbacks' fifth or sixth runner earning all-South Central Region honors for her 15th-place overall finish in Waco, Texas. At the SEC meet, Vrshek finished just outside the all-conference, placing 18th.

Prior to College – Vrshek's high school career got off to a strong start when she was named the top newcomer for Rolling Meadows High School. She parlayed that into state qualifications in cross country as a junior and senior and into a conference championship in the 1,600-meter run as a senior. Her Mustang team won the East Conference her junior season and qualified for sectionals in her final year. On the track, Vrshek posted career

bests of 5:04 for 1,600, 10:51 for 3,200 and 17:51 for three miles.

Personal - Born Kelly Lauren Vrshek on May 9, 1987, she is the daughter of Al and Patty Vrshek. She has two siblings, Heather and Colleen.

Sophomore / Sophomore
5-6
Distance
Rolling Meadows, Illinois
(Rolling Meadows)

Career Bests

Indoors
3,000 meters9:54.02
5,000 meters16:53.82
Outdoors
5,000 meters16:44.31
10,000 meters34:33.36

All-South Central Region
WA Academic Champion
WA AD's Honor Roll
SEC Freshman Honor Roll
USTFCCCA All-Academic Team

SEC Scoring

Indoor
2006, 5,000m, 6th, 16:57.78
Outdoor
2006, 5,000m, 7th, 16:48.66
10,000m, 3rd, 34:43.78



Miranda Walker



Cross Country – Miranda Walker was a fixture in Arkansas' top seven from her opening competition and finished her freshman year with impressive numbers. She earned second-team all-SEC honors and was also named all-South Central Region in her first year while accumulating an .820 winning percentage. She finished

fifth overall twice in her opening season and was as high as fourth on the Lady'Back roster at the Aztec Invitational.

Prior to Arkansas – Walker was a force on the track during her time at Southlake Carroll, winning four district and three regional championships. She led the Dragons to a third-place finish at the state championships as a sophomore as she claimed the state title in the 3,200-meter run and placed second in the 1,600. During her time at Carroll, Walker helped set state records in the 4x800-meter relay and distance medley relay, set a school, district and region record in the 3,200-meter run

and Carroll records for two and three miles in cross country.

Personal – Born Miranda Michelle Walker on Oct. 29, 1987, she is the daughter of Brad and Niki Walker. She has two siblings, Kelsey and Logan.

Freshman / Freshman
5-1
Distance
Southlake, Texas
(Carroll)

Career Bests

1,600 meters4:53
3,200 meters10:32

2nd-team all-SEC
All-South Central Region





The most successful coach in University of Arkansas women's athletics and Southeastern Conference women's cross country/track & field history, Lance Harter is in his 17th year as the head coach for the Lady Razorbacks. During his tenure, Arkansas has won 17 SEC titles (11 cross country, three indoor track, and three outdoor track) and earned six NCAA trophies including four national runner-up awards in cross country.

The high water mark to his career at Arkansas, so far, had to be the 1999-2000 and 2000-01 seasons when his teams won a league-record seven consecutive SEC titles including a pair of triple crowns (titles in cross country, indoor track and outdoor track in the same academic year). Harter's Lady Razorbacks were just the second team in league history to accomplish the task, then repeated the performance in 2000-01 making them the only squad in the SEC's 23-year history of women's cross country/track to accomplish the task twice.

Those banner seasons were not without other accolades outside of the SEC titles. During that time, Harter's Lady Razorbacks posted school-best finishes at both the NCAA indoor (3rd) and outdoor (5th) championships, as he led his teams to five top-six NCAA finishes. On a personal level, Harter was awarded numerous honors including six SEC Coach of the Year Awards, six South Central Region Coach of the Year trophies and three United States Track Coaches' Association National Coach of the Year honors.

Harter's coaching prowess has been noticed not just by his peers, but by national organizations like USA Track & Field who have asked Harter to coach at several international competitions. He has represented his country five times including the 1992 Olympic Games in Barcelona, Spain, where he was an assistant coach. His most recent appointment to a national coaching position came in 2003 when he was the head women's coach for Team USA's World Cross Country team in Lausanne, Switzerland.

With each passing season, Harter's list of accolades continues to grow. Over the past four years, Harter has been inducted into four Hall of Fames including the prestigious Arkansas Hall of Honor where he became the first current Lady Razorback coach to be enshrined and just the second ever. He has also seen his name bronzed in the Arkansas Track Hall of Fame, Mt. SAC Relays Hall of Fame and Cal Poly Hall of Fame.

Harter is the most decorated women's coach in SEC history. He has been awarded the conference's coach of the year honor 17 times, eight more than

any other coach in league history, and is the only coach to ever earn awards in cross country, indoor and outdoor track. He has been given a regional coach of the year award 16 times during his career and national coach of the year four times.

From a team perspective, Harter's influence on Arkansas cross country and track has been tremendous. He has led both the cross country and indoor track teams to number one national rankings, the only number one rankings by any women's team



in Arkansas history. During his career, Harter has brought seven NCAA team trophies back to Fayetteville: four national runner-up awards in cross country, a third place for cross country and a third and a fourth-place finish for indoor track.

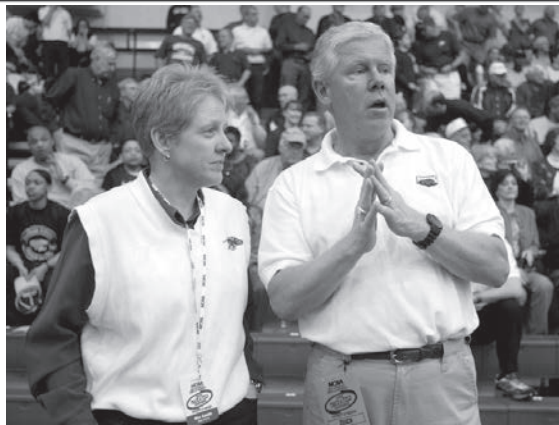
While the end of the millennium raised the bar for the Lady Razorbacks, Harter challenged himself to exceed the lofty expectations heaped upon his team. Since 2001, Harter has guided Arkansas to five SEC Championships, including two in track, and watched former Lady Razorback athletes win four medals in the Olympic Games. His eye for talent has been his best asset while developing that talent runs a close second. He often likens his coaching style and philosophy to a series of escalators where athletes get on at the ground floor when they arrive as freshmen and get off at the penthouse upon graduation.

A perfect example was a raw talent from Kendallville, Ind., that Harter groomed first into a conference and national champion then into the greatest female track athlete in SEC





history. When Amy Yoder Begley completed her collegiate career with a pair of national titles, she became the all-time leader in SEC history with 15 individual championships, the all-time leader for a female athlete at Arkansas with 15 all-America honors, and only the third track athlete in conference history to become the SEC Athlete of the Year.



Harter arrived at Arkansas in 1990 after 11 years of building the nation's top Division II program at Cal Poly-San Luis Obispo.

His teams at Cal Poly-SLO won a Division II record 14 national championships, including eight consecutive cross country and six track and field title. He was Division II national coach of the year 10 times.

From the beginning of NCAA Division II championships in 1981, Harter's teams controlled the awards ceremonies. The Mustangs finished runner-up the initial season, and after that ran off a string of eight straight titles. In track and field, Harter won five NCAA and one AIAW championship.

Before coaching at Cal Poly-SLO, Harter was the men's and women's track and field coach at Smoky Hill High School in Denver, Colo. During his five years with SHHS, his teams won five cross country and five track conference titles. Before SHHS, he was an assistant coach for two years at Colorado State.



A 1972 graduate of Texas Tech, Harter set several school records as a member of the cross country and track teams. A dean's list honoree every semester at Tech, he earned his degree in physical education and American history. He earned his master's in education from Colorado

State in 1974, focusing on physiology of exercise. He has completed doctoral hours at both Colorado and Colorado State.

Harter and his wife, Kim, are the parents of five children, Jeff, Meagan, Alison, Christie and Josh.



CAREER ACCOMPLISHMENTS

INDOOR TRACK

- Coached Arkansas to back-to-back conference championships in 2000 & 2001
- Coached Arkansas to its third conference championship in 2003
- Coached Arkansas to its highest national finish (3rd) in 2000
- Two-time National Coach of the Year (2000, 2001)
- Two-time South Central Region Coach of the Year (2000, 2001)
- Coached all seven of Arkansas' NCAA Champions

OUTDOOR TRACK

- Coached Arkansas to back-to-back conference championships in 2000 & 2001
- Coached Arkansas to its best finish (5th) in 2001
- National Coach of the Year (2000)
- Three-time NCAA South Central Region Coach of the Year (2000, 2001, 2005)
- Coached Arkansas' only NCAA Outdoor champions (4)
- Six Division II titles at Cal Poly-SLO
- SEC record for team points at conference meet (182)

CROSS COUNTRY

- 10 SEC Championships
- 11 NCAA Regional titles at Arkansas
- 10-time SEC Coach of the Year
- 10-time NCAA South Central Region Coach of the Year
- National Coach of the Year (1999)
- Four-time Division I runner-up at UA
- Eight Division II titles

INTERNATIONAL

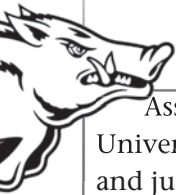
- 2003 head women's coach for Team USA's World Cross Team
- 1999 head coach for Team USA's World Championship Team
- 1992 U.S. Olympic Team Assistant, 1987 Team USA Coach, World XC Meet
- 1985 Team USA Coach, World Indoor Meet

ALL-AMERICANS

- 80 in cross country
- 321 in track and field

HALL OF FAMES

- Univ. of Arkansas Hall of Honor
- Arkansas Track Hall of Fame
- Mt. SAC Relays Hall of Fame
- Cal Poly Hall of Fame



Associate Head Coach Rolando Greene

Associate head coach Rolando Greene begins his 11th season with the University of Arkansas in 2006-07. Charged with handling the sprint, hurdle and jump corps for the Lady Razorbacks, Greene brings a world-wide recruiting base and a keen eye for spotting and developing talent.

One of the most humble men in and around collegiate athletics, Greene is quick to give credit to the athletes that he has coached, but his peers had something else in mind in the spring of 2004 when they awarded him the United States Track and Cross Country Coaches' Association's National Assistant Coach of the Year.

Greene's rising stock as a developer of talent began in the summer of 2003 when he was named an assistant coach on the national athletics team for his native Bahamas at the America, Central America and Caribbean games. Since that time he has been one of the nation's premier coaches in the sprints whose athletes have earned four NCAA individual titles, five SEC individual championships, a collegiate record and 18 all-America honors. At the Games of the XXVIII Olympiad in Athens, Greece, former Lady'Backs Veronica Campbell (Jamaica) and LaShaunte'a Moore (USA) were key members of their respective teams with Campbell winning two gold and a bronze medal in the 100, 200 and 4x100 relay.

While Greene's athletes continue to raise the bar, it was a tough but non-descript task that he is most proud. In 2006, Tominque Boatright broke both the University of Arkansas' indoor and outdoor 400-meter records giving athletes coached by Greene a clean sweep of every sprint, hurdle and relay record. His assault on those marks began in his first season at the UA, but as the 2007 season begins, none of the 13 records are older than 1998 and all but one was set after the millennium.

Not just a sprints and hurdles coach, Greene is also an active contributor in the middle distances, coaching many of the Lady Razorbacks' 800-meter runners. His most recent star, Aneita Denton, became just the third woman in NCAA history to sweep national championships in both the indoor and outdoor 800 meters. Denton also posted the third-fastest indoor 800 in NCAA history and was the anchor of Arkansas' 4x800-meter relay team that ran the fastest time in the world in the spring of 2005.

Greene is also an active part in the coaching of Arkansas' multi-event athletes. During his time with the Lady Razorbacks, Arkansas has produced three all-America athletes in the tough event including a pair of 5,700-point heptathlon scorers during 2000. His work with Gi-Gi Miller in 2000-01 was the foundation of her rise to US Champion in the heptathlon at the 2006 championships.

During Greene's 11-year tenure at Arkansas, he has coached five Olympians, two USTCCCA South Central Region Athletes of the Year, five NCAA individual champions, 22 athletes who have earned 46 all-America honors in 11 different events and two SEC female runners of the year.

Prior to arriving in Fayetteville in the fall of 1996, Greene was an assistant coach with the Minnesota Golden Gophers' women's track team. He spent six seasons as an assistant at what is now Missouri State University after graduating from Murray State.

A native of Nassau, Bahamas, Greene is married to LaTayna Stewart, who ran for the Lady Razorbacks in the early 1980s. They have four children, Charisse, 20, Cameron, 10, Isaiah, 6 and newly adopted Jacob, 5. He also has two grandchildren, Tylan and Caleb.



Joining the Lady Razorbacks in the fall of 1998, Bryan Compton was the final piece that Arkansas put into place for its coaching staff. In eight years of working with the Lady Razorback pole vaulters, throwers and high jumpers, Compton's athletes have set 12 school records a total of 59 times, not including numerous heptathlon marks.

Arkansas' resident vault expert was recognized for his contributions during the spring of 2005 when he was named the United States Track and Field Cross Country Coaches' Association's Midwest Region Assistant Coach of the Year. That season his athletes earned two all-America honors, broke a pair of school records and each of the athletes he coached earned a spot at the NCAA Midwest Regional including four pole vaulters.

Compton's expertise in the vault is the biggest addition to the Arkansas attack. Over the past eight years, he has coached four athletes to 12 all-America honors, three Southeastern Conference championships and a pair of SEC championship records. His latest protégé, Jodi Unger, earned a pair of all-America honors during the 2006 seasons and is the highest placing returning individual in the Southeastern Conference.

Prior to Unger's emergence, Compton was best known for his work with former Lady'Back and Olympic hopeful April Steiner. A novice in the event when she arrived on campus in the fall of 2000, Steiner quickly became a household name and was the first woman in SEC history to clear 13 feet in the event indoors. She earned three consecutive all-America honors indoors and set the standards for all Arkansas vaulters with school records exceeding 14 feet, both indoors and out.

Compton's magic touch is not limited just to the vault, but to the other disciplines he coaches as well. In the throws, Compton guided Marie LeJour to Arkansas' first SEC Commissioner's Trophy by a non-distance runner, as well as its first conference championship in a throwing discipline. The summer following her breakthrough year, LeJour went on to win the first of her two Canadian National Championships in the discus.

Added to his list of responsibilities in 2002 was the high jump, and Compton once again produced. He coached Jessica Johnson to Arkansas school records both indoors and out, breaking the then-oldest school records in the books. With the records in hand, Johnson went after bigger and better things, taking Arkansas' first-ever all-America honor in the high jump and finishing as national runner-up in the spring of 2003 with a clearance of 6-1 $\frac{1}{4}$.

Not to be ignored is Compton's work with Arkansas' multi-event personnel. His athletes have broken each of the Lady Razorback event records in the multi-event throws and have earned a total of five all-America honors. In the spring of 2000, Arkansas placed three heptathletes at the NCAA Championships.

Prior to his time at Arkansas, Compton made stops at Wichita State, Illinois State and Texas Tech for a combined eight-plus years. During that time period, he coached athletes to NCAA finals, Olympic Trials and numerous conference championships.

Compton was a collegiate athlete at Angelo State University where he was a two-time national qualifier in the long jump and sprint relay. He earned his bachelor's degree in physical education and biology from Angelo State in 1985. He has a son, Austin, who is seven.





Adam Tribble – Director of Operations for Track



Adam Tribble is in his third year with the Lady Razorback cross country/track and field staff. He joined Arkansas from the University of Georgia where he served in the same capacity for the Bulldogs.

A 2002 graduate of Georgia with a degree in health and physical education, Tribble immediately went to graduate school at his alma mater and earned a master's in movement studies before moving to Fayetteville to pursue his professional career.

As a member of Arkansas' staff, Tribble is in charge of organizing the Lady Razorbacks' on-campus recruiting efforts, serving as an academic liaison, issuing uniforms and performance gear, handling Arkansas' meet entries and assisting the Lady Razorback coaching staff.

While a student at Georgia, Tribble was a two-year captain of the Bulldog track and field team, earning all-region honors in cross country. During that time, he also found time to assist with the Athens Christian School in 2000 and act as a lab assistant for an endurance and research study in 2001. No stranger to running at the highest levels, Tribble also served as a camp counselor to Roy Benson's Smoky Mountain Running Camp in 2002.

A native of Athens, Ga., Tribble is the son of Bobby and Venita Tribble.

Andrew Bombardiere – Graduate Assistant Athletic Trainer



Andrew Bombardiere joined the Lady Razorback Athletic Training Room in the fall of 2006 and works primarily with cross country, track and field.

A 2006 graduate of West Florida, Bombardiere has experience with men's basketball, football, women's soccer, women's volleyball and hockey. In addition to working at West Florida in the athletic training room, Bombardiere also worked with Woodham High School and a minor league hockey franchise, the Pensacola Ice Pilots.

Bombardiere is a certified lifeguard, a member of the National Athletic Trainers Association and was an intramural coordinator for the Athletic Training Student Association.

Lucas Phillips – Graduate Assistant Athletic Trainer



Lucas Phillips joined the Lady Razorback Athletic Training Room as a graduate assistant working with the tennis team in 2006.

Phillips is a 2006 graduate of the University of Toledo with a bachelor of science in exercise science. While in Toledo, Phillips worked with men's and women's tennis, softball and football, traveling with the latter two sports.

Phillips most recently completed an internship with the Cleveland Browns working a six-week training camp in the summer of 2006. He is a member of the National Athletic Trainers' Association, the Great Lakes Athletic Trainers' Association, the Ohio Athletic Trainers' Association, and is certified in CPR, first aid and has his AED certification.

Philip Pierce - Assistant Communications Director



Phil Pierce joined the Women's Communications office in January of 1998 after serving an internship with the Arkansas Men's Sports Information Office. Pierce works with the Lady Razorback soccer, cross country and track and field teams and also assists with the updating of the LadyBacks' web site, ladybacks.com.

Since joining the LadyBack staff, Pierce has been involved with many major athletic events at Arkansas. He has been the media coordinator for the Arkansas-hosted NCAA Men's and Women's Indoor Track and Field National Championships since 2001 and was also the color commentator for Arkansas' first-ever soccer match to be broadcast live on radio.

While a member of the Men's Athletics Department at Arkansas, Pierce was the sports information contact for the Razorbacks' perennial national championship track team.

A 1996 graduate of Baldwin-Wallace (Ohio) College, Pierce received a bachelor of arts degree in sports management and business administration. Pierce was married in the summer of 2006 to the former Stephanie Plichta.

Kathi George - Secretary



Long-time University employee Kathi George begins her seventh year with the Women's Athletics Department. In addition to working with several sports, George also handles textbook exchange with all 11 Lady Razorback sports.

A native of Ardmore, Okla., George moved back to Arkansas in 1994 and is a sixth generation Arkansan. She currently works with 10 of the LadyBacks' 11 sports, serving as the department's secretary. She resides in Fayetteville and has two granddaughters, Megan and Olivia, and a grandson, Grant.

Volunteer Assistant Coaches



Andrew McDonagh



April Steiner



Christin Thomas

Review and Records



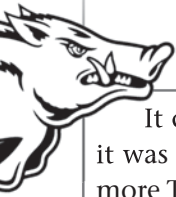
17 SEC Championships

196 all-Americans

12 National Champions

99 Conference Champions





2006 Indoor Season Review

It certainly wasn't the best indoor season in Lady Razorback history, but it was as important as any to the future of Arkansas track and field. Sophomore Tominque Boatright began to emerge as a star on both the Southeastern Conference and NCAA levels, junior Jodi Unger etched her name in the ever-growing lore of Arkansas pole vaulting and senior Penny Splichal closed out her career with a pair of SEC titles, opening the door for the next generation of Lady Razorback distance runners to take over.

From the beginning of the season, it looked as if the Lady Razorbacks would struggle to reach their customary lofty goals. Unger was the only qualifier in Arkansas' first meet of the season when she cleared a modest height of 12-11 1/2 in the pole vault. Arkansas was not without its share of good performances, as Michelle Martin nearly eclipsed her personal best in the high jump and Splichal showed the first signs of her standout season.

Things got serious in the second weekend of competition for the Lady'Backs. Most of the Lady'Backs competed in their primary events, and the results were drastically different from week one. Unger cleared 13 feet to improve her NCAA mark, while Boatright picked up her first 400-meter qualifier, and Stephanie Irwin



Jodi Unger earned her first all-America honor at the 2006 NCAA Indoor Championships.



Improving with each race, Tominque Boatright became a 400-meter star during the indoor season, finishing eighth at the NCAA Championships.

and Splichal each made the grade in the pole vault and 3,000-meter respectively.

The Lady Razorbacks went on the road for the first time as a team in the first week of February, traveling to the New Balance Collegiate Invitational in New York City. Arkansas has had tremendous success at the meet hosted in the Armory and 2006 was no exception as Irwin became the second Lady Razorback in as many years to win the pole vault competition, and Splichal qualified in the 5,000 meters. As a team, the Lady Razorbacks placed fifth out of 30 squads, earning 42 points in six different events.

The Tyson Invitational was next on the Lady Razorbacks' journey, and again, Arkansas showed signs of things to come at the toughest collegiate competition in the country. In the pole vault, Unger and Irwin each posted career-best vaults well

over the 13-foot barrier, while Splichal dropped her 5K time. Arkansas' 4x4 relay, competing for the first time with a healthy lineup, hit the NCAA provisional standard to end the competition. The professional portion of the Tyson meet was also one for the record books as two world records were eclipsed.

While Arkansas' participation at the SEC Championships harkened back to the mid-90s in terms of points scored and placing, there was a feeling that the same philosophy that created the SEC powerhouse was at work again. Dominant distance running coupled with solid pole vaulting and key sprint points were the foundation of Arkansas' attack.

The meet would see several tremendous performances by the Lady Razorbacks, but none had the same taste of satisfaction as Splichal's 3,000 and 5,000-meter runs. The SEC Cross



Penny Splichal became the first Lady'Back since 2004 to win the distance double at the SEC Championships in the 3,000 and 5,000-meter runs.

2006 Indoor Track Awards and Honors

School Records – Tominque Boatright (400, 4x4), Jessica Cousins (4x4), Paige Farrell (4x4), Sasha Rolle (4x4)
 All-Americans – Tominque Boatright (400), Jodi Unger (PV)
 SEC Champion – Penny Splichal (3K, 5K)
 First-Team All-SEC – Penny Splichal
 New Balance Collegiate Invitational Champion – Stephanie Irwin (PV)



2006 Indoor Track & Field Best Times

60 Meters

7.69	Lakeisha Martin	Tyson
7.72	Tominque Boatright	Arkansas
7.87	Sydney Scarbrough	Tyson

200 Meters

24.18	Tominque Boatright	Tyson
24.31	Jessica Cousins	Tyson
24.94	Sasha Rolle	Razorback
24.87	Lakeisha Martin	SEC Champ
25.00	Sydney Scarbrough	Razorback

400 Meters

53.17	Tominque Boatright	NCAA
54.79	Paige Farrell	Arkansas
55.21	Sasha Rolle	New Balance
56.03	Jessica Cousins	Razorback

800 Meters

2:07.84	Paige Farrell	SEC Champ
2:12.00	Dacia Barr	Razorback
2:42.59	Whitney Anderson	SEC Champ

Mile

4:45.44	Dacia Barr	Iowa State
4:47.69	Penny Splichal	Arkansas
4:55.45	Caroline Peyton	New Balance
4:55.58	Tiffany Redlarczyk	SEC Champ
4:56.11	Christine Kalmer	New Balance
5:04.49	Kelly Vrshek	Arkansas
5:10.96	Denise Bargiachi	Arkansas
5:11.99	Jessie Gordon	Arkansas

3,000 Meters

9:21.56	Penny Splichal	SEC Champ
9:40.64	Christine Kalmer	Tyson
9:47.13	Denise Bargiachi	New Balance
9:54.02	Kelly Vrshek	SEC Champ
9:55.25	Tiffany Redlarczyk	Razorback
9:58.91	Caroline Peyton	Tyson
10:00.04	Jennifer Harper	New Balance
10:00.20	Jessie Gordon	Razorback
10:07.89	Laura Kerr	Tyson
10:36.30	Lea Carruthers	Tyson

5,000 Meters

16:09.14	Penny Splichal	SEC Champ
16:53.82	Kelly Vrshek	New Balance
17:01.24	Denise Bargiachi	SEC Champ
17:02.81	Jennifer Harper	Tyson
17:08.02	Jessie Gordon	SEC Champ
17:14.49	Beth Fahey	New Balance
17:33.69	Caroline Peyton	Razorback
18:33.28	Lea Carruthers	Razorback

60 Hurdles

8.59	Tiavannia Thompson	Razorback
9.39	Whitney Anderson	Arkansas

1,600 Relay

3:33.67	Iowa State
3:33.72	NCAA Champ

DMR

11:33.14	New Balance
11:42.48	SEC Champ

High Jump

5-8	Michelle Martin	Razorback
5-2 ¼	Kayla Tucker	Razorback
5-0 ½	Whitney Anderson	SEC Champ

Pole Vault

13-6 ¼	Jodi Unger	Tyson
13-4 ¼	Stephanie Irwin	Tyson
12-9 ½	Danielle O'Reilly	SEC Champ

Long Jump

18-10 ¾	Lakeisha Martin	New Balance
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Shot Put

36-3	Whitney Anderson	SEC Champ
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Pentathlon

2,677	Whitney Anderson	SEC Champ
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would have a bad race, came on over the final 200 meters to pass several runners and nearly catch the winner. Barr used a different approach than her teammate, racing at the front of the pack for the entire eight-lap competition.

Boatright's time of 54.92 allowed her to finish sixth in the 400 meters, and her anchor leg in the 4x4 placed the Lady'Backs fifth overall. Boatright was joined by Farrell, Jessica Cousins and Sasha Rolle.

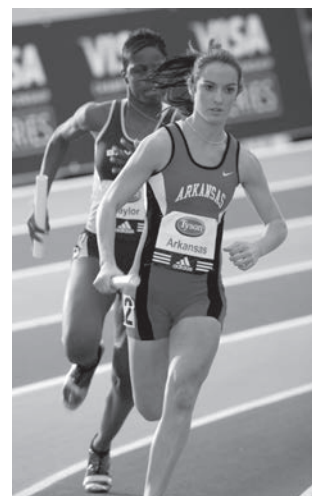
As the final event of the season, the NCAA Championships was a dichotomy of performances ranging from school record to disappointment. As a team, the Lady'Backs managed to score just two points to finish tied for 25th, a decided disappointment. On the flip side, Boatright cruised to a school-record time of 53.17 during the 400-meter preliminaries, then finished eighth overall to take her first individual all-America honor. She then came back to help the 4x4 relay just miss the record they set a week prior at the Iowa State Last Chance Meet when they ran 3:33.72, 0.05 off the record. In the pole vault, Unger concluded the season with an eighth-place finish, clearing 13-5 ¼ to earn her first all-America honor.

Country Freshman of the Year in 2001, Splichal's career took many twists and turns over her four-plus seasons, but the dominating performances in her final SEC Championship capped off a solid career. She was the first Lady Razorback since 2004 to pick up the distance double and paced Arkansas to a fifth-place team finish.

Also having breakout performances in Florida were Paige Farrell in the 800 meters, Dacia Barr in the mile, Boatright in the 400 and Arkansas' 4x400-meter relay. Farrell and Barr each took conference runner-up honors in their events, Farrell with a career-best 2:07.84 and Barr with a time of 4:46.33 in the prelims. Farrell, who looked like she



At the Tyson Invitational, Stephanie Irwin cleared a career-best 13-4 1/4 to qualify for the NCAA Championships.



Paige Farrell was instrumental in Arkansas' 4x400-meter relay success, and finished as the SEC runner-up in the 800 meters.



The Lady Razorbacks' indoor season was certainly a precursor of things to come as the outdoor campaign got off to a thrilling start and blossomed. Arkansas athletes set three school records during the course of the season, and five Lady Razorbacks took home all-America honors at the NCAA Championships. Sophomore Tiffany Redlarczyk shocked the SEC world with a surprise victory at the conference championship in the steeplechase, and Jodi Unger set the SEC pole vault record with a staggering jump of 13-11.

From day one, Arkansas' coaches knew that it was going to be a good season. At the Collegiate Classic in Irvine, Calif., five Lady Razorbacks put together NCAA qualifiers, with both relays making the cut as well. The total qualifiers nearly matched Arkansas' entire indoor season and proved that the Lady'Backs were just beginning to reach their potential.

Week two was for the distance team as it traveled to Palo Alto, Calif., for the Stanford Invitational. Again, the Lady'Backs made a splash with Christine Kalmr and Kelly Vrshek qualifying in the 5,000-meter run and Dacia Barr putting together a tremendous 1,500-meter run, bringing Arkansas' list of NCAA times to 10.

Wasting no time in getting to its first major meet of the spring, Arkansas took on the Texas Relays in the first weekend of April, and while their marks were not

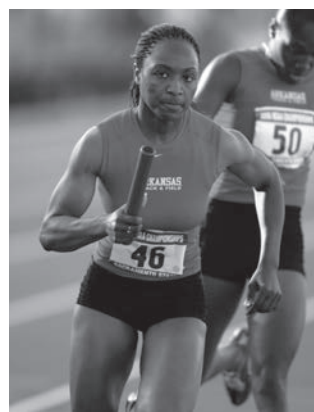
quite what the Lady Razorback coaches would have liked, three additional NCAA qualifiers were added along with a pair of improvements. Headlining the newly qualified athletes were Tiavannia Thompson in the 100-meter hurdles and Michelle Martin in the high jump.

Arkansas split its team in week four with the distance team heading to the Mt. SAC Relays and the rest of the squad competing at the John Jacobs Invitational. The distance team looked sharp in their races as Barr, Paige Farrell, Redlarczyk and Vrshek each recorded qualifiers, Vrshek in her first 10,000-meter run. Farrell's 2:07.71 was a continuation of her indoor success and set the tone for the next month of the outdoor season.

At the John Jacobs, Carly Bloomfield posted a regional qualifier in the javelin, Arkansas' first in several years, while Tominque Boatright posted the second fastest 400-meter run in Arkansas history when she

ran 53.56. In all, the Lady Razorbacks posted seven regional marks at the meet including Unger's outdoor career-best 13-5 1/2.

The Lady Razorback sprinters looked to keep their string of stellar performances rolling at the Michael Johnson Invite in Waco, Texas, and got just that and more as Jessica Cousins broke the longest standing outdoor school record. Cousins exceeded the mark of former Lady'Back Lisa Sparks who set the record in the spring of 1983 when she finished her 400-meter race in 53.28.



Jessica Cousins was the first to break Arkansas' 400-meter record and was instrumental in the sprint medley relay and 4x4 school marks.



Lakeisha Martin, Sasha Rolle, Jessica Cousins and Paige Farrell pose just before they set the Arkansas sprint medley relay record.

Arkansas concluded the month of April at the Penn Relays and saw a second spring record fall in as many weeks when the quartet of Sasha Rolle, Lakeisha Martin, Cousins and Farrell ran 3:52.20 in the sprint medley relay to take seventh overall. The foursome shattered Arkansas' seven-year-old record in the event by nine seconds.

While the relay broke Arkansas' record, it was Unger that provided much of the Lady Razorbacks' Penn Relays notoriety as she became the third Lady Razorback in four years to win the Championship of America in the pole vault. Clearing a solid 13-5 1/4, Unger was clean on most of her attempts and outlasted the competition. Unger joined former Lady'Backs Stacie Manuel ('04) and April Steiner ('03) in the Penn Relays record books.

The newest jewel on the University of Arkansas campus was unveiled on May 11, the first day of the SEC Championships in Fayetteville. A completely renovated John McDonnell Field opened its doors for the first time and witnessed tremendous competition for four days. While the Lady Razorbacks may not have finished as high in the team standings as they would have wished, Arkansas did set a pair of records and qualified 13 marks for the regional championships.

Boatright broke the three-week-old record of Cousins in the 400-meter dash when she finished sixth overall in the



In 2006 Tiffany Redlarczyk became the fourth Lady'Back to win the SEC Steeplechase title.

event, running 53.10. Her time was nearly two-tenths faster than her teammate and solidified her place in Lady Razorback history. Unger was the oth-

2006 Outdoor Track Awards and Honors

School Records – Tominque Boatright (400, 4x4), Jessica Cousins (SMR), Paige Farrell (4x4, SMR), Lakeisha Martin (4x4, SMR), Sasha Rolle (4x4, SMR)

All-Americans – Tominque Boatright (4x4), Jessica Cousins (4x4), Paige Farrell (4x4), Sasha Rolle (4x4), Jodi Unger (PV)

NCAA Championships – 25th

SEC Champion – Tiffany Redlarczyk (Steeple)

First-Team All-SEC – Tiffany Redlarczyk

SEC Record – Jodi Unger (PV)

Penn Relays Champion – Jodi Unger (PV)



2006 Outdoor Track & Field Best Times

100 Meters

11.92	Lakeisha Martin	SEC Champ
12.62	Tiavannia Thompson	Collegiate
12.89	Megan Thompson	MSSU Track

200 Meters

23.69	Tominque Boatright	Collegiate
24.70	Sasha Rolle	John Jacobs
26.85	Megan Thompson	Collegiate

400 Meters

52.83	Tominque Boatright	Regional
53.28	Jessica Cousins	Michael Johnson
53.98	Sasha Rolle	John Jacobs

800 Meters

2:05.35	Paige Farrell	SEC Champ
2:10.48	Dacia Barr	Collegiate

1,500 Meters

4:19.89	Dacia Barr	Cardinal
4:29.58	Christine Kalmer	Cardinal
4:31.54	Tiffany Redlarczyk	Collegiate
4:37.62	Jessie Gordon	Collegiate
4:39.59	Caroline Peyton	Collegiate
4:41.32	Denise Bargiachi	Collegiate
4:45.31	Beth Fahey	Collegiate
4:45.92	Kelly Vrshek	Collegiate
5:01.42	Laura Kerr	MSSU Track

3,000 Steeplechase

10:31.35	Tiffany Redlarczyk	SEC Champ
10:42.84	Caroline Peyton	Regional
11:15.31	Laura Kerr	SEC Champ
12:24.78	Lea Carruthers	Michael Johnson

5,000 Meters

16:41.93	Christine Kalmer	Stanford
16:42.37	Dacia Barr	SEC Champ
16:44.31	Kelly Vrshek	Penn
16:53.40	Denise Bargiachi	Mt. SAC
17:11.72	Jennifer Harper	Pomona-Pitzer
17:12.32	Beth Fahey	Pomona-Pitzer
17:13.17	Tiffany Redlarczyk	Stanford
17:23.26	Jessie Gordon	Cardinal
17:45.41	Caroline Peyton	SEC Champ
18:08.99	Laura Kerr	SEC Champ

10,000 Meters

34:33.36	Kelly Vrshek	Mt. SAC
35:32.89	Jessie Gordon	Stanford
36:03.74	Denise Bargiachi	Stanford
36:21.37	Jennifer Harper	Penn
36:22.34	Beth Fahey	SEC Champ

100 Hurdles

13.36	Tiavannia Thompson	SEC Champ
13.95	Megan Thompson	SEC Champ

400-Meter Relay

45.20		Texas
45.35		SEC Champ

1,600-Meter Relay

3:28.78		NCAA Champ
3:30.32		NCAA Champ

High Jump

5-8 ¾	Michelle Martin	Michael Johnson
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Pole Vault

13-11	Jodi Unger	SEC Champ
12-11 ½	Stephanie Irwin	Texas
12-9 ½	Danielle O'Reilly	SEC Champ
10-11 ¾	Megan Scott	John Jacobs

Long Jump

20-0 ½	Lakeisha Martin	John Jacobs
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Triple Jump

33-10	Tiavannia Thompson	MSSU Track
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Shot Put

46-8 ¾	Michelle Rossio	MSSU Track
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Discus

147-6	Michelle Rossio	Penn
129-9	Brandy Blackwood	MSSU Track

Javelin

146-8	Carly Bloomfield	SEC Champ
129-1	Kelsey Mollenkamp	SEC Champ

Hammer

188-4	Brandy Blackwood	Texas
166-11	Michelle Rossio	SEC Champ

chor Arkansas' relay to a school record 3:34.17, placing it third. In all, seven Lady Razorback individuals and relays earned plane tickets to the NCAA Championships including Barr (1,500), Boatright (400), Farrell (800), Kalmer (5K), Thompson (100 hurdles), Unger (pole vault) and the 4x400-meter relay.

Looking as if it had used up all its magic at the NCAA regional, Arkansas looked bad over the first day-plus of the NCAA Championships. One after the next, Lady Razorbacks failed to qualify for finals competition and it appeared as if Arkansas would make an early exit at the four-day meet. Then the pole vault began and Unger would easily qualify for the finals despite having to clear a ridiculous 13-5 ¼ to earn her spot. Moments later, Arkansas' 4x400 relay took the track and turned heads as the sophomore and junior-based squad ran 3:30.32 to finish second overall in the prelims and break Arkansas' school record.

The final day of NCAA competition would witness Unger's jump of 13-7 ¼ to take fifth in the pole vault and earn the second all-America honor of her career. The end of the NCAA Championships saw the Lady Razorback relay break the already staggering school record they set just two days before and run a near-collegiate record 3:28.78 to finish third. LSU would win the race by setting the collegiate record. Arkansas' relay of Rolle, Cousins, Farrell and Boatright were outstanding from the opening gun, and Boatright's anchor of 51.02 solidified Arkansas' 25th-place team finish and the Lady'Backs' case as one of the nation's top relay teams.



53.10 was Tominque Boatright's 400-meter time and 51.02 was her split on Arkansas' 4x400-meter relay.

er record-breaker, matching Georgia's Kierney Jackson bar for bar in the pole vault to a staggering 13-11 to set the SEC mark in the event.

As a team, Arkansas placed seventh with 68 points, but saw several highlights at the meet aside from Boatright and Unger. Farrell ran a career-best 2:05.35 in the 800 meters, while Barr took her second SEC runner-up honor of the season when she came in second in the 1,500-meter run. Barr returned to the track hours later to place fourth in the 5,000 meters, showing her strength, while Redlarczyk was shocking everyone in attendance with her dominating steeplechase performance.

The Lady Razorbacks would post their fourth straight top 10 Mideast regional finish in Knoxville, Tenn., thanks to brilliant performances by Boatright and the 4x400-meter relay. Boatright became the first Lady'Back in school history to run a sub-53 400-meter race when she took the school record down to 52.83, then returned to an-



Jodi Unger earned all-America honors and set the SEC record in the pole vault when she cleared 13-11 at the conference championship.



Records

ARKANSAS LADY RAZORBACK TRACK & FIELD

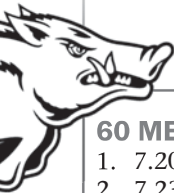
Indoor	Arkansas	Facility	NCAA Automatic/Regional		NCAA Provisional	
			FAT	MT	FAT	MT
60 Meters.....	7.20, Feb. 29, 2004	7.04, Feb. 10, 2006	7.27@		7.44@	
	Veronica Campbell	Veronica Campbell (Adidas)	@ - altitude adjustments available			
200 Meters	22.43, Mar. 12, 2004	22.43, Mar. 12, 2004	23.50	(200)	24.10	(200)
	Veronica Campbell	Veronica Campbell (Arkansas)	23.30	(B/O)	23.90	(B/O)
400 Meters	53.17, Mar. 10, 2006	50.82, Mar. 13, 2004	52.70	(200)	52.4	(200)
	Tominque Boatright	Sanya Richards (Texas)	52.40	(B/O)	52.1	54.40 (B/O)
800 Meters	2:01.96, Feb. 27, 2005	2:00.75, Feb. 27, 2005	2:05.60	(200)	2:05.3	2:09.40 (200)
	Aneita Denton	Nicole Cook (Tenn.)	2:05.20	(B/O)	2:04.9	2:09.00 (B/O)
Mile	4:36.94, Mar. 2, 2003	4:30.60, Feb. 10, 2006	4:40.60	(200)	4:40.3	4:48.60 (200)
	Christin Wurth	Tiffany McWilliams (USA)	4:40.00	(B/O)	4:39.7	4:48.00 (B/O)
3,000 Meters	9:11.21, Jan. 29, 2000	8:49.18, Mar. 13, 2004	9:15.80	(200)	9:15.5	9:34.80 (200)
	Lilli Kleinmann	Kim Smith (Providence)	9:15.00	(B/O)	9:14.7	9:34.00 (B/O)
5,000 Meters	15:46.89, Mar. 10, 2000	15:14.18, Mar. 12, 2004	16:09.60	(200)	16:09.3	16:43.60 (200)
	Amy Yoder Begley	Kim Smith (Providence)	16:08.00	(B/O)	16:07.7	16:42.00 (B/O)
60 Hurdles	8.16, 1998	7.84, Mar. 10, 2006	8.15@		8.43@	
	Kyla Shoemaker	Virginia Powell (USC)	@ - altitude adjustments available			
1,600 Relay	3:33.67, Mar. 4, 2006	3:27.66, Mar. 15, 2003	3:34.20	(200)	3:33.9	3:41.20 (200)
	Boatright, Cousins, Rolle, Farrell	Texas	3:33.00	(B/O)	3:32.7	3:40.00 (B/O)
Distance Medley	11:09.09, Feb. 4, 2005	10:58.19, Mar. 8, 2002	11:11.00	(200)	11:10.7	11:32.00 (200)
	Denton, Boatright, Farrell, Sigmont	UCLA	11:09.00	(B/O)	11:08.7	11:30.00 (B/O)
High Jump	5-11 1/4, Mar. 2, 2003	6-4.75, Feb. 10, 2006	1.84m		6-0.5	1.78m
	Jessica Johnson	Amy Acuff (USA)				
Pole Vault	14-3 1/4, Mar. 15, 2003	15-5.5, Feb. 14, 2004	4.20m		13-9.25	3.95m
	April Steiner	Stacy Dragila (Nike)				
Long Jump	20-11 1/4, Mar. 1, 2003	22-8, Feb. 23, 2002	6.40m		21-0	6.10m
	Angel Heath	Elva Goulbourne (Auburn)				
Triple Jump	44-4, Mar. 10, 2001	46-1.5, Mar. 11, 2000	13.30m		43-7.75	12.65m
	Gi-Gi Miller	Keisha Spencer (LSU)				
Shot Put	51-9 1/4, Feb. 5, 2000	62-10, Mar. 13, 2004	16.90m		55-5	15.20m
	Amber Crumbo	Laura Gerraughty (N. Carolina)				
20-Lb. Weight	68-6 1/2, Mar. 11, 2005	78-0.75, Feb. 12, 2005	21.00m		68-10.75	19.00m
	Brandy Blackwood	Erin Gilreath (NYAC)				
Pentathlon	4,141, Feb. 22, 2002	4,412, Mar. 13, 2004	4,050 points		3,700 points	
	DeeDee Brown	Hyleas Fountain (Georgia)				
Outdoor						
100 Meters	11.10, May 15, 2004	11.03, May 14, 2006	11.75			
	Veronica Campbell	Kerron Stewart (Auburn)				
200 Meters	22.41, May 16, 2004	22.36, May 14, 2006	23.96			
	Veronica Campbell	Shalonda Solomon (S. Carolina)				
400 Meters	52.83, May 27, 2006	51.77, May 14, 2006	54.61		54.3	
	Tominque Boatright	Patricia Hall (Tennessee)				
800 Meters	2:01.91, July 10, 2005	2:04.66, May 12, 2006	2:09.80		2:09.5	
	Aneita Denton	Leslie Treherne (Tennessee)				
1,500 Meters	4:10.49, June 14, 2003	4:21.10, May 14, 2006	4:27.80		4:27.5	
	Christin Wurth	Sarah Bowman (Tennessee)				
3,000 Steeplechase	10:01.52, Apr. 26, 2001	10:31.35, May 13, 2006	10:50.25		10:50.0	
	Lilli Kleinmann	Tiffany Redlarczyk (Arkansas)				
5,000 Meters	15:48.89, Apr. 14, 2000	16:28.57, May 14, 2006	16:52.00		16:51.7	
	Jessica Dailey	Angela Homan (Auburn)				
10,000 Meters	32:58.2, 1991	34:10.42, May 12, 2006	33:30.00		33:29.7	35:00.00
	Claire Lavers	Angela Homan (Auburn)				
100 Hurdles	12.98, 1998	12.98, May 14, 2006	13.92			
	Elisha Brewer	Josanne Lucas (Auburn)				
400 Hurdles	56.99, May 19, 2001	56.44, May 14, 2006	1:00.82		1:00.5	
	Tawa Babatunde	Markita James (Auburn)				
400 Relay	43.84, June 9, 2004	43.81, May 14, 2006	45.70		45.4	
	Williams, Moore, Neely, Campbell	South Carolina				
1,600 Relay	3:28.78, June 10, 2006	3:31.35, May 14, 2006	3:42.00		3:41.7	
	Rolle, Cousins, Farrell, Boatright	Auburn				
High Jump	6-1.25, June 14, 2003	6-0, 185	1.75m		5-8.75	
	Jessica Johnson	K. Carter/J. Jones-Hudson				
Pole Vault	14-0, Apr. 24, 2003	13-11, May 13, 2006	3.80m		12-5.5	
	April Steiner	K. Jackson/J. Unger (Ga./Ark.)				
Long Jump	20-10, 1993	21-7.5, May 13, 2006	6.00m		19-8.25	
	Toshei Woods	Patricia Sylvester (Georgia)				
Triple Jump	44-7.5, June 23, 2001	44-0.5, 1992	12.32m		40-5	
	Gi-Gi Miller	Sheila Hudson (Unatt)				
Shot Put	51-8, Apr. 28, 2000	56-1.25, May 14, 2006	14.30m		46-11	
	Amber Crumbo	Aymara Albury (Alabama)				
Discus	169-0, May 12, 2001	195-1, Apr. 14, 2001	47.30m		155-2	
	Marie LeJour	Jessica Cross (NYAC)				
Javelin	158-3, March 16, 2002	167-5, 4-16-01/5-14-06	43.45m		142-6	
	Jessica Sommerfeld	A. Bulat/K. Woodward (Kan./Ga.)				
Hammer	192-9, May 27, 2005	235-6, May 12, 2006	54.15m		177-8	
	Brandy Blackwood	Jenny Dahlgren (Georgia)				
Heptathlon	5,925, June 22, 2001	5,321, May 12, 2006	5,500 points		5,050 points	
	Gi-Gi Miller	Garnetta Holloway (Vanderbilt)				

ARKANSAS LADY RAZORBACK TRACK & FIELD

Records



Indoor	SEC Meet	SEC Absolute	Collegiate
60 Meters.....	7.17, Feb. 29, 2004 Muna Lee (LSU)	7.15, Mar. 15, 2002 Muna Lee (LSU)	7.09, Mar. 11, 2001 Angela Williams (USC)
200 Meters	22.67, Feb. 29, 2004 Veronica Campbell (Arkansas)	22.43, Mar. 12, 2004 Veronica Campbell (Arkansas)	22.43, Mar. 12, 2004 Veronica Campbell (Arkansas)
400 Meters	51.13, Feb. 29, 2004 Hazel-Ann Regis (LSU)	50.91, Mar. 12, 2005 Tiandra Ponteen (Florida)	50.82, Mar. 14, 2004 Sanya Richards (Texas)
800 Meters	2:00.75, Feb. 27, 2005 Nicole Cook (Tennessee)	2:00.75, Feb. 27, 2005 Nicole Cook (Tennessee)	2:00.75, Feb. 27, 2005 Nicole Cook (Tennessee)
1 Mile	4:35.06, 1986 Elizabeth Lynch (Alabama)	4:32.24, Mar. 13, 2004 Tiffany McWilliams (MSU)	4:28.31, Feb. 5, 1988 Vicki Huber (Villanova)
3,000 Meters	9:15.69, 1987 Lisa Breiding (Kentucky)	9:05.74, 1989 Valerie McGovern (Kentucky)	8:49.18, Mar. 13, 2004 Kim Smith (Providence)
5,000 Meters	15:53.34, 1990 Valerie McGovern (Kentucky)	15:45.56, Mar. 2, 2003 Caitlin Phillips (Kentucky)	15:14.18, Mar. 12, 2004 Kim Smith (Providence)
60 Hurdles	8.00, Feb. 27, 2000 Vonette Dixon (Auburn)	7.94, Mar. 10, 2000 Vonette Dixon (Auburn)	7.84, Mar. 10, 2006 Virginia Powell (USC)
1,600 Relay.....	3:29.06, Feb. 27, 2005 LSU	3:28.25, Mar. 15, 2003 South Carolina	3:27.66, Mar. 15, 2003 Texas
Distance Medley	11:16.61, Feb. 29, 2004 Tennessee	11:03.42, Jan. 30, 2004 Tennessee	10:54.34, Jan. 30, 1988 Villanova
High Jump	6-0.00, 1993 Gai Kapernick (LSU)	6-3, 1983 Disa Gisladdottir (Alabama)	6-5.5, 1987, 95, 98, 00 Four tied
Pole Vault	14-5.25, Feb. 25, 2001 Thorey Ellisdottir (Georgia)	14-9.5, Mar. 10, 2001 Thorey Ellisdottir (Georgia)	14-10.25, Mar. 9, 2002 Amy Linnen (Arizona)
Long Jump	22-8, Feb. 24, 2002 Elva Goulbourne (Auburn)	22-8, Feb. 24, 2002 Elva Goulbourne (Auburn)	22-8, Feb. 24, 2002 Elva Goulbourne (Auburn)
Triple Jump.....	46-0.50, Feb. 27, 2000 Keisha Spencer (LSU)	46-9, 1997 Suzette Lee (LSU)	46-9, Mar. 8, 1997 Suzette Lee (LSU)
Shot Put	58-5.25, Feb. 29, 2004 Kimberli Barrett (Florida)	58-5.25, Feb. 29, 2004 Kimberli Barrett (Florida)	62-10, Mar. 13, 2004 Laura Gerraughty (N. Carolina)
20-Lb. Weight	79-5.25, Feb. 27, 2005 Candice Scott (Florida)	79-5.25, Feb. 27, 2005 Candice Scott (Florida)	79-3.75, Feb. 12, 2005 Candice Scott (Florida)
Pentathlon	4,417 pts, Feb. 27, 2004 Hyleas Fountain (Georgia)	4,417 pts, Feb. 27, 2004 Hyleas Fountain (Georgia)	4,425 pts, Jan. 19, 2002 Austra Skujyte (Kan. State)
Outdoor			
100 Meters	11.05, 1999 Debbie Ferguson (Georgia)	10.78, 1989 Dawn Sowell (LSU)	10.78, June 3, 1989 Dawn Sowell (LSU)
200 Meters	22.35, 1999 Debbie Ferguson (Georgia)	22.04, 1989 Dawn Sowell (LSU)	22.04, June 2, 1989 Dawn Sowell (LSU)
400 Meters	50.63, May 13, 2001 Miki Barber (S. Carolina)	50.58, 1993 Juliet Campbell (Auburn)	50.18, June 3, 1989 Pauline Davis (Alabama)
800 Meters	2:01.00, May 15, 2004 Tiffany McWilliams (MSU)	2:00.94, 1987 Jasmin Jones (Tennessee)	1:59.11, June 1, 1990 Suzy Favor (Wisconsin)
1,500 Meters	4:09.19, May 16, 2004 Tiffany McWilliams (MSU)	4:06.75, June 14, 2003 Tiffany McWilliams (MSU)	4:06.75, June 14, 2003 Tiffany McWilliams (MSU)
3,000 Steeplechase	10:13.89, May 12, 2001 Lilli Kleinmann (Arkansas)	10:01.52, April 26, 2001 Lilli Kleinmann (Arkansas)	9:43.25, May 29, 2004 Ida Nilsson (N. Arizona)
5,000 Meters	15:59.47, 1990 Valerie McGovern (Kentucky)	15:40.97, 1987 Shelly Steely (Florida)	15:09.67, April 16, 2004 Kim Smith (Providence)
10,000 Meters	33:43.1, 1983 Beth Farmer (Florida)	32:43.1, 1983 Beth Farmer (Florida)	32:19.97, Apr. 30, 2004 Alicia Craig (Stanford)
100 Hurdles.....	12.72, 1996 Kim Carson (LSU)	12.70, 1989 Tenanjaly Stanley (LSU)	12.61, May 22, 1988 Gail Devers (UCLA)
400 Hurdles.....	54.50, May 15, 2004 Lashinda Demus (S. Carolina)	54.47, June 11, 2005 Shevon Stoddart (S. Carolina)	53.54, June 12, 2004 Sheena Johnson (UCLA)
400 Relay	43.06, May 12, 2002 LSU	42.50, June 2, 1989 LSU	42.50, June 2, 1989 LSU
1,600 Relay.....	3:27.04, May 16, 2004 LSU	3:26.46, June 1, 2002 South Carolina	3:23.75, April 3, 2004 Texas
High Jump	6-0.5, 1998, 96, 93 Three Individuals	6-1.50, 1989, '93, '95 Three Individuals	6-6.00, 1995, '99 Two Individuals
Pole Vault	13-7.25, May 18, 2003 April Steiner (Arkansas)	14-3.5, Apr. 7, 2001 Thorey Ellisdottir (Georgia)	14-7.25, Apr. 22, 2000 Tracy O'Hara (UCLA)
Long Jump	22-4.5, May 11, 2002 Elva Goulbourne (Auburn)	22-9.25, 1987 Sheila Echols (LSU)	22-11.25, May 4, 1985 Jackie Joyner-Kersey (UCLA)
Triple Jump.....	45-10.75, 1996 Suzette Lee (LSU)	45-10.75, 1996 Suzette Lee (LSU)	46-1, May 23, 1999 Stacey Bowers (Baylor)
Shot Put	57-6.25, May 16, 2004 Kimberli Barrett (Florida)	60-8.5, April 23, 2005 Liz Wanless (Florida)	62-3.75, May 7, 1983 Meg Ritchie (Arizona)
Discus	189-7, May 14, 2005 Beth Mallory (Alabama)	198-8, 1977 Janet Haist (Tennessee)	221-5, Apr. 26, 1981 Meg Ritchie (Arizona)
Javelin	180-9, 2000 Emily Carlsen (Florida)	182-3.00, June 5, 1999 Vigdis Gudjonsdottir (Georgia)	202-10, June 13, 2003 Irina Kharun (Indiana)
Hammer	221-2, May 14, 2004 Candice Scott (Florida)	229-1, April 22, 2004 Candice Scott (Florida)	229-1, April 22, 2004 Candice Scott (Florida)
Heptathlon	5,969, 1991 Sharon Jaklofsky (LSU)	6,033, April 18, 2004 Hyleas Fountain (Georgia)	6,527, June 3, 1995 Diane Guthrie Gresham (G. Mason)



Indoor Top Five

60 METERS

1. 7.20	Veronica Campbell	2004	Lexington, KY
2. 7.23	Veronica Campbell	2004	Fayetteville, AR
3. 7.26	Kyla Shoemake	1998	Colorado Springs, CO
7.26	Elisha Brewer	1998	Colorado Springs, CO
5. 7.27	Veronica Campbell	2004	Fayetteville, AR

The Arkansas records in the 60- and 200-meter dashes were easy accomplishments for Veronica Campbell on her way to the collegiate record in the 200 and three medals at the 2004 Athens Games.



200 METERS

1. 22.43	Veronica Campbell	2004	Fayetteville, AR
2. 22.51	Veronica Campbell	2004	Fayetteville, AR
3. 22.67	Veronica Campbell	2004	Lexington, KY
4. 23.03	Veronica Campbell	2004	Lexington, KY
5. 23.28	Veronica Campbell	2004	Fayetteville, AR

400 METERS

1. 53.17	Tominque Boatright	2006	Fayetteville, AR
2. 53.23	Tominque Boatright	2006	Fayetteville, AR
3. 53.48	Adwoa Gyasi-Nimako	2002	Fayetteville, AR
4. 53.51	Tominque Boatright	2006	Ames, IA
5. 53.60	Tominque Boatright	2005	Fayetteville, AR

800 METERS

1. 2:01.96	Aneita Denton	2005	Fayetteville, AR
2. 2:03.65	Aneita Denton	2005	Fayetteville, AR
3. 2:03.91	Aneita Denton	2005	Fayetteville, AR
4. 2:04.58	Nicole Teter	1992	Indianapolis, IN
5. 2:04.70	Aneita Denton	2005	Fayetteville, AR



Aneita Denton's Arkansas record of 2:01.96 at the SEC Championships in 2005 was the third fastest time in collegiate history when it was recorded.



A national championship performance in 1996 gave Trine Pilskog the Lady Razorbacks' indoor mile record, a performance that stood for seven years before it fell to a pair of Lady'Backs in 2003.

MILE

1. 4:36.94	Christin Wurth	2003	Gainesville, FL
2. 4:37.19	Londa Bevins	2003	Fayetteville, AR
3. 4:38.53	Trine Pilskog	1996	Indianapolis, IN
4. 4:39.10	Tracy Robertson	2001	Fayetteville, AR
5. 4:39.19	Trine Pilskog	1995	Indianapolis, IN

3,000 METERS

1. 9:11.21	Lilli Kleinmann	2000	Fayetteville, AR
2. 9:12.83	Lilli Kleinmann	2000	Fayetteville, AR
3. 9:14.18	Lilli Kleinmann	2001	Fayetteville, AR
4. 9:16.20	Claire Lavers	1991	Indianapolis, IN
5. 9:16.22	Christin Wurth	2003	South Bend, IN

5,000 METERS

1. 15:46.89	Amy Yoder Begley	2000	Fayetteville, AR
2. 15:52.80	Deena Drossin	1993	Indianapolis, IN
3. 15:55.43	Lilli Kleinmann	2001	Fayetteville, AR
4. 16:02.95	Megan Flowers	1995	Indianapolis, IN
5. 16:09.14	Penny Splichal	2006	Gainesville, FL



Amy Yoder Begley's national championship performance in 2000 gave her the UA indoor 5,000-meter record.



Kyla Shoemake rewrote most of the Lady Razorback record books in the hurdles. She also ranks second all-time in the 100-meter hurdles outdoors.

60-METER HURDLES

1. 8.16	Kyla Shoemake	1998	Colorado Springs, CO
2. 8.17	Kasia Williams	2005	Fayetteville, AR
3. 8.20	Kasia Williams	2005	Fayetteville, AR
4. 8.21	Kyla Shoemake	2000	Fayetteville, AR
5. 8.23	Kasia Williams	2005	Ames, IA

1,600-METER RELAY

1. 3:33.67	Boatright, Cousins, Rolle, Farrell,	2006	Ames, IA
2. 3:33.72	Boatright, Cousins, Rolle, Farrell,	2006	Fayetteville, AR
3. 3:34.82	Mitchell, Campbell, Denton, Moore,	2004	Fayetteville, AR
4. 3:36.21	Mitchell, Campbell, Denton, Moore,	2004	Fayetteville, AR
5. 3:36.46	Savary, Miller, Shoemake, Babatunde,	2000	Fayetteville, AR

DISTANCE MEDLEY RELAY

1. 11:09.09	Denton, Boatright, Farrell, Sigmont,	2005	New York, NY
1. 11:11.58c	Bevins, Heath, Sigmont, Wurth,	2003	South Bend, IN
2. 11:11.61	Dailey, Savary, Babatunde, Robertson,	2000	Fayetteville, AR
3. 11:13.00	Bevins, Heath, Fletcher, Sigmont,	2003	Fayetteville, AR
4. 11:13.72	Dailey, Savary, Babatunde, Kleinmann,	2000	Fayetteville, AR

HIGH JUMP

1. 5-11.25	Jessica Johnson	2003	Gainesville, FL
2. 5-10.75	Jessica Johnson	2003	Norman, OK
	Jessica Johnson	2003	Fayetteville, AR
4. 5-10	Jennifer McDonald	1989	Fayetteville, AR
5. 5-9	DeeDee Brown	2000	Fayetteville, AR
	Jennifer McDonald	1991	Fayetteville, AR

Jennifer McDonald owned the oldest indoor record with her 1989 high jump performance, but that was eclipsed in 2003. She still has the fourth-best jump in UA history.

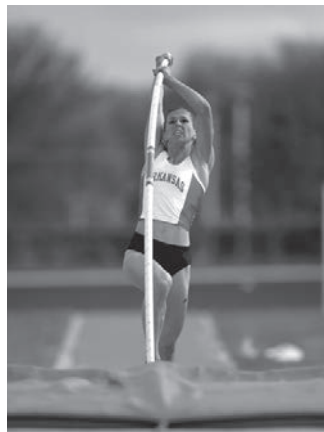


Perhaps the greatest pure athlete in Arkansas history, Gi-Gi Miller owns three event records including the indoor and outdoor triple jump. Miller was the first field event national champion at Arkansas.



POLE VAULT

1. 14-3.25	April Steiner	2003	Fayetteville, AR
2. 13-9.75	April Steiner	2003	Norman, OK
3. 13-9.5	April Steiner	2003	Reno, NV
4. 13-8.25	Stacie Manuel	2003	Gainesville, FL
5. 13-7.25	April Steiner	2002	Fayetteville, AR



A four-time all-American in the vault, April Steiner holds both indoor and outdoor pole vault records and most of Arkansas' top-five marks.

TRIPLE JUMP

1. 44-4	Gi-Gi Miller	2001	Fayetteville, AR
2. 43-4.5	Gi-Gi Miller	2001	Joplin, MO
3. 42-8.75	Gi-Gi Miller	2001	Lexington, KY
4. 42-6	Cynthia Moore	1990	Indianapolis, IN
5. 42-4.25	Angel Heath	2003	Gainesville, FL

SHOT PUT

1. 51-9.25	Amber Crumbo	2000	Manhattan, KS
2. 50-10.25	Marie LeJour	2001	Fayetteville, AR
3. 50-9.25	Amber Crumbo	2000	Norman, OK
4. 50-4.5	Jessica Sommerfeld	2002	Joplin, MO
5. 50-2.5	Amber Crumbo	2000	Colorado Springs, CO

20-LB. WEIGHT THROW

1. 68-6.5	Brandy Blackwood	2005	Fayetteville, AR
2. 67-4.75	Brandy Blackwood	2005	Fayetteville, AR
3. 66-2.5	Brandy Blackwood	2005	Fayetteville, AR
4. 65-11	Brandy Blackwood	2005	New York, NY
5. 64-2.5	Marie LeJour	2002	Fayetteville, AR

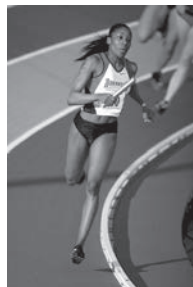
PENTATHLON

1. 4,141	DeeDee Brown	2002	Fayetteville, AR
2. 4,076	Beyonka McDowell	2005	Fayetteville, AR
3. 3,929	Elizabeth Everts	2003	Gainesville, FL
4. 3,787	Loren Leaverton	2002	Fayetteville, AR
5. 3,778	Jessica Johnson	2003	Gainesville, FL

LONG JUMP

1. 20-11.25	Angel Heath	2003	Gainesville, FL
2. 20-9	Angel Heath	2002	Ames, IA
3. 20-8	Angel Heath	2002	Fayetteville, AR
4. 20-7	Antoinette Reed	1994	Okla. City, OK
5. 20-6.25	Antoinette Reed	1993	Ames, IA

Angel Heath made a name for herself in 2002 with the Arkansas long jump record, then broke that mark again in 2003 with a 20-11 ¼ performance at the SEC Championships.



PENTATHLON EVENT RECORDS

60-METER HURDLES

8.44	Beyonka McDowell	2005	Fayetteville, AR
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HIGH JUMP

5-10.75	Jessica Johnson	2003	Gainesville, FL
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SHOT PUT

45-8	Beyonka McDowell	2005	Fayetteville, AR
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LONG JUMP

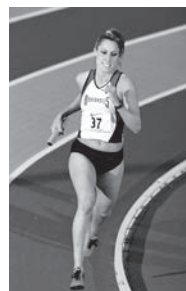
19-9.75	DeeDee Brown	2002	Fayetteville, AR
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800 METERS

2:20.34	Loren Leaverton	2002	Fayetteville, AR
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Londa Bevins was the first Lady'Back to break Trine Pilskog's mile record indoors and behind her teammate and mile record holder Christin Wurth, the duo powered the Lady'Backs to the distance medley record.



Loren Leaverton not only gave Arkansas a solid 1-2 punch in the multis during her two seasons, she was also a valuable member of the Lady Razorback relay efforts.



Arkansas Lady Razorback Track & Field

Outdoor Top Five

100 METERS

1.	11.10	Veronica Campbell	2004	Oxford, MS
2.	11.12	Veronica Campbell	2004	Oxford, MS
3.	11.19	Veronica Campbell	2004	Waco, TX
4.	11.27	Veronica Campbell	2004	Philadelphia, PA
5.	11.29	Elisha Brewer	1998	Springfield, MO

Wind-Aided Marks

11.26	LaShaunte'a Moore	2004	Austin, TX
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Elisha Brewer set four individual school records in 1998. Along with the 200-meter record indoors, she set outdoor marks in the 100, 200 and 100-meter hurdles.

200 METERS

1.	22.41	Veronica Campbell	2004	Oxford, MS
2.	22.85	Veronica Campbell	2004	Oxford, MS
3.	23.31	Elisha Brewer	1998	Springfield, MO
4.	23.38	LaShawn Haythe	1989	Norman, OK
5.	23.50	LaShaunte'a Moore	2004	Oxford, MS

Wind-Aided Marks

22.37	LaShaunte'a Moore	2004	Austin, TX
22.41	LaShaunte'a Moore	2004	Austin, TX
22.65	LaShaunte'a Moore	2004	Baton Rouge, LA
23.30	LaShaunte'a Moore	2004	Baton Rouge, LA

400 METERS

1.	52.83	Tominque Boatright	2006	Knoxville, TN
2.	53.10	Tominque Boatright	2006	Fayetteville, AR
3.	53.25	Tominque Boatright	2006	Knoxville, TN
4.	53.28	Jessica Cousins	2006	Waco, TX
5.	53.30	Tominque Boatright	2006	Fayetteville, AR
	53.30	Jessica Cousins	2006	Fayetteville, AR

2006 was a banner year for Arkansas in the 400 meters as Tominque Boatright eclipsed the indoor and outdoor records, the oldest sprint marks in the Lady Razorback record book.



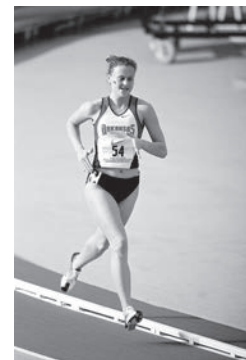
800 METERS

1.	2:01.91	Aneita Denton	2005	Kingston, JAM
2.	2:02.84	Aneita Denton	2005	Sacramento, CA
3.	2:02.93	Aneita Denton	2005	Nashville, TN
4.	2:02.94	Aneita Denton	2005	Nashville, TN
5.	2:03.78	Tanya Blake	1994	Walnut, CA

1,500 METERS

1.	4:10.49	Christin Wurth	2003	Sacramento, CA
2.	4:13.18	Christin Wurth	2003	Sacramento, CA
3.	4:14.54	Christin Wurth	2003	Knoxville, TN
4.	4:15.04	Christin Wurth	2003	Palo Alto, CA
5.	4:15.35	Londa Bevins	2003	Palo Alto, CA
	4:15.35	Londa Bevins	2003	Sacramento, CA

In what turned out to be an unprecedented year in the 1,500-meter run, the Lady Razorbacks were spoiled with two individuals who broke their school record. Christin Wurth ended the season with the honor of being Arkansas' record holder in the event when she ran 4:10.49 at the NCAA Championships, nearly six seconds faster than the old record.



3,000 STEEPLECHASE

1.	10:01.52	Lilli Kleinmann	2001	Philadelphia, PA
2.	10:04.99	Lilli Kleinmann	2001	Eugene, OR
3.	10:12.78	Lilli Kleinmann	2001	Eugene, OR
4.	10:13.89	Lilli Kleinmann	2001	Columbia, SC
5.	10:16.01	Maureen Scott	2004	Oxford, MS

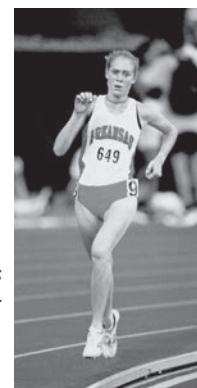


New in 2001, Lilli Kleinmann took to the steeplechase like a fish to water where she held the nation's second-fastest time and Arkansas' school record at 10:01.52.

An 11-time all-American, Jessica Dailey's run at the 2000 Mt. SAC Relays in the 5,000-meters still stands as the time to beat.

5,000 METERS

1.	15:48.89	Jessica Dailey	2000	Walnut, CA
2.	15:49.85	Amy Yoder Begley	1999	Palo Alto, CA
3.	15:52.80	Amy Yoder Begley	2000	Walnut, CA
4.	15:54.74	Amy Yoder Begley	2001	Eugene, OR
5.	15:54.99	Christin Wurth	2003	Walnut, CA



10,000 METERS

1.	32:58.2	Claire Lavers	1991	Walnut, CA
2.	33:06.84	Amy Yoder Begley	2000	Walnut, CA
3.	33:15.08	Jamie Park	1991	Eugene, OR
4.	33:32.77	Michelle Byrne	1993	Walnut, CA
5.	33:37.4	Aisling Ryan	1988	Walnut, CA



100-METER HURDLES

1.	12.98	Elisha Brewer	1998	New Orleans, LA
2.	13.05	Kyla Shoemake	2000	Durham, NC
3.	13.08	Kyla Shoemake	2000	Durham, NC
4.	13.09	Elisha Brewer	1998	New Orleans, LA
	13.09	Elisha Brewer	1998	New Orleans, LA

Wind Aided Marks

	13.08	Elisha Brewer	1998	Gainesville, FL
	13.08	Kasia Williams	2004	Baton Rouge, LA

400-METER HURDLES

1.	56.99	Tawa Babatunde	2001	Atlanta, GA
2.	57.02	Tawa Babatunde	2000	Atlanta, GA
3.	57.34	Tawa Babatunde	2001	Fayetteville, AR
4.	57.36	Tawa Babatunde	2001	Des Moines, IA
5.	57.63	Tawa Babatunde	2001	Des Moines, IA



Knocking on the door of the 400-meter hurdles record for two-and-a-half years, Tawa Babatunde finally broke Shannon Carter's 1992 record by a second, then dipped below the 57-second mark as a senior.

400-METER RELAY

1.	43.84	Williams, Moore, Neely, Campbell, 2004	Austin, TX
2.	43.86	Williams, Moore, Neely, Campbell, 2004	Austin, TX
3.	44.09	Neely, Campbell, Williams, Moore, 2004	Oxford, MS
4.	44.15	Madison, Brewer, Harris, Shoemake, 1998	Gainesville, FL
5.	44.63	Madison, Brewer, Harris, Shoemake, 1998	Fayetteville, AR

1,600-METER RELAY

1.	3:28.78	Rolle, Cousins, Farrell, Boatright, 2006	Sacramento, CA
2.	3:30.32	Rolle, Cousins, Farrell, Boatright, 2006	Sacramento, CA
3.	3:34.17	Rolle, Farrell, Martin, Boatright, 2006	Knoxville, TN
4.	3:35.36	Savary, Gyasi-Nimako, Mitchell, Heath, 2002	Starkville, MS
5.	3:35.50	Bell, Gyasi-Nimako, Miller, Babatunde, 2001	Columbia, SC

HIGH JUMP

1.	6-1.25	Jessica Johnson	2003	Sacramento, CA
2.	6-0.5	Jessica Johnson	2003	Palo Alto, CA
3.	6-0	Jessica Johnson	2003	Philadelphia, PA
4.	5-11.25	Jennifer McDonald	1990	Col. Station, TX
5.	5-10.75	Jessica Johnson	2003	Los Angeles, CA
	5-10.75	Jessica Johnson	2004	Oxford, MS



Jessica Johnson's junior season was fabulous. The NCAA runner-up, Johnson became the first Lady'Back to clear six feet, then pushed the bar to 6-1 1/4 at the NCAA Championships.

POLE VAULT

1.	14-0	April Steiner	2003	Philadelphia, PA
2.	13-11	Jodi Unger	2006	Fayetteville, AR
3.	13-9.5	Stacie Manuel	2004	Philadelphia, PA
	13-9.5	April Steiner	2003	Fayetteville, AR
5.	13-7.25	Jodi Unger	2006	Sacramento, CA
		April Steiner	2003	Knoxville, TN

Jodi Unger broke April Steiner's strangle hold on Arkansas' outdoor pole vault marks in 2006 and set the SEC Championships record in the process when she cleared 13-11 at the conference meet.



LONG JUMP

1.	20-10	Toshei Woods	1993	Fayetteville, AR
2.	20-7.25	Cynthia Moore	1990	Col. Station, TX
3.	20-6.25	Cynthia Moore	1989	Waco, TX
4.	20-5.75	Toshei Woods	1993	Knoxville, TN
	20-5.75	Beyonka McDowell	2005	Walnut, CA

TRIPLE JUMP

1.	44-7.5	Gi-Gi Miller	2001	Eugene, OR
2.	43-10.75	Gi-Gi Miller	2001	Beijing, China
3.	43-5	Gi-Gi Miller	2001	Springfield, MO
4.	43-1.75	Gi-Gi Miller	2001	Eugene, OR
5.	42-10.25	Gi-Gi Miller	2000	Austin, Texas
	42-10.25	Mariann Ahuna	2003	Knoxville, TN



Arkansas Lady Razorback Track & Field

Outdoor Top Five

SHOT PUT

1. 51-8	Amber Crumbo	2000	Joplin, Mo
2. 50-4	Amber Crumbo	2000	Walnut, CA
3. 49-10	Amber Crumbo	2000	Austin, TX
4. 49-7	Sheila Sims	1996	Baton Rouge, LA
5. 49-1	Sheila Sims	1996	Lexington, KY

DISCUS

1. 169-0	Marie LeJour	2001	Columbia, SC
2. 166-10	Kelley Bickham	1997	Fayetteville, AR
3. 165-4	Marie LeJour	2001	Long Beach, CA
4. 164-11	Marie LeJour	2001	Austin, TX
5. 164-7	Marie LeJour	2001	Walnut, CA

Marie LeJour stepped right into the SEC action in her first year by winning the SEC Outdoor Commissioner's Trophy. She scored in four events at the conference meet, and set Lady Razorback records in the discus and hammer throws outdoors and the weight throw indoors.



JAVELIN

1. 158-3	Jessica Sommerfeld	2002	Starkville, MS
2. 152-9	Jessica Sommerfeld	2002	Fayetteville, AR
3. 147-4	Jessica Sommerfeld	2002	Atlanta, GA
4. 146-8	Carly Bloomfield	2006	Fayetteville, AR
5. 146-6	Jessica Sommerfeld	2002	Starkville, MS



Jessica Sommerfeld came to Arkansas her senior year and as a shot putter, but left as the Lady Razorback record holder in the javelin. Carly Bloomfield broke Sommerfeld's hold on Arkansas' top spots in 2006 with her SEC Championships toss of 146-8.



HAMMER

1. 192-9	Brandy Blackwood	2005	Bloomington, IN
2. 192-7	Brandy Blackwood	2005	Nashville, TN
3. 190-10	Brandy Blackwood	2005	Fayetteville, AR
4. 190-7	Marie LeJour	2002	Fayetteville, AR
5. 189-4	Marie LeJour	2002	Starkville, MS

HEPTATHLON

1. 5,925	Gi-Gi Miller	2001	Eugene, OR
2. 5,777	Gi-Gi Miller	2000	Durham, NC
3. 5,704	Gi-Gi Miller	2001	Columbia, SC
4. 5,700	DeeDee Brown	2001	Columbia, SC
5. 5,629	DeeDee Brown	2001	College Station, TX



A jack of all trades, DeeDee Brown is one of just two Lady Razorbacks to eclipse the 5,700-point plateau in the heptathlon. She also set or equaled three Arkansas event records in the multis and holds the indoor pentathlon mark.

HEPTATHLON EVENT RECORDS

100-METER HURDLES			
13.11	Gi-Gi Miller	2001	Eugene, OR
HIGH JUMP			
5-10.75	Jessica Johnson	2004	Oxford, MS
SHOT PUT			
45-7	Beyonka McDowell	2005	Nashville, TN
200 METERS			
23.65	Gi-Gi Miller	2000	Eugene, OR
LONG JUMP			
20-1.75	Beyonka McDowell	2005	Nashville, TN
JAVELIN			
138-3	DeeDee Brown	2001	Columbia, SC
800 METERS			
2:13.98	Gi-Gi Miller	2000	Durham, NC
FIRST-DAY SCORE			
3,720 pts.	Gi-Gi Miller	2001	Eugene, OR
SECOND-DAY SCORE			
2,269 pts.	Gi-Gi Miller	2000	Durham, NC

Arkansas' trio of heptathletes in 2000, Gi-Gi Miller, Jamie Walker and DeeDee Brown, all earned all-America honors at the NCAA Outdoor Championships.





300 METERS - INDOORS

1.	39.37	Kerri-Ann Mitchell	2004	South Bend, IN
2.	40.05	Lisa Sparks	1983	Fayetteville, AR
	40.05	Patricia Johnson	1986	Fayetteville, AR
4.	40.70	Shaneatra Neely	2004	South Bend, IN
5.	41.37	Pat Lowe	1987	Fayetteville, AR

500 METERS - INDOORS

1.	1:12.85	Teresa Barr	1984	Fayetteville, AR
2.	1:14.22	Teresa Barr	1984	Fayetteville, AR
3.	1:14.99	Patricia Johnson	1986	Fayetteville, AR
4.	1:16.99	Patricia Johnson	1986	Fayetteville, AR
5.	1:17.24	Erica Sigmont	2004	South Bend, IN

1,000 METERS - INDOORS

1.	2:43.82	Melody Sye	1987	Okla. City, OK
2.	2:54.05	Melody Sye	1987	Okla. City, OK
3.	2:48.84	Melody Sye	1986	Okla. City, OK
4.	2:50.54	Sarah Schwald	1994	Lincoln, NE
5.	2:50.80	Stephanie Barrett	1992	Lincoln, NE

1,500 METERS - INDOORS

1.	4:28.30	Melody Sye	1986	Fayetteville, AR
2.	4:29.32	Melody Sye	1986	Fayetteville, AR
3.	4:34.08	Edel Hackett	1986	Fayetteville, AR
4.	4:34.48	Cathy Stone	1983	Fayetteville, AR
5.	4:37.89	Jody Rittenhouse	1981	Pocatello, ID

300 YARDS

1.	35.91	Lisa Sparks	1983	Lincoln, NE
2.	36.05	Lisa Sparks	1983	Norman, OK
3.	36.50	Gloria Russell	1982	Lawrence, KS
4.	36.61	Lisa Sparks	1983	Norman, OK
5.	36.65	Diann Ousley	1980	Columbia, MO

440 YARDS

1.	55.50	Lisa Sparks	1983	Pontiac, MI
2.	55.73	Teresa Barr	1984	Norman, OK
3.	56.01	Lisa Sparks	1983	Pontiac, MI
4.	56.01	Diann Ousley	1980	Norman, OK
5.	57.08	Lisa Sparks	1983	W. Lafayette, IN

600 YARDS

1.	1:21.17	Diann Ousley	1979	Columbia, MO
2.	1:22.11	Tawa Babatunde	2000	Norman, OK
3.	1:22.58	Diann Ousley	1980	Baton Rouge, LA
4.	1:22.90	Diann Ousley	1980	Baton Rouge, LA
5.	1:23.29	Diann Ousley	1979	Columbia, MO

880 YARDS

1.	2:12.01	Melody Sye	1987	Okla. City, OK
2.	2:13.00	Siobhan Kavanagh	1984	Columbia, MO
3.	2:13.04	Siobhan Kavanagh	1985	Ft. Worth, TX
4.	2:13.90	Melody Sye	1986	Okla. City, OK
5.	2:15.09	Siobhan Kavanagh	1984	Ft. Worth, TX

TWO MILE

1.	10:12.4	Jackie Mota	1987	Ft. Worth, TX
2.	10:26.6	Edel Hackett	1984	Ft. Worth, TX
3.	10:28.67	Isabelle Hozang	1985	Columbia, MO
4.	10:29.6	Edel Hackett	1987	Ft. Worth, TX
5.	10:30.4	Maria Tillman	1982	Charleston, IL

THREE MILE

1.	16:16.7	Maria Tillman	1982	Lawrence, KS
2.	16:29.41	Maria Tillman	1982	Columbia, MO
3.	16:30.0	Maria Tillman	1982	Cedar Falls, IA
4.	17:16.5	Allison Welk	1985	Lawrence, KS
5.	18:01.89	Bonnie Moore	1984	Columbia, MO

MILE RELAY

1.	3:48.69	Russell, Bedford, Sparks, Ousley,	1980	Columbia, MO
2.	3:50.67	Russell, Bedford, Sparks, Ousley,	1979	Columbia, MO
3.	3:52.14	Rittenhouse, Bedford, Armstrong, Ousley,	1979	Columbia, MO
4.	3:52.92	Elmore, Hall, Johnson, Barr,	1984	Norman, OK
5.	3:53.51	Barr, Bedford, Sparks, Ousley,	1980	Baton Rouge, LA

800-METER RELAY - INDOORS

1.	1:41.45	Johnson, Sparks, Russell, Harris,	1982	Columbia, MO
2.	1:42.14	Johnson, Sparks, Russell, Harris,	1983	W. Lafayette, IN
3.	1:42.19	Johnson, Sparks, Russell, Harris,	1982	Charleston, IL
4.	1:42.32	No Order Available,	1980	Baton Rouge, LA
5.	1:42.7	Thompson, Frase, Moore, Haythe,	1988	Fayetteville, AR

800-METER RELAY - OUTDOORS

1.	1:34.90	Neely, Gyasi-Nimako, Heath, Mitchell,	2002	Des Moines, IA
2.	1:35.55	Neely, Gyasi-Nimako, Heath, Mitchell,	2002	Des Moines, IA
3.	1:38.72	Haythe, Thompson, Moore, Stewart,	1990	Lawrence, KS
4.	1:39.01	Thompson, Moore, Stewart, Haythe,	1989	Lawrence, KS
5.	1:39.02	Haythe, Thompson, Moore, Stewart,	1990	Des Moines, IA

3,200-METER RELAY - INDOORS

1.	8:43.62	Blake, Schwald, Pillow, Teter,	1993	Ames, IA
2.	8:44.64	Blake, Schwald, Pillow, Teter,	1993	Indianapolis, IN
3.	8:49.66	Lavers, Barrett, Teter, Olivares,	1992	Lincoln, NE
4.	8:55.55	Blake, Schwald, Pillow, Teter,	1993	Lincoln, NE
5.	8:58.88	Barker, Stone, Hackett, S. Kavanagh,	1984	Fayetteville, AR

3,200-METER RELAY - OUTDOORS

1.	8:29.13	Farrell, Barr, Sigmont, Denton,	2005	Des Moines, Iowa
2.	8:34.13	Sigmont, Denton, Spaulding, Bevins,	2004	Philadelphia, PA
3.	8:38.03	Farrell, Barr, Sigmont, Denton,	2005	Austin, Texas
4.	8:40.04	Bevins, Wurth, Sigmont, Byrd,	2002	Philadelphia, PA
5.	8:47.66	Yoder Begley, Dailey, Wurth, Robertson,	2000	Austin, TX

SHUTTLE HURDLE RELAY - OUTDOORS

1.	54.23	Brewer, Shoemake, Sealy, Robinson,	1998	Philadelphia, PA
2.	55.17	Miller, Brown, Walker, Shoemake,	2000	Fayetteville, AR
3.	55.18	Miller, Brown, Walker, Shoemake,	2000	Philadelphia, PA
4.	55.85	Miller, Brown, Leaverton, Bell,	2001	Des Moines, IA
5.	59.17	Neely, Bell, Brown, Leaverton,	2002	Lawrence, KS



All-Americans

ARKANSAS LADY RAZORBACK TRACK & FIELD



**CATHERINE
ALLSOPP**

Ind. DMR-1995



**TAWA
BABATUNDE**

Ind. DMR-2000, '01
Out. 400-Hur-2001



**DACIA
BARR**

Ind. DMR-2005



**AMY
YODER BEGLEY**

Ind. 3K- '98, '00
5K- '99, '00
DMR-1998, '99
Out. 5K- '97, '99, '00
10K- '00, '01
XC '96, '97, '98, '99



**LONDA
BEVINS**

Ind. Mile-2003
DMR-2002, '03
Out. 1,500-2003, '04
XC 2002



**BRANDY
BLACKWOOD**

Ind. WT-2005



**TANYA
BLAKE**

Out. 3,200R-1993



**TOMINQUE
BOATRRIGHT**

Ind. 400-2006
DMR-2005
Out. 1,600R-2006



**JESSICA
DAILEY**

Ind. Mile-1999
3K-2000
DMR- '98, '99, '00
Out. 3K-1998, '00
5K-1999, '00
XC 1998, '99



**ANEITA
DENTON**

Ind. 800-2005
1,600R-2004
DMR-2005
Out. 800-2005



**DEENA
DROSSIN**

Ind. 5K-1993, '94
Out. 5K-1992
10K-1994, '96
XC 1992, '93, '94



**PAULINE
DURRAN**

XC 1992



**PAIGE
FARRELL**

Ind. DMR-2005
Out. 1,600R-2006



**DAWNYELL
FLETCHER**

Ind. DMR-2001, '03



**MEGAN
FLOWERS**

Ind. 3K-1994
5K-1995, '97
DMR-1995
Out. 3K-1996
5K-1994, '95
XC 1993, '94, '95



**KAREN
GOODBERLET**

Out. 3,200R-1982



**CLAIRE
LAVERS**

Ind. 3K-1991
Out. 3K-1991
XC 1990



**MARIE
LEJOUR**

Ind. WT-2002



**STACIE
MANUEL**

Ind. PV-2003, '05
Out. PV-2005



**AMY
McKINLEY**

Out. 10K-1995



**GI-GI
MILLER**

Ind. TJ-2001
Out. TJ-2001
Hep-2000, '01



**KERRI-ANN
MITCHELL**

Ind. 1,600R-2004



**CYNTHIA
MOORE**

Ind. TJ-1990, '91
Out. TJ-1990, '91



**LASHAUNTE'A
MOORE**

Ind. 200-2004
Out. 1,600R-2004
100-2004
200-2004
400R-2004



**JODY
RITTENHOUSE**

Out. 1,500m-1981
3,200R-1982
XC 1978



**TRACY
ROBERTSON**

Ind. Mile-2000, '01
3K- '98, '00, '01
DMR-1998, '99
Out. 1,500m-2001
3K-1998



**SASHA
ROLLE**

Out. 1,600R-2006



**GLORIA
RUSSELL**

Out. 400R-1982



**NICOLE
SAVARY**

Ind. DMR-2000



**SARAH
SCHWALD**

Ind. Mile-1994
3K-1995
Out. 1500m- '93, '94, '95
3,200R-1993
XC 1993, '94



**MAUREEN
SCOTT**

Out. Steeple-2004



**KYLA
SHOEMAKE**

Out. 100 Hur.-2000



**BROOKE
UPSHAW**

XC 2006



**JAMIE
WALKER**

Out. Hept-2000



**FELISHA
WILLIAMS**

Ind. DMR-1995



**KASIA
WILLIAMS**

Ind. 60 Hur.-2005
Out. 100 Hur.-2005
400R-2004



**TOSHEI
WOODS**

Ind. LJ-1994



**CHRISTIN
WIRTH**

Ind. Mile-2003
DMR-2001
Out. 1,500-2003
XC 2002

ARKANSAS LADY RAZORBACK TRACK & FIELD

All-Americans



**ELISHA
BREWER**

Ind. 55m-1998



**DEEDEE
BROWN**

Out. Hept-2000, '02



**ANDREINA
BYRD**

Ind. DMR-2001, '02



**MICHELLE
BYRNE**

Out. 10,000m-1992
XC



**VERONICA
CAMPBELL**

Ind. 60-2004
200-2004
1,600R-2004
Out. 400R-2004



**SHANNON
CARTER**

Out. 400 Hur.-1991



**JESSICA
COUSINS**

Out. 1,600R-2006



**JENNIFER
CULP**

Ind. PV-2003, '04
Out. PV-2004



**EDEL
HACKETT**

Out. 5K-1984



**DAPHNE
HARRIS**

Ind. DMR-1998, '99



**WANDA
HARRIS**

Out. 400R-1982



**ANGEL
HEATH**

Ind. DMR-2002, '03
LJ-2002



**DONNA
HUPPLER**

Out. 3,200R-1982



**JESSICA
JOHNSON**

Ind. HJ-2003
Out. HJ-2003



**PATRICIA
JOHNSON**

Out. 400R-1982



**LILLI
KLEINMANN**

Ind. 3K-2000
DMR-2000
Out. Steeple-2001
XC 1999, '00



**JACKIE
MOTA**

XC 1989



**SHANEATRA
NEELY**

Out. 400R-2004



**DIANN
OUSLEY**

Ind. 600-1979



**JAMIE
PARK**

Ind. 5K-1991
Out. 10K-1991



**CLAIRE
PHYTHIAN**

Out. Hept-1995



**RENE
PILLOW**

Out. 3,200R-1993



**TRINE
PILSKOG**

Ind. Mile-1995, '96
DMR-1995
Out. 3K-1995



**ANTIONETTE
REED**

Ind. LJ-1993, '94



**ERICA
SIGMONT**

Ind. 800-2005
Mile-2003
DMR-2002, '03
Out. 1,500-2003



**LISA
SPARKS**

Out. 440y-1983
400R-1982



**APRIL
STEINER**

Ind. PV-2001, '02, '03
Out. PV-2003



**CATHY
STONE**

Out. 3,200R-1982



**MELODY
SYE**

Ind. 1K-1987
Mile-1989
Out. 1,500m-1989
XC 1986, '87



**SHELLEY
TAYLOR**

Out. 5K-1993
XC 1992, '93



**NICOLE
TETER**

Ind. 800m-1992
Out. 3,200R-1993



**JODI
UNGER**

Ind. PV-2006
Out. PV-2006

Arkansas' double-digit all-Americans

Amy Yoder Begley (1996-2000)	15
Jessica Dailey (1998-2000)	11
Megan Flowers (1993-1997)	10

Current all-American athletes

Dacia Barr (1)	Ind. DMR
Tominque Boatright (3)	Ind. 400, DMR, Out. 1,600R
Jessica Cousins (1)	Out. 1,600R
Paige Farrell (2)	Ind. DMR, Out. 1,600R
Sasha Rolle (1)	Out. 1,600R
Jodi Unger (2)	Ind. PV, Out. PV
Brooke Upshaw (1)	XC

All-Americans By Event

Cross Country	27
Indoor Track	92
55 meters	1
60 meters	1
200 meters	2
400 meters	1
600 meters	1
800 meters	3
1,000 meters	1
Mile	10

3,000 meters	10
5,000 meters	7
60-meter Hurdles	1
1,600-meter Relay	4
Distance Medley Relay	32
High Jump	1
Pole Vault	8
Long Jump	4
Triple Jump	3
Weight Throw	2
Outdoor Track	77
100 meters	1
200 meters	1
440 yards	1
800 meters	1
1,500 meters	10
3,000 meters	6
Steeplechase	2
5,000 meters	10
10,000 meters	7

100-meter Hurdles	2
400-meter Hurdles	2
400-meter Relay	8
1,600-meter Relay	4
3,200 meter Relay	8
High Jump	1
Pole Vault	4
Triple Jump	3
Heptathlon	6



National Champions

Diann Ousley - 1979 College Indoor 600 yards

As a junior in high school, Diann Ousley was one of the best in the country, but an injury as a senior kept coaches from recruiting her. Coming to Arkansas, Ousley regained the form from her junior year and won the Lady Razorbacks' first national title.

Competing in the 600-yard run at the 1979 national collegiate meet, Ousley shocked the country by beating the defending national champion, Lee Ballenger of Colorado, and the meet record holder, Doraine Lambelet of Villanova, for the title. Her time of 1:21.22 is still a school record in the event and paced the Lady'Backs to a fifth-place national finish.

Jamie Park - 1991 Outdoor 10,000 meters

A transfer from Cal Poly-San Luis Obispo and a Division II national champion at 10,000 meters as a freshman, Jamie Park barely made the NCAA Championship meet as the 16th entry in a 16-person field. With a career best of 34:15.08, no one expected Jamie Park to step in at Arkansas and compete for a national championship as a sophomore.

"Carole Zajac of Villanova was the favorite," Arkansas head coach Lance Harter reflected. "Jamie would always peak at the right time, but she had never run 33 minutes in the 10K."

The race began with a large pack in the front where Park would sit between fourth and sixth throughout most of the race. At the five-mile mark, Park moved into the lead which she did without much competition. Soon after she would look to her coach for the green light to move on. With the signal, Park pushed the pace of the race and powered the last 800 meters around the track to finish in an astonishing 33:15.08. Park's championship was the first NCAA title in Arkansas history as well as the first outdoor championship.



Trine Pilskog - 1995 Indoor Mile

The 1995 indoor track championships were a special time for the Lady Razorbacks as two individuals won NCAA championships. The first to accomplish the feat was Norwegian Trine Pilskog in the mile. Pilskog qualified for the NCAA meet with a time of 4:42.27, but struggled during the prelims of the national championship, finishing 10th with a mark of 4:50.95.

"Trine was the last person to qualify for the finals," Lance Harter said. "She barely got in by just hundredths of a second. Our plan for the finals was to sit in and let the field do all the work."

Pilskog followed the game plan set forth by her coach and put herself in decent position with 400 meters to go. With just 250 meters left in the race, Pilskog rose to a new level, according to Harter, and pulled away from the field to win the race with a personal best 4:39.19. Her winning time was the Norwegian indoor national record as well as a Lady Razorback record.

Sarah Schwald - 1995 Indoor 3,000 meters

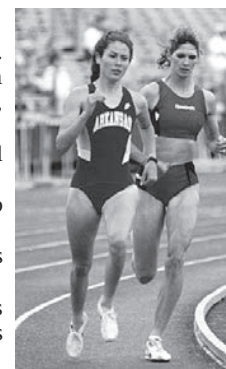
Sarah Schwald was a national competitor in many races, but failed to win a national title until the 1995 indoor season. Entering the championships with a mark of 9:35.2 for 3,000 meters, Schwald improved during the prelims of the race with a time of 9:33.16, which placed her in good position heading into the finals where she would have to face the favorite, Christine Stief of Boston University.

"Sarah was definitely a contender for the title," said Lance Harter. "When she saw Trine Pilskog win her national championship, there was no stopping her in that race. She was extremely focused."

The race began with a large pack at the front of the field but many of the contenders started to fall off the lead group as the race wore on. Soon it came down to Schwald and Stief, and with 400 meters to go both looked very strong.

"They both looked good with two laps to go," Harter said. "Then all of a sudden, Sarah passed Stief and the race was over."

Schwald would run a lifetime best 9:19.90 to win the race, less than one second ahead of Stief's 9:20.69. The title was Arkansas' second of the 1995 indoor championships, a feat that wasn't duplicated until 2001, and allowed the Lady'Backs to finish fourth overall at the meet.



Amy Yoder Begley - 2000 Indoor 5,000 meters

Amy Yoder Begley entered the 2000 indoor track meet as a perennial bridesmaid. The junior had finished second or third in several NCAA competitions. All that changed on March 10, 2000, when Yoder Begley entered the 5,000-meter run at the NCAA championships in Fayetteville with the fourth-fastest mark in the country.

The race began like most distance competitions at national meets: a lead pack takes the race out and tries to thin the contenders for the top spot. Yoder Begley stayed with the lead group through the midway point where it became clear that there would be only two people vying for the lead, Yoder Begley and Carrie Tollefson of Villanova. Tollefson would sit on Yoder Begley's side for most of the race, but with 600 meters to go, Yoder Begley made her final move and left Tollefson in her wake. Crossing the finish line in 15:46.89, Yoder Begley won her first national title, set the Arkansas school record and became the first Arkansas athlete to ever win a national championship in Fayetteville.

Tracy Robertson - 2001 Indoor Mile

Entering the 2001 NCAA Indoor Championships, Tracy Robertson held the second-fastest time in the competition as well as a chip on her shoulder. A finalist in the event in 2000, Robertson was among the leaders before getting tripped midway through the race. She would recover for fourth in 2000, but had a point to prove as the 2001 race began.

"Tracy was the epitome of the philosophy of the Arkansas program," Lance Harter would say months later. "She got on the escalator at the bottom and rode it right to the top."

Robertson hung with the leaders for four of the eight laps, then took control. She would be challenged throughout by Mary Jane Harrelson of Appalachian State, the race favorite, but with each surge that Harrelson made, Robertson would fend it off and add more distance between herself and her opposition.

Harrelson would make another strong push with one lap remaining, but as Robertson covered the move, Harrelson would drop off the pace giving Robertson a clear path to victory. Crossing the line in 4:39.10, Robertson established a personal best in the race and beat her competition by three seconds.





Gi-Gi Miller - 2001 Indoor Triple Jump

Gi-Gi Miller was a phenomenal athlete who never concentrated on just one event. A heptathlete by trade, she was a threat in every competition, despite the distance or specialty, and as the 2001 indoor triple jump began, Miller was focused.

"Gi-Gi had to overcome some injuries during indoor track and because of her versatility it took a little longer than we expected," said Lance Harter. "As a competitor, Gi-Gi has the unique ability to psychologically and physiologically go to the next level. During that competition, she just kept getting better with each jump."

Miller went into the finals with a big jump of 43-4.5 which placed her second overall. As the finals began, Miller's talent shined. Opening the final three jumps of competition with a mark of 43-8.75, Miller took the lead and never relinquished it. She would improve her mark with her fifth jump to 44-4, despite a big leap by UCLA's Deana Simmons to end the competition.

Amy Yoder Begley - 2001 Outdoor 10,000 meters

Arguably the greatest distance runner in SEC women's track history, Amy Yoder Begley put a final stamp on her career when she became the first Lady Razorback ever to win a second NCAA individual title. Coming off an Achilles injury, Yoder Begley was not looked at as one of the favorites at the 2001 NCAA Outdoor Track Championships, but she would quickly move up with the leaders and assert her position.

"Our plan was to stay near the front," Lance Harter said. "We wanted to stay in control and resist any challenges. Then the field began to string out and there were a series of challenges that she conquered. A little later, she was able to establish her own challenges and three-quarters of the way through the race was hers."

Exhausted from the heat, Yoder Begley collapsed across the finish line well out in front of her competition for her second national title and her 15th all-America honor, both Lady Razorback school records.



Veronica Campbell - 2004 Indoor 200 meters

Touted as one of the best sprinters of her age group, Veronica did not disappoint the fans at the Randal Tyson Track Center when she entered the finals of the 200 meters with the third-fastest time during prelims. Set up in a prime lane for the final, Campbell roared down the back straight showing her competition why she held the fastest time in the world up to that point.

"Any time you go into a meet as the favorite or the co-favorite, there are always some nerves," Lance Harter said. "Veronica had to run the collegiate record just to win the race, which shows you just how good the competition was. This may have been the greatest 200-meter race ever."

Campbell crossed the finish line in 22.44 seconds, breaking the collegiate record by .05 seconds. The time also set the standard for all runners across the globe as it stood as the fastest 200-meter time in the world during the 2004 indoor season.

LaShaunte'a Moore - 2004 Outdoor 200 meters

Entering the 2004 NCAA Outdoor Championships with the nation's 26th-fastest time, not many expected LaShaunte'a Moore to be a factor in the 200 meters. She became more than a factor when she completed an Arkansas sweep of the 200-meter dash during the '04 seasons. Getting out of the blocks well, Moore was with the leaders at the end of the curve, then used her strength to pull away as the field entered the straightaway.

Facing a world-class field, Moore held off the challengers to cross the finish line in stunning fashion at 22.37 seconds, well ahead of the favorite, Muna Lee of LSU, who finished at 22.55 seconds.

"Phenomenal," Lance Harter said. "Coach (Rolando) Greene called it before we went to nationals, that LaShaunte'a would have a great meet and she certainly did."

Moore's win in the 200 was Arkansas' 10th individual national title and third in the sprints. It also capped off a tremendous season for Arkansas in the ballistic events which re-wrote the Lady Razorback record books.



Aneita Denton - 2005 Indoor 800 meters

As the 2005 NCAA Indoor Championships approached, all the buzz in the 800 meters was about Aneita Denton and Nicole Cook of Tennessee who had battled just two weeks prior to the meet at the SEC Championships to the tune of the collegiate record and third-fastest collegiate mark. Cook got the best of Denton in that race, but Denton would not let the disappointment get her down.

Starting in a pack, Denton made a move with 400-meters to go and built a small lead that was quickly covered by Neisha Bernard-Thomas of LSU. Another charge by Bernard-Thomas put her shoulder-to-shoulder with Denton, but the strength of Denton allowed her to hold off the LSU runner and claim her first national title.

"That couldn't have happened to a better individual," Lance Harter said. "Aneita deserved to win the national championship. She worked really hard, and winning the title is a testament to that work. I am so proud of her."

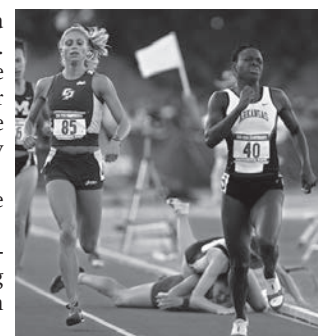
Denton's victory made her the fifth Lady Razorback to win a national indoor title since the completion of the Randal Tyson Track Center, and was the first for a Lady Razorback in the 800 meters.

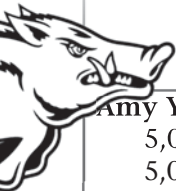
Aneita Denton - 2005 Outdoor 800 meters

Taking the unfamiliar roll of being the one to beat at the 2005 NCAA Outdoor Championships, Aneita Denton worked her way through two rounds of competition before setting up to face a tough field in the finals. The defending NCAA indoor champion entered the final with the fastest time and got off to a fast start with the field. In third place at the break, Denton found herself caught in a box as the runners merged and waited for her way out. The opportunity came just 100 meters later, and Denton cruised to the front of the field to run off the shoulder of Cal Poly's Maggie Vessey. Hitting the homestretch, Denton put it in another gear as she pulled away from the field to sweep the national 800-meter titles.

"What a race," Lance Harter said. "Aneita definitely deserves the title. She could have panicked when she got caught in the box, but kept her head and executed when she got the opportunity."

The sweep of the national 800-meter titles by Denton made her just the third woman in NCAA history to accomplish that task and the first since two-time Olympian Hazel Clark in 1998. She also earned the honor of being the first Lady Razorback to win two NCAA titles in the same academic year, and just the second to win more than one national championship.





Arkansas Lady Razorback Track & Field

Indoor Conference Champions

Amy Yoder Begley

5,000m	16:18.38	2000
5,000m	16:44.13	1999
3,000m	9:37.96	1998
Mile	4:50.22	1998
DMR	11:32.80	1998

Londa Bevins

DMR	11:40.39	2001
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DeeDee Brown

DMR	11:27.97	2000
Pentathlon	4,141 pts.	2002

Andreina Byrd

3,000m	9:31.61	2002
5,000m	16:35.29	2002
DMR	11:40.39	2001



Andreina Byrd took a pair of SEC titles during the 2002 indoor season to win the conference's Commissioner's Trophy.

Veronica Campbell

200m	22.67	2004
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Amber Crumbo

Weight	59-05 3/4	2000
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Jessica Dailey

DMR	11:27.97	2000
Mile	4:44.62	1999
3,000m	9:33.09	1999
DMR	11:32.80	1998

Deena Drossin

5,000m	16:43.83	1996
5,000m	16:30.22	1994
5,000m	16:34.40	1993

Deena Drossin's three SEC Indoor and five overall titles were just a precursor to her Olympic bronze medal.



Dawnyell Fletcher

DMR	11:40.39	2001
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Megan Flowers

5,000m	16:38.30	1997
5,000m	16:28.69	1995

Edel Hackett

2 Mile	10:26.60	*1984
2 Mile	10:40.59	*1983

LaShawn Haythe

55m	6.91	*1990
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Lilli Kleinmann

Mile	4:48.60	2001
3,000m	9:22.82	2001
5,000m	16:39.36	2001
3,000m	9:26.75	2000
DMR	11:27.97	2000

Lilli Kleinmann's five SEC indoor titles tie her for the all-time lead in Lady Razorback history. Her 2001 trifecta makes her the only Lady'Back to win three conference championships in the same meet.



Claire Lavers

3,000m	9:24.56	1992
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Loren Leaverton

DMR	11:40.39	2001
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Stacie Manuel

PV	13-4 1/4	2005
PV	13-8 1/2	2003



In 2003 Stacie Manuel shocked the conference when she took the first of her two SEC titles as a true freshman.

Tracy Robertson

Mile	4:41.12	2000
DMR	11:32.80	1998

Sarah Schwald

3,000m	9:42.52	1995
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Erica Sigmont

Mile	4:54.40	2005
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Penny Splichal

3,000m	9:21.56	2006
5,000m	16:09.14	2006

Melody Sye

Mile	4:45.64	*1989
1,000y	2:30.92	*1987

Christin Wurth

3,000m	9:23.36	2003
5,000m	16:30.41	2003

Indoor Titles By Year

Year	Titles	Events
2006.....	2.....	3K, 5K
2005.....	3.....	Mile, PV, Pen.
2004.....	1.....	200
2003.....	3.....	3K, 5K, PV
2002.....	3.....	3K, 5K, Pen.
2001.....	4.....	Mile, 3K, 5K, DMR
2000.....	5.....	Mile, 3K, 5K, DMR, WT
1999.....	3.....	Mile, 3K, 5K
1998.....	3.....	Mile, 3K, DMR
1997.....	1.....	5K
1996.....	1.....	5K
1995.....	3.....	Mile, 3K, 5K
1994.....	1.....	5K
1993.....	1.....	5K
1992.....	2.....	3K, 5K
1991.....	1.....	5K
1990.....	1.....	55
1989.....	1.....	Mile
1988.....	1.....	3K
1987.....	1.....	1,000 yards
1984.....	1.....	2 mile
1983.....	1.....	2 mile

Indoor Titles By Event

Event	Titles	Last
55m	1.....	'90
200m	1.....	'04
1000y.....	1.....	'87
Mile	7.....	'05
3,000m	10.....	'06
2 Mile	2.....	'84
5,000m	13.....	'06
DMR	3 (12)	'01
Pole Vault	2.....	'05
Weight	1.....	'00
Pentathlon	2.....	'05
Totals	43	

Beyonka McDowell

Pentathlon	4,076 pts.	2005
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Desiree Owen

DMR	11:32.80	1998
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Jamie Park

5,000m	16:49.25	1992
5,000m	16:22.59	*1991

Jenny Petite

DMR	11:27.97	2000
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Trine Pilskog

Mile	4:49.47	1995
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Sally Ramsdale

3,000m	9:20.64	*1988
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Amy Yoder Begley

5,000m	16:16.36	2001
10,000m	35:23.40	2001
5,000m	16:48.33	2000
10,000m	35:59.22	2000
5,000m	17:07.62	1999
10,000m	34:40.39	1999
3,000m	9:29.65	1997
5,000m	16:28.42	1997

Amy Yoder Begley is not just Arkansas' all-time leader, but the Southeastern Conference's leader for female SEC titles with 15. She was also the fourth woman in conference history to sweep an event for four years when she won the 5,000 meters in 2001.



Tanya Blake

800m	2:06.60	1994
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DeeDee Brown

Heptathlon.....	5,560 pts.	2000
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Andreina Byrd

5,000m	16:44.87	2002
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Michelle Byrne

10,000m	35:08.02	1993
10,000m	35:22.59	1992

Veronica Campbell

100m	11.12	2004
200m	22.41	2004

Susan Cope

Javelin	143-4	*1991
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Jessica Dailey

1,500m	4:21.55	2000
3,000m	9:29.03	2000
3,000m	9:40.75	1999
5,000m	16:38.70	1998



Had it not been for her teammate Amy Yoder Begley, Jessica Dailey may have been one of the SEC's greatest distance runners with six individual titles.

Aneita Denton

800m	2:02.94	2005
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Deena Drossin

3,000m	9:20.87	1993
5,000m	16:07.73	1993

Megan Flowers

3,000m	9:35.75	1996
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Edel Hackett

3,000m	9:25.64	*1984
5,000m	16:52.08	*1984

Isabelle Hozang

10,000m	35:29.01	*1985
10,000m	34:48.03	*1984

Jessica Johnson

HJ	5-9 3/4	2003
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Lilli Kleinmann

Steeplechase...	10:13.89	2001
10,000m	35:53.44	2002

Marie LeJour

Discus.....	169-0	2001
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Sharon Little

3,000m	9:55.73	*1983
5,000m	17:11.70	*1983

Gi-Gi Miller

Heptathlon.....	5,704 pts.	2001
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Jackie Mota

3,000m	9:38.15	*1990
5,000m	17:10.94	*1990

Claire Phythian

Heptathlon.....	5,455 pts.	1995
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Sally Ramsdale

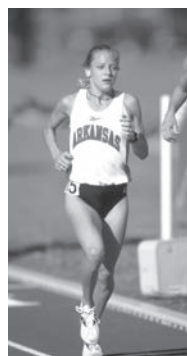
3,000m	9:23.56	*1988
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Tiffany Redlarczyk

Steeplechase...	10:31.35	2006
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Tracy Robertson

1,500m	4:20.89	2001
1,500m	4:25.90	1998
3,000m	9:35.82	1998



While she only won three outdoor titles, Tracy Robertson was a force at the SEC Championships and is Arkansas' all-time leading scorer at SEC Indoor meets.

Aisling Ryan

5,000m	16:21.00	*1988
10,000m	35:08.19	*1988

Sarah Schwald

1,500m	4:23.28	1994
3,000m	9:32.08	1994

Maureen Scott

Steeplechase...	10:27.29	2005
Steeplechase...	10:16.01	2004

Maureen Scott became the first woman in SEC history to win two steeplechase titles with her back-to-back championships in 2004 and 2005.



Penny Splichal

10,000m	35:36.23	2003
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Erica Sigmont

1,500m	4:26.12	2005
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April Steiner

PV	13-7 1/4	2003
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Melody Sye

5,000m	16:40.15	*1989
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Shiloh Whiting

Steeplechase...	10:32.69	2003
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Kasia Williams

100h	13.25	2005
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Christin Wurth

1,500m	4:20.87	2002
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Outdoor Titles By Year

Year	Titles	Events
2006.....	1	Steeple
2005.....	4	800, 1500, 100h, Steeple
2004.....	3	100, 200, Steeple
2003.....	4	Steeple, 10K, HJ, PV
2002.....	3	1500, 5K, 10K
2001.....	6	1500, Steeple, 5K, 10K, DS, Hep.
2000.....	5	1500, 3K, 5K, 10K, Hep.
1999.....	3	3K, 5k, 10K
1998.....	3	1500, 3K, 5K
1997.....	2	3K, 5K
1996.....	1	3K
1995.....	1	Hep.
1994.....	3	800, 1500, 3K
1993.....	3	3K, 5K, 10K
1992.....	1	10K
1991.....	1	Jav
1990.....	2	3K, 5K
1989.....	1	5K
1988.....	3	3K, 5K, 10K
1985.....	1	10K
1984.....	3	3K, 5K, 10K
1983.....	2	3K, 5K

Outdoor Titles By Event

Event	Titles	Last
100m	1	'04
200m	1	'04
800m	2	'05
1,500m	6	'05
3,000m	11	'98
Steeple	5	'06
5,000m	12	'90
10,000m	10	'03
100 hurdles	1	'05
High Jump.....	1	'03
Pole Vault	1	'03
Discus	1	'01
Javelin	1	'91
Heptathlon.....	3	'01
Totals	56	



Arkansas Lady Razorbacks TRACK & FIELD

Southeastern Conference Championships

The University of Arkansas and the Lady Razorbacks have been a part of the Southeastern Conference for 16 years, and in that time have been one of, if not the, best track and field institutions. With SEC team championships dating back as far as 1981, more than 20 years, it would seem unreasonable to expect that the Lady Razorbacks would be a significant part of the league's history. To the contrary, since Arkansas joined the toughest collegiate track and field conference in the country, it has won more team titles (16) than any other institution and has taken a team championship in 16 of 44 opportunities, an unprecedented 36 percent of the time. Pushing the Lady'Back team's success have been the individuals. Former Lady'Back Amy Yoder Begley ended her outstanding career with 15 individual conference championships, five more than any other woman in SEC history. Along with Yoder Begley, former Lady'Back and U.S. Olympian Deena Drossin also cracks into the top eight with seven individual championships.



1991 Cross Country



1992 Cross Country



1993 Cross Country



1994 Cross Country



1995 Cross Country



1998 Cross Country



2000 Indoor Track



2000 Cross Country



2001 Indoor Track



2001 Outdoor Track



2001 Cross Country



2002 Cross Country



1999 Cross Country



2000 Outdoor Track

SEC Team Titles

Since 1991-92

	<u>XC</u>	<u>Ind.</u>	<u>Out.</u>	<u>Total</u>
Arkansas	11	3	3	17
Florida	2	4	4	10
LSU	-	5	2	7
Alabama	-	1	1	2
S. Carolina	-	-	3	3
Tennessee	2	1	-	3
Georgia	-	1	2	3
Kentucky	-	-	-	-

All-Time

<u>XC</u>	<u>Ind.</u>	<u>Out.</u>	<u>Total</u>
11	3	3	17
3	5	4	12
-	10	8	18
2	1	2	5
-	-	3	3
4	2	4	10
-	1	2	3
3	-	-	3

All-time SEC Individual Champions

	<u>XC</u>	<u>Ind.</u>	<u>Out.</u>	<u>Total</u>
1. Amy Yoder Begley, Ark.	3	4	8	15
2. Becki Wells, Fla./Ala.	3	6	1	10
3. Muna Lee, LSU	-	5	4	9
Danyel Mitchell, LSU	-	3	6	9
5. Debbie Ferguson, Ga.	-	4	4	8
Alisa Harvey, Tenn.	-	3	5	8
LaVonna Martin, Tenn.	-	4	4	8
Valerie McGovern, Ky.	1	3	4	8
9. Hazel Clark, Fla.	-	4	3	7
Deena Drossin, Ark.	2	3	2	7
Benita Fitzgerald, Tenn.	-	-	7	7
Michelle Freeman, Fla.	-	5	2	7
Angela Homan, Aub.	3	-	4	7
Shelly Steely, Fla.	1	1	5	7
Patty Wiegand, Tenn.	1	2	4	7



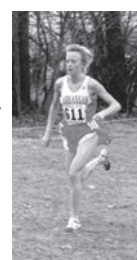
Amy Yoder Begley's (above) 15 individual conference titles far exceed that of any other women's track athlete in SEC history. Deena Drossin Kastor (right) also ranks among the SEC's elite athletes with seven individual championships.



2003 Indoor Track



2004 Outdoor Track



2006 Cross Country



The Nation's Top Track & Field Conference

In the ever-changing world of collegiate athletics, the tradition of excellence in the Southeastern Conference has remained constant. The SEC boasts a rich history and has dominated track and field like no other conference.

2005 Cross Country

Arkansas led all SEC teams at the 2005 NCAA Men's Cross Country Championships, placing second to national champion Wisconsin. The Razorbacks were led by Josphat Boit, who finished seventh, earning All-America honors. Arkansas' Peter Kosgei (12th) and Kenny Cormier (28th) as well as Tennessee's Zach Sabatino (23rd) earned All-America honors as well. Three other SEC teams placed in the top 30, led by Alabama (21st), Florida (23rd) and Tennessee (28th). Arkansas also earned its 15th consecutive men's SEC title with Boit claiming his second consecutive conference individual crown.

Tennessee won its third straight SEC women's championship and placed 28th in the NCAA Championships. Auburn's Angela Homan captured her third straight women's SEC individual title and was the SEC's top finisher in the women's NCAA championships, placing ninth, and earning All-America honors. Arkansas was the SEC's top finisher at the NCAA Championships, placing 19th.

2006 SEC Men's Indoor Track & Field

Arkansas scored 53 points to clinch their 19th indoor national crown and its 42nd national championship overall. LSU finished off the pace in second with 45 points. Arkansas' claimed its 13th SEC Indoor championship in 15 tries since entering the league in 1992. LSU's Xavier Carter claimed SEC Men's Runner of the Year. Florida's Mike Morrison was named the SEC Men's Field Event Athlete of the Year, as his gator teammate, Willie Perry, was tabbed as the SEC Men's Freshman Runner of the Year. Arkansas' Nkosingza Balumbu earned the SEC Men's Freshman Field Event Athlete of the Year, while John McDonnell of Arkansas was named SEC Men's Indoor Track and Field Coach of the Year.

2006 SEC Women's Indoor Track & Field

The SEC had three teams finish in the top 10 at the NCAA Indoor Championships with Georgia finishing fifth, LSU seventh, Auburn eighth and South Carolina in 10th. Georgia won its first SEC Indoor title in school history. South Carolina's Shalonda Solomon was named the SEC Women's Runner of the Year after winning the NCAA 200m title and Florida's Shannon Leinert was tabbed SEC Women's Freshman Runner of the Year. Georgia's Jenny Dalhgren was tabbed as the SEC Women's Field Event Athlete of the Year, while teammate Levern Spencer was named SEC Women's Freshman Field Event Athlete of the Year. Georgia's Wayne Norton was named SEC Women's Indoor Track and Field Coach of the Year.

2006 SEC Men's Outdoor Track & Field

LSU was the national runner-up at the NCAA Championships. Arkansas and Tennessee posted top-10 finishes, with the Razorbacks taking fifth and the Vols sixth. LSU sophomore Xavier Carter was honored in four events on the NCAA Division I Men's Outdoor Track and Field All-America Team and was also named the 2005-06 Roy F. Kramer SEC Male Athlete of the Year. Arkansas won its fourth straight SEC outdoor title. The Razorbacks have claimed 13 SEC Outdoor titles out of 15 since joining the conference in 1991-92.

2006 SEC Women's Outdoor Track & Field

Auburn women's track and field team won its first ever national title at the NCAA Outdoor Track and Field Championships. The Tigers posted All-American performances in nine events, including two individual national champions and three second-place finishers, and broke two school records during the four-day event. Tiger Coach Ralph Spry was named the NCAA Division I Outdoor Track and Field Coaches of the Year. South Carolina finished third at the NCAA Championships, while LSU and Georgia posted top 10 finishes at seventh and ninth respectively. Georgia claimed the SEC Outdoor title, holding off an Auburn rally to finish one point ahead of the Tigers.

SEC Quick Facts

Commissioner: Mike Slive
 Assoc. Commissioner: Charles Bloom
 Media Relations Contact: Jennifer Reid
 Media Relations Phone: 205-458-3010
 Media Relations Fax: 205-458-3030
 Media Relations Email: mediaintern@sec.org
 Address: 2201 Richard Arrington Blvd. N.
 Birmingham, AL, 35203
 Web Page: www.secsports.com
 Indoor Track Champ: Feb. 23-25
 Univ. of Kentucky
 Outdoor Track Champ: May 10-13
 Univ. of Alabama

2005 Cross Country

1.	Tennessee	48
2.	Arkansas	51
3.	Georgia	87
4.	Kentucky	116
5.	Florida	137
6.	Mississippi State	152
7.	Vanderbilt	161
8.	Alabama	190
9.	Auburn	241
10.	LSU	288
11.	South Carolina	311
12.	Mississippi	359

Coach of the Year

J.J. Clark, Tennessee

Athlete of the Year

Angela Homan, Auburn

Freshman of the Year

Christine Kalmer, Arkansas

2006 Indoor Track

1.	Georgia	101.5
2.	Auburn	96
3.	South Carolina	78.5
	Tennessee	
5.	Arkansas	73
6.	Alabama	70.5
7.	LSU	62.5
8.	Florida	42.5
9.	Kentucky	26
10.	Mississippi	16
11.	Mississippi State	13
12.	Vanderbilt	2

Coach of the Year

Wayne Norton, Georgia

Runner of the Year

Shalonda Solomon, South Carolina

Field Event Athlete of the Year

Jenny Dalhgren, Georgia

Freshman Runner of the Year

Shannon Leinert, Florida

Freshman Field Event Athlete of the Year

Levern Spencer, Georgia

Commissioner's Trophy

Kerron Stewart, Auburn

2006 Outdoor Track

1.	Georgia	136
2.	Auburn	135
3.	South Carolina	86.5
4.	LSU	81
5.	Tennessee	78
6.	Alabama	72.5
7.	Arkansas	68
8.	Kentucky	45
9.	Florida	38
10.	Vanderbilt	28
11.	Mississippi State	27
12.	Mississippi	24

Coach of the Year

Wayne Norton, Georgia

Runner of the Year

Kerron Stewart, Auburn

Field Event Athlete of the Year

Jennifer Dalhgren, Georgia

Freshman Runner of the Year

Sarah Bowman, Tennessee

Freshman Field Event Athlete of the Year

Chealsea Taylor, Alabama

Commissioner's Trophy

Patricia Sylvester, Georgia



Indoor Track

Athletes of the Week

- 2000 - Amy Yoder Begley (2/16)
- 2001 - April Steiner (1/23)
- 2002 - Lilli Kleinmann (1/30)
- 2003 - April Steiner (2/5)
Christin Wurth (2/19)
Jessica Johnson (2/26)
- 2004 - Veronica Campbell (2/17)

Coach of the Year

Lance Harter - 1998, '00, '01

Athlete of the Year

Amy Yoder Begley - 2000
Veronica Campbell - 2004 (Running)
Sarah Schwald - 1995

Commissioner's Trophy

Amy Yoder Begley - 1998 (22.5 pts.)
Andreina Byrd - 2002 (28 pts.)
Lilli Kleinmann - 2001 (30 pts.)
Tracy Robertson - 2000 (26 pts.)
Christin Wurth - 2003 (28 pts.)



Veronica Campbell was the last Lady'Back to earn athlete of the week honors when she broke the school record and posted the world's fastest 200 meters in 2004.



Amy Yoder Begley and Razorback Matt Kerr each won SEC Commissioner's Trophy honors for their efforts during the 1998 indoor championships. Yoder Begley was the first Arkansas woman to win the Commissioner's trophy.



Sarah Schwald is one of just three Lady Razorbacks to be named the SEC Indoor Track Athlete of the Year.

All-SEC

Amy Yoder Begley - 1998 (Mile, 3K, DMR), '99 (5K), '00 (5K)
Londa Bevins - 2001 (DMR)
DeeDee Brown - 2000 (DMR), '02 (Pen)
Andreina Byrd - 2001 (DMR), '02 (3K, 5K)
Veronica Campbell - 2004 (200)
Amber Crumbo - 2000 (WT)
Jessica Dailey - 1999 (Mile, 3K), '00 (DMR)
Deena Drossin - 1993 (5K), '94 (5K), '96 (5K)
Dawnyell Fletcher - 2001 (DMR)
Megan Flowers - 1995 (5K), '97 (5K)
Lilli Kleinmann - 2000 (3K, DMR), '01 (Mile, 3K, 5K)
Clare Lavers - 1992 (3K)
Loren Leaverton - 2001 (DMR)
Stacie Manuel - 2003, '05 (PV)
Beyonka McDowell - 2005 (Pen)
Desiree Owen - 1998 (DMR)
Jamie Park - 1992 (5K)
Jennifer Petite - 2000 (DMR)
Trine Pilskog - 1995 (Mile)
Annette Quaid - 1998 (DMR)
Tracy Robertson - 1998 (DMR), '00 (Mile)
Sarah Schwald - 1995 (3K)
Erica Sigmont - 2005 (Mile)
Penny Splichal - 2006 (3K, 5K)
Nicole Teter - 1992 (800)
Christin Wurth - 2003 (3K, 5K)



SEC Commissioner Mike Slive presents one of the three Commissioner's Trophies awarded in 2003. Christin Wurth took the honor and was the fifth Lady'Back in six years to win the award.

Cross Country

Athletes of the Week

- 2000 - Brittney Mensen (9/12)
Lilli Kleinmann (9/19, 10/3)
- 2001 - Andreina Byrd (9/24, 10/1)
- 2002 - Londa Bevins (9/10)
Andreina Byrd (10/8)
- 2003 - Alison Zeinner (9/1)
Maureen Scott (9/8)
- 2005 - Christine Kalmer (10/19)
- 2006 - Christine Kalmer (9/13)
Dani Parry (10/3)

Coach of the Year

Lance Harter - 1991, '92, '93, '94, '95, '98, '99, '00, '01, '02, '06



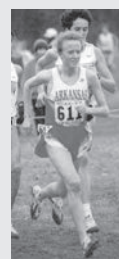
Arkansas coach Lance Harter has earned more SEC Coach of the Year honors than any other current women's head coach in the league.

Athlete of the Year

Amy Yoder Begley - 1997, '98, '99
Andreina Byrd - 2001
Deena Drossin - 1992, '93
Megan Flowers - 1994, '95
Lilli Kleinmann - 2000
Brooke Upshaw - 2006
Christin Wurth - 2002

Freshman of the Year

Christine Kalmer - 2005
Dani Parry - 2006
Penny Splichal - 2001



One of Arkansas' all-time greats, Deena Drossin was a two-time winner of the SEC Cross Country Championship and was twice named the conference's athlete of the year.



Outdoor Track

Athletes of the Week

- 2000 - Amy Yoder Begley (3/29)
- 2001 - Lilli Kleinmann (5/1)
Gi-Gi Miller (5/8)
- 2002 - DeeDee Brown (4/10)
Marie LeJour (5/8)
- 2003 - Londa Bevins (5/6)
- 2004 - Veronica Campbell (4/21)
- 2005 - Aneita Denton (4/20)

Coach of the Year

Lance Harter - 2000, 2001, 2004

Athlete of the Year

Amy Yoder Begley - 2001

Commissioner's Trophy

Amy Yoder Begley - 2000 (28 pts.)
Jessica Dailey - 2000 (28 pts.)
Marie LeJour - 2001 (23 pts.)



The only Arkansas female to be named the SEC's Athlete of the Year for outdoor track, Yoder Begley is one of just four women to have won a conference title in the same event four times.

All-SEC

- Amy Yoder Begley - 1997 (3K, 5K), '99 (5K, 10K), '00 (5K, 10K), '01 (5K, 10K)
- Tanya Blake - 1994 (800)
- Andreina Byrd - 2002 (5K)
- Michelle Byrne - 1992 (10K), '93 (10K)
- Veronica Campbell - 2004 (100, 200)
- Jessica Dailey - 1998 (5K), '99 (3K), '00 (1500, 3K)
- Aneita Denton - 2005 (800)
- Deena Drossin - 1993 (3K, 5K)
- Megan Flowers - 1995 (10K-2nd), '96 (3K)
- Jessica Johnson - 2003 (HJ)
- Lilli Kleinmann - 2001 (Steeple), '02 (10K)
- Marie LeJour - 2001 (DS)
- Gi-Gi Miller - 2001 (Hep)
- Claire Phythian - 1995 (Hep-1st)
- Tiffany Redlarczyk - 2006 (Steeple)
- Tracy Robertson - 1998 (1500, 3K), '01 (1500)
- Sarah Schwald - 1994 (3K), '95 (1500, 3K-2nd)
- Maureen Scott - 2004, '05 (Steeple)
- Erica Sigmont - 2005 (1500)
- Penny Splichal - 2003 (10K)
- April Steiner - 2003 (PV)
- Shiloh Whiting - 2003 (Steeple)
- Kasia Williams - 2005 (100h)
- Christin Wurth - 2002 (1500)

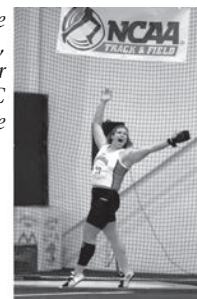


Jessica Dailey and Amy Yoder Begley were unstoppable at the 2000 SEC Championships, powering the team to its first conference outdoor title and sharing the Commissioner's Trophy with 28 points each.



Aneita Denton completed an 800-meter sweep at the SEC Championships in 2005 and was the last Arkansas runner to be named athlete of the week.

Powering her way into the Arkansas record books, Marie LeJour scored in four events at the 2001 SEC Championships to win the Commissioner's Trophy.



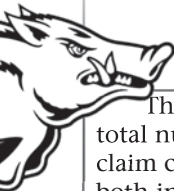
Cross Country, cont.

All-SEC

- Denise Bargiachi - 2006 (1st), '05 (2nd)
- Dacia Barr - 2006 (1st)
- Stephanie Barrett - 1991
- Amy Yoder Begley - 1996, '97, '98, '99
- Catherine Berry - 1995
- Londa Bevins - 2001, '02 (1st)
- Karen Bockel - 1995, '96, '97, '98
- Andreina Byrd - 2001, '02 (2nd)
- Michelle Byrne - 1991, '92
- Cory Chastain - 1998
- Kelly Cook - 1995
- Jessica Dailey - 1998, '99
- Deena Drossin - 1991, '92, '93, '94
- Pauline Durran - 1991, '92
- Beth Fahey - 2006 (2nd)
- Megan Flowers - 1993, '94, '95

- Jennifer Harper - 2006 (2nd)
- Michelle Hurn - 2001
- Laura Jakosky - 2003, '04 (2nd), '05 (2nd)
- Christine Kalmer - 2005, '06 (1st)
- Lilli Kleinmann - 1999, '00
- Clare Lavers - 1991
- Amy McKinley - 1993, '94
- Desiree Owen - 1995, '96
- Dani Parry - 2006 (1st)
- Trine Pilskog - 1994
- Tracy Robertson - 1997, '98, '99, '00
- Alison Rush - 2001, '04 (1st)
- Sarah Schwald - 1993, '94
- Maureen Scott - 2004 (1st), '02 (2nd)
- Staci Snider - 1995
- Erica Sigmont - 2002 (2nd)
- Penny Splichal - 2001, '05 (1st)

- Laurie Sturgell - 1998
- Shelly Taylor - 1992, '93
- Brooke Upshaw - 2006 (1st)
- Miranda Walker - 2006 (2nd)
- Kimi Welsh - 1999
- Shiloh Whiting - 2002 (2nd), 2003 (2nd)
- Amy Wiseman - 2000
- Christin Wurth - 1999, '00, '01, '02 (1st)



Arkansas Lady Razorback Track & Field

All-Time Event Winners

The Lady Razorbacks have won numerous event titles over the years with the total number reaching well over 400 in just the past decade. While every school can claim championships from small meets, it is only a select few that can say it has won both individual and relay championships at some of the biggest indoor and outdoor meets in the country.

Penn Relays

3,000 meters	Tracy Robertson	9:27.33	April 23, 1998
3,000 meters	Amy Yoder Begley	9:21.22	1999
Steeplechase	Lilli Kleinmann	10:01.52	April 26, 2001
5,000 meters	Deena Drossin	16:16.32	1993
5,000 meters	Sally Ramsdale	16:23.1	1989
10,000 meters	Amy Yoder Begley	34:18.11	April 26, 2001
Pole Vault	Jodi Unger	13-5 ¼	April 27, 2006
Pole Vault	Stacie Manuel	13-9 ½	April 22, 2004
Pole Vault	April Steiner	14-0	April 24, 2003
4x1,500 Relay		17:34.63	April 27, 2001
(Andreina Byrd, Lilli Kleinmann, Christin Wurth, Tracy Robertson)			
Distance Medley relay		10:55.00	2000
(Tracy Robertson, Gi-Gi Miller, Tawa Babatunde, Jessica Dailey)			



Drake Relays

4x200 Relay		1:34.90	Apr. 26, 2002
(Shaneatra Neely, Adwoa Gyasi-Nimako, Angel Heath, Kerri-Ann Mitchell)			
4x800 Relay		8:29.13	Apr. 29, 2005
(Paige Farrell, Dacia Barr, Erica Sigmont, Aneita Denton)			



Texas Relays

1,500 meters	Tracy Robertson	4:21.39	1999
Steeplechase	Lilli Kleinmann	10:17.74	Apr. 6, 2001
Steeplechase	Maureen Scott	10:24.00	Apr. 1, 2004
Discus	Marie LeJour	164-11	Apr. 6, 2001
Heptathlon	Deedee Brown	5,542	Apr. 4, 2002
4x800 relay		8:38.03	Apr. 7, 2005
(Paige Farrell, Dacia Barr, Erica Sigmont, Aneita Denton)			
Distance Medley Relay		11:23.73	Apr. 9, 2005
(Erica Sigmont, Paige Farrell, Aneita Denton, Dacia Barr)			



Mt. SAC Relays

800 meters	Aneita Denton	2:03.94	Apr. 17, 2005
1,500 meters	Christin Wurth	4:18.70	Apr. 18, 2003
3,000 meters	Jessica Dailey	9:14.04	Apr. 17, 1998
Pole Vault	April Steiner	13-5.75	Apr. 18, 2003

Kansas Relays

400 meters	Adwoa Gyasi-Nimako	54.50	Apr. 20, 2002
Shuttle Hurdle Relay		1:03.05	Apr. 19, 2002
(Shaneatra Neely, Loren Leaverton, Andrea Bell, Krystal Walton)			

Tyson Invitational

200 meters	Veronica Campbell	22.51	Feb. 13, 2004
5,000 meters	Christin Wurth	16:16.79	Feb. 14, 2003
5,000 meters	Amy Yoder Begley	16:14.24	Feb. 11, 2000
Pole Vault	Jodi Unger	13-6 ¼	Feb. 11, 2006
Pole Vault	Stacie Manuel	12-8	Feb. 14, 2003
Pole Vault	April Steiner	13-3 ½	Feb. 1, 2002
Shot Put	Amber Crumbo	49-5	Feb. 11, 2000
Weight Throw	Marie LeJour	62-1 ¾	Feb. 1, 2002
Distance Medley Relay		11:13.61	Feb. 11, 2000



All-Time Event Champions

(Since 1996)

Indoor Track

1.	Lilli Kleinmann.....	12
	Marie LeJour	
3.	Amber Crumbo.....	11
	April Steiner, Christin Wurth	
6.	Kyla Shoemake	9
	Penny Splichal	
8.	Angel Heath.....	8
	Amy Yoder Begley	
10.	Tawa Babatunde.....	7
	Kelley Bickham, Elisha Brewer, Jessica Dailey, Stacie Manuel, Gi-Gi Miller	

Outdoor Track

1.	Marie LeJour	13
2.	Amy Yoder Begley	12
3.	Crystal Shadd.....	10
4.	Tracy Robertson	7
	April Steiner	
6.	Tawa Babatunde.....	6
7.	Jessica Sommerfeld	5
	Brandy Blackwood	
9.	Elisha Brewer.....	4
	Deedee Brown, Aneita Denton, Adwoa Gyasi-Nimako, Jessica Johnson, Lilli Kleinmann, Maureen Scott, Sheila Sims, Jodi Unger, Kasia Williams, Christin Wurth	

Championships won per event

Indoors

55/60 meters	6
200 meters	13
400 meters	8
800 meters	14
Mile	31
3,000 meters	25
5,000 meters	20
55/60 hurdles.....	19
4x400 relay	10
Distance Medley Relay	6
High Jump	7
Pole Vault.....	30
Long Jump	9
Triple Jump	10
Shot Put	17
Weight Throw	19
Pentathlon	3

Outdoors

100 meters	10
200 meters	7
400 meters	12
800 meters	12
1,500 meters	16
Steeplechase	12
5,000 meters	11
10,000 meters	10
100 hurdles	15
400 hurdles	7
4x100 relay	8
4x400 relay	8
High Jump	8
Pole Vault.....	21
Long Jump	10
Triple Jump	7
Shot Put	12
Discus.....	9
Javelin	8
Hammer	10
Heptathlon	4

ARKANSAS LADY RAZORBACK TRACK & FIELD

Career Scoring



SEC Indoor		NCAA Indoor		SEC Outdoor		NCAA Outdoor	
1. Tracy Robertson.....	76.5	1. Tracy Robertson.....	24.5	1. Amy Yoder Begley.....	88	1. Amy Yoder Begley.....	33
2. Lilli Kleinmann	64.5	Amy Yoder Begley		2. Tracy Robertson.....	66	2. Gi-Gi Miller	18
3. Amy Yoder Begley.....	56.5	3. Trine Pilskog	19.25	3. Jessica Dailey	64	3. Jessica Dailey	16
4. Christin Wurth.....	56	4. Veronica Campbell	16.75	4. Deena Drossin	62	La'Shaunte'a Moore	
5. Penny Splichal.....	51	5. Sarah Schwald.....	15.5	5. Sarah Schwald.....	47	5. Aneita Denton.....	10
6. Jessica Dailey	48.5	6. Cynthia Moore.....	14	6. DeeDee Brown.....	44	Deena Drossin	
7. Andreina Byrd	42.5	7. Megan Flowers.....	12.25	7. Megan Flowers.....	41	Jamie Park	
8. Sarah Schwald.....	39.5	8. Aneita Denton.....	11	Christin Wurth		8. Tracy Robertson.....	9
9. Megan Flowers.....	32.25	9. April Steiner.....	10.5	9. Marie LeJour	35	9. DeeDee Brown.....	8
10. Deena Drossin	32	10. Angel Heath.....	10	10. Londa Bevins	34	10. Jessica Johnson.....	7
		Gi-Gi Miller		Erica Sigmont			
Senior Scoring		Junior Scoring		Sophomore Scoring		Freshman Scoring	
SEC Indoor		SEC Indoor		SEC Indoor		SEC Indoor	
Christin Wurth.....	28 2003	Lilli Kleinmann	30 2001	Lilli Kleinmann	18.5 ... 2000	Amy Yoder Begley	22.5 ... 1998
Tracy Robertson	24 2001	Andreina Byrd	28 2002	Amy Yoder Begley	18 1999	Tracy Robertson	16.5 ... 1998
Penny Splichal	20 2006	Tracy Robertson	26 2000	Andreina Byrd	14.5 ... 2001	Penny Splichal	12 2002
Claire Lavers.....	18 1992	Jessica Dailey	22 1999	Penny Splichal	13 2003	Nicole Teter	10.5 ... 1992
NCAA Indoor		NCAA Indoor		NCAA Indoor		NCAA Indoor	
Tracy Robertson	12 2001	Veronica Campbell...	16.75.. 2004	Amy Yoder Begley	9.25 ... 1999	Tracy Robertson	4.25 ... 1998
Aneita Denton.....	10.25.. 2005	Amy Yoder Begley	14 2000	Deena Drossin	8 1993	Nicole Teter	4 1992
Gi-Gi Miller.....	10 2001	Trine Pilskog.....	11.25.. 1995	Lilli Kleinmann	6.25 ... 2000	Amy Yoder Begley	1.25 ... 1998
Trine Pilskog.....	8 1996	Sarah Schwald	10 1995	Sarah Schwald	5 1994	Daphne Harris.....	1.25 ... 1998
						Felisha Williams.....	1.25 ... 1995
SEC Outdoor		SEC Outdoor		SEC Outdoor		SEC Outdoor	
Jessica Dailey	28 2000	Amy Yoder Begley	28 2000	Veronica Campbell.....	22 2004	Tracy Robertson	20 1998
Amy Yoder Begley	20 2001	Marie LeJour	23 2001	Deena Drossin	20 1993	Amy Yoder Begley	20 1997
Gi-Gi Miller.....	18.25.. 2001	Sarah Schwald	20 1994	Amy Yoder Begley	20 1999	Deena Drossin	16 1992
Tracy Robertson	18 2001	DeeDee Brown.....	19 2001	Jessica Dailey	18 1998	Shelly Taylor.....	16 1993
NCAA Outdoor		NCAA Outdoor		NCAA Outdoor		NCAA Outdoor	
Amy Yoder Begley	10 2001	La'Shaunte'a Moore	16 2004	Jamie Park	10 1991	Amy Yoder Begley	5 1997
Aneita Denton.....	10 2005	Amy Yoder Begley	14 2000	Jessica Dailey.....	5 1998	Tracy Robertson	3 1998
Gi-Gi Miller.....	10 2001	Gi-Gi Miller.....	8 2000	Amy Yoder Begley	4 1999	Shelly Taylor.....	2 1993
Jessica Dailey	8 2000	Jessica Johnson.....	7 2003	DeeDee Brown.....	4 2000	Deena Drossin	1 1992

Lady Razorback Conference and National Finishes

SEC	Conf. Indoor		NCAA Indoor		Conf. Outdoor		NCAA Outdoor		Conf. XC		NCAA XC	
	Place	Pts.	Place	Pts.	Place	Pts.	Place	Pts.	Place	Pts.	Place	Pts.
2006	5th.....	73	T51st.....	2	7th.....	68	T25th	10	1st.....	17	5th.....	
2005	2nd.....	120	19th	12.5	2nd	124.2	T22nd	11	2nd	51	19th.....	444
2004	6th.....	50.5	T10th	19	1st.....	124	T10th	22	2nd	57	16th.....	400
2003	1st	129	10th	22	2nd	130	19th	13.5	3rd	103	-	-
2002	2nd	139	T10th	18.5	2nd	138	T45th	4	1st.....	39	7th.....	251
2001	1st	137	5th	24	1st.....	182	5th	31	1st.....	35	17th.....	460
2000	1st	140	3rd	37	1st.....	147.75	6th	36	1st.....	43	13th.....	365
1999	4th.....	73	13th	13	5th	90	41st	7	1st.....	15	2nd.....	125
1998	2nd	88	T27th	8	4th	89.5	T29th	8	1st.....	25	6th.....	311
1997	7th.....	33	T49th	1	5th	67	T38th	5	2nd	68	13th.....	311
1996	6th.....	58	T22nd	8	5th	72	T43rd	4	2nd	77	14th.....	347
1995	4th.....	69	T4th	31	5th	79.5	T33rd	7	1st.....	40	12th.....	324
1994	3rd.....	80	T20th	9	4th	85	T23rd	10	1st.....	31	3rd.....	110
1993	3rd.....	71	T8th	16	2nd	111	T44th	3	1st.....	37	2nd.....	71
1992	3rd.....	78	T31st.....	4	4th	99	T59th	1	1st.....	52	2nd.....	130
1991 (SWC)	2nd.....	80	13th	11	2nd	56	T10th	18	1st (SEC).....	30	2nd.....	168
1990 (SWC)	4th.....	47	T20th	8	3rd	121	T56th	2	2nd	37	6th.....	224
1989 (SWC)	4th.....	53	-	-	2nd	122	T56th	2	3rd	69	-	-
1988 (SWC)	4th.....	58	-	-	T-2nd	119	-	-	1st.....	30	15th.....	299
1987 (SWC)	4th.....	40	T21st.....	4	5th	40	-	-	2nd	41	9th.....	214
1986 (SWC)	5th.....	17	-	-	9th.....	9	-	-	2nd	54	10th.....	214
1985 (SWC)	5th.....	28	-	-	4th	55	-	-	3rd	75	-	-
1984 (SWC)	4th.....	41	-	-	3rd	46	T38th	9	3rd	72	13th.....	273
1983 (SWC)	3rd.....	69	T34th	2	3rd	73	-	-	4th	96	-	-



Arkansas Women's Athletics Department Honor Roll

The Women's Athletics Department Honor Roll program has been in place since the 1989-90 academic year. Because the list of academic achievement has grown so long, we are only able to publish the complete achievements of those Lady Razorbacks that still compete. Every academic champion however, is listed.

Fall 2006 – Academic Champions (4.0): Denise Bargiachi, Jennifer Fall, Megan Jackson, Caroline Peyton, Angie Scott, Megan Scott, Maureen Scott, Katie Stripling, Brooke Upshaw; Athletic Director's List(3.5-3.99): Carly Bloomfield, Courtenay Brown, Beth Fahey, Erin Gray, Rebecca Kerr, Tiffany Redlarczyk, Sasha Rolle, Michelle Rossio, Jodi Unger, Kelly Vrshek, Miranda Walker; Honor Roll (3.0-3.49): Dacia Barr, Paige Farrell, Jennifer Harper, Brooke Higgs, Stephanie Irwin, Michelle Martin, Kelsey Mollenkamp, Danielle Parry, Megan Thompson.

Spring 2006 - Acad. Champ.: Dacia Barr, Brandy Buss, Maureen Scott, Megan Scott, Penny Splichal, Katie Stripling; AD's List: Beth Fahey, Jessie Gordon, Erin Gray, Jennifer Harper, Rebecca Kerr, Caroline Peyton, Tiffany Redlarczyk, Michelle Rossio, Angie Scott, Kelly Vrshek; Honor Roll: Denise Bargiachi, Carly Bloomfield, Brooke Higgs, Stephanie Irwin, Michelle Martin, Kelsey Mollenkamp, Danielle O'Reilly, Sasha Rolle, Megan Thompson, Kayla Tucker.

Fall 2005 – Acad. Champ.: Brandy Buss, Laura Jakosky, Rebecca Kerr, Angela Scott, Maureen Scott, Katie Stripling, Kelly Vrshek; AD's List: Denise Bargiachi, Erin Gray, Jennifer Harper, Megan Scott, Penny Splichal, Jodi Unger; Honor Roll: Dacia Barr, Carly Bloomfield, Lea Carruthers, Jessie Gordon, Christine Kalmer, Michelle Martin, Kelsey Mollencamp, Danielle O'Reilly, Caroline Peyton, Sasha Rolle, Michelle Rossio.

Spring 2005 - Acad. Champ.: Brandy Buss, Sarah Cole, Laura Jakosky, Maureen Scott, Megan Scott; AD's List: Laura Insell, Laura Kerr, Rebecca Kerr, Caroline Peyton, Alison Rush, Sarah Saffa, Sydney Scarbrough, Erica Sigmont, Penny Splichal, Shiloh Whiting; Honor Roll: Dacia Barr, Brandy Blackwood, Jessie Gordon, Michelle Martin, Tiffany Redlarczyk.

Fall 2004 - Acad. Champ.: Dacia Barr, Brandy Buss, Sarah Saffa, Maureen Scott; AD's List: Laura Insell, Laura Jakosky, Laura Kerr, Michelle Martin, Tiffany Redlarczyk, Alison Rush, Megan Scott, Kristina Smith, Penny Splichal, Shiloh Whiting; Honor Roll: Whitney Anderson, Brandy Blackwood, Sarah Cole, Jessie Gordon, Rebecca Kerr, Erica Sigmont.

Spring 2004 - Acad. Champ.: Laura Insell, Laura Jakosky, Jessica Johnson, Laura Kerr, Alison Rush, Sarah Saffa, Maureen Scott, Penny Splichal, Kristina Watkins; AD's List: Jessie Gordon, Jennifer Lincoln, Michelle Martin, Caroline Peyton, Kristina Smith, Shannon Spaulding, Ashley Sutton; Honor Roll: Erin Anderson, Veronica Campbell, Aneita Denton, Katie Howard, Tiffany Redlarczyk, Erica Sigmont, Shiloh Whiting.

Fall 2003 - Acad. Champ.: Laura Jakosky, Jessica Johnson, Maureen Scott, Jamie Walker, Kristina Watkins; AD's List: Stacy Cornforth, Jessie Gordon, Laura Insell, Becky Kerr, Laura Kerr, Michelle Martin, Caroline Peyton, Alison Rush, Sarah Saffa, Shannon Spaulding, Penny Splichal; Honor Roll: Dawnyell Fletcher, Katie Howard, Michelle Hurn, Ashley Sutton.

Spring 2003 - Acad. Champ.: Mariann Ahuna, Kerry Allen, Jessie Gordon, Laura Jakosky, Allison Medlin, Maureen Scott, Penny Splichal, Jamie Walker; AD's List: Kate Chettle, Laura Insell, Jessica Johnson, Laura Kerr, Alison Rush, April Steiner, Ashley Sutton, Kristina Watkins; Honor Roll: Jennifer Lincoln, Elizabeth Everts, Katie Howard, Kristal Walton, Shiloh Whiting, Christin Wurth.

All-time Academic Champions (4.0 Students)

Fall 2002 - Acad. Champ.: Andreina Byrd, Elizabeth Everts, Jessie Gordon, Katie Howard, Laura Insell, Laura Jakosky, Lilli Kleinmann, Allison Medlin, Alison Rush, Maureen Scott, Penny Splichal, Kristina Watkins

Spring 2002 - Jessica Johnson, Marie LeJour, Jessica Sommerfeld, Jamie Walker, Kristal Walton

Fall 2001 - Andreina Byrd, Laura Jakosky, Marie LeJour, Allison Medlin, Jessica Sommerfeld, Penny Splichal, Jamie Walker

Spring 2001 - Amy Yoder Begley, Andreina Byrd, Jessica Johnson, Marie LeJour, Allison Medlin, April Steiner, Jamie Walker, Kristina Watkins

Fall 2000 - DeeDee Brown, Marie LeJour, Allison Medlin, Alison Rush

Spring 2000 - Amy Yoder Begley, Jamie Walker

Fall 1999 - Jamie Walker

Spring 1999 - Karen Bockel

Fall 1998 - Karen Bockel, Traci Means

Spring 1998 - Karen Bockel, Christina Mayerhoff

Fall 1997 - Felisha Williams

Spring 1997 - Amy Yoder Begley, Kelly Cook, Margaret Robinson

Fall 1996 - Kelly Cook, Megan Flowers

Spring 1996 - Kelly Cook, Megan Flowers, Christina Mayerhoff, Margaret Robinson

Fall 1995 - Karen Bockel, Kelly Cook, Megan Flowers

Spring 1995 - Lisa Brown, Michelle Byrne, Kelly Cook, Margaret Robinson

Fall 1994 - Megan Flowers, Rene Pillow

Spring 1994 - Lisa Brown, Michelle Byrne, Rene Pillow, Christina Prusinowski

Fall 1993 - Lisa Brown, Rene Pillow

Spring 1993 - Lisa Brown, Michelle Byrne, Kim Mount, Rene Pillow

Fall 1992 - Kim Mount, Rene Pillow

Spring 1992 - Stephanie Barrett, Claire Lavers, Barbara Mariani, Rene Pillow

Fall 1991 - Claire Lavers, Rene Pillow, Stephanie Barrett, Kim Mount

Spring 1991 - Stephanie Barrett, Claire Lavers, Kim Mount, Rene Pillow

Fall 1990 - Claire Lavers, Kim Mount

Spring 1990 - Jill Geer

Fall 1989 - Jill Geer.

Passing the Test of Time

Since the fall of 1998, the Lady Razorback track team has consistently been one of the leaders among the Univ. of Arkansas' female student-athletes in the classroom. In the 15 semesters in which they have been tracked, the cross country and track & field teams have earned a team grade point average of over 3.0 10 times and routinely place more than 50% of its athletes on one of Arkansas' academic honor rolls.



Southeastern Conference Academic Honor Roll

2006 – Dacia Barr, Carly Bloomfield, Brandy Buss, Jessie Gordon, Laura Kerr, Michelle Martin, Kelsey Mollenkamp, Caroline Peyton, Tiffany Redlarczyk, Sasha Rolle, Michelle Rossio, Megan Scott, Penny Splichal.

2005 - Brandy Blackwood, Jessie Gordon, Laura Insell, Laura Jakosky, Laura Kerr, Rebecca Kerr, Michelle Martin, Caroline Peyton, Tiffany Redlarczyk, Sarah Saffa, Maureen Scott, Erica Sigmont, Penny Splichal, Shiloh Whiting.

2004 - Veronica Campbell, Jessie Gordon, Katie Howard, Laura Jakosky, Jessica Johnson, Jennifer Lincoln, Alison Rush, Maureen Scott, Shannon Spaulding, Penny Splichal, Ashley Sutton, Shiloh Whiting.

2003 - Kerry Allen, DeeDee Brown, Andreina Byrd, Dawnyell Fletcher, Michelle Hurn, Laura Jakosky, Jessica Johnson, Marie Le-Jour, Jennifer Lincoln, Allison Medlin, Robin Rahat, Alison Rush, Erica Sigmont, Jessica Sommerfeld, Penny Splichal, April Steiner, Ashley Sutton, Jamie Walker, Kristal Walton, Kristina Watkins, Shiloh Whiting, Christin Wurth.

2002 - Amy Yoder Begley, DeeDee Brown, Dawnyell Fletcher, Adwoa Gyasi-Nimako, Jessica Johnson, Lilli Kleinmann, Marie Le-Jour, Jennifer Lincoln, Allison Medlin, Jennifer Petite, Tracy Robertson, Alison Rush, April Steiner, Ashley Sutton, Jamie Walker, Sydnei Woodley, Christin Wurth.

2001 - Lilli Kleinmann, Allison Medlin, Tracy Robertson, Jamie Walker, Donesha Williams, Christin Wurth, Amy Yoder Begley.

2000 - Jessica Dailey, Allison Medlin, Tracy Robertson, Amanda Ross, Amy Yoder.

1999 - Karen Bockel, Jessica Koch, Tracy Robertson, Amanda Ross, Stacy Tiefenauer, Amy Yoder.

1998 - Karen Bockel, Andrea Evans, Kim Heron, Christina Mayerhoff, Annette Quaid, Marisa Robinson, Amanda Ross, Stacy Tiefenauer, Felisha Williams, Amy Yoder.

1997 - Karen Bockel, Kelly Cook, Andrea Evans, Megan Flowers, Annette Quaid, Margaret Robinson, Elisabeth Shell.

1996 - Kelly Cook, Megan Flowers, Christina Mayerhoff, Claire Phythian, Trine Pilskog, Carrie Pollock, Margaret Robinson, Sheila Sims, Cinda Soekin.

1995 - Lisa Ann Brown, Michelle Byrne, Kelly Cook, Megan Flowers, Claire Phythian, Rene Pillow, Margaret Robinson, Sarah Schwald, Sheila Sims, Cinda Soekin.

1994 - Lisa Brown, Michelle Byrne, Kimberly Mount, Michelle Pillow, Sarah Schwald.

1993 - Michelle Byrne, Barb Mariani, Kim Mount, Jamie Park, Rene Pillow, Sarah Schwald, Rhonda Whisenhunt.

1992 - Stephanie Barrett, Claire Lavers, Pauline Durrant, Kimberly Mourtou, Jamie Park, Rene Pillow, Barb Marianni.

SEC Freshman Academic Honor Roll

2006 - Denise Bargiachi, Jennifer Harper, Kelly Vrshek.

2005 - Dacia Barr, Brandy Buss, Megan Scott.

2004 - Becky Kerr, Michelle Martin, Caroline Peyton, Sarah Saffa.

Representing the State of Arkansas for Scholarship, Service and Athletics

The University of Arkansas received its 12th NCAA Woman of the Year for the state in 2004 with the selection of all-American high jumper Jessica Johnson. Since the first state representatives were selected in 1991, a Lady Razorback has been a part of the National Woman of the Year banquet in 12 of the 14 years of the program.

The cross country and track teams have provided a good portion of Arkansas' NCAA Woman of the Year recipients. Cynthia Moore was Arkansas' first woman of the year back in 1991 and since then has been followed by six others that have competed for the Lady'Backs on the track. Kim Mount was the state representative in 1994, followed by 10-time all-American Megan Flowers in 1997. Volleyball all-American and track walk-on Jessica Field represented the Lady'Backs in 1999 before Jessica Dailey became the University's first top 10 finisher in 2000. 15-time all-American Amy Yoder Begley was selected in 2001 followed by all-American Jessica Johnson in 2004.



Cynthia Moore
1991



Kim Mount
1994



Megan Flowers
1997



Jessica Field
1999



Jessica Dailey
2000



Amy Yoder Begley
2001



Jessica Johnson
2004



ESPN The Magazine/CoSIDA Academic All-District and All-America Selections



Karen
Bockel



Jessica
Dailey



Laura
Jakosky



Lilli
Kleinmann



Marie
LeJour



Kim
Mount



Rene
Pillow



Tracy
Robertson



Maureen
Scott



Penny
Splichal



Jamie
Walker



Amy
Yoder Begley

Academic All-American of the Year 2002 Andreina Byrd



Andreina
Byrd



Megan
Flowers



Jessica
Johnson



Clare
Lavers

Academic All-Americans

2006	Penny Splichal, Third Team
2005	Maureen Scott, First Team
	Laura Jakosky, Second Team
2004	Maureen Scott, First Team
	Jessica Johnson, Second Team
2003	Andreina Byrd, First Team
	Jessica Johnson, Second Team
2002	Andreina Byrd, First Team
	Marie LeJour, First Team
	Jamie Walker, Second Team
Fall 2000	Lilli Kleinmann, Third Team
Spring 2000	Jessica Dailey, Second Team
	Amy Yoder Begley, Second Team
Fall 1999	Jessica Dailey, Second Team
Fall 1998	Jessica Dailey, Third Team
Spring 1997	Megan Flowers, Third Team
Fall 1994	Megan Flowers, Third Team
Fall 1993	Kim Mount, First Team
Fall 1992	Rene Pillow, Second Team
	Kim Mount, Third Team
Fall 1991	Claire Lavers, First Team

Academic All-District

2006	Penny Splichal, First Team
	Dacia Barr, Second Team
2005	Laura Jakosky, First Team
	Maureen Scott, First Team
	Alison Rush, Second Team
2004	Jessica Johnson, First Team
	Maureen Scott, First Team
2003	Andreina Byrd, First Team
	Jessica Johnson, First Team
2002	Andreina Byrd, First Team
	Marie LeJour, First Team
	Jamie Walker, First Team
Spring 2001	Tracy Robertson, First Team
	Jamie Walker, Second Team
Fall 2000	Lilli Kleinmann, First Team
Spring 2000	Jessica Dailey, First Team
	Amy Yoder Begley, First Team
Fall 1999	Jessica Dailey, First Team
	Amy Yoder Begley, Second Team
Fall 1998	Jessica Dailey, First Team
	Karen Bockel
Spring 1997	Megan Flowers, First Team
Spring 1996	Megan Flowers
Fall 1994	Megan Flowers, First Team
Fall 1993	Kim Mount, First Team
Fall 1992	Rene Pillow, First Team
	Kim Mount, First Team
Fall 1991	Claire Lavers, First Team
Spring 1989	Sally Ramsdale

United States Track Coaches Association All-Academic Team of the Year 2002 3.28 GPA, 10th NCAA Indoors

United States Track & Field Cross Country Coaches Association All-Academic Team 2006

ARKANSAS LADY RAZORBACK TRACK & FIELD

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Since records for the early Lady'Back track teams are incomplete, please let us know if you see any errors. Contact Phil Pierce with the UA Women's Communications office.



The University of Arkansas has long been a power at the national level in cross country, and over the past several years has made long strides in its track and field program. Not happy with just those credentials, the Lady Razorbacks have taken the next step and begun to carve a path into the world of professional running. Arkansas athletes have competed in U.S. and World Championships to the Olympics and have been a force to reckon with every time they toe the line. The Lady Razorback coaching staff is proud to say that these women's careers did not end at Arkansas but continued long after they completed their collegiate eligibility.

Deena Drossin (Kastor)

The first Lady Razorback track athlete to make it to the Olympics was Deena Drossin. Competing for Arkansas in the early '90s, she took her abilities to another level when she turned pro following her senior season. Drossin's efforts as a pro athlete earned her a spot on several world cross country teams and even a 2000 Olympics berth, but the crowning achievement came at the 2004 Athens Games when she achieved her dream of winning an Olympic medal when she took the bronze in the marathon.

"Deena has taken her post-collegiate career to a new level," her former coach Lance Harter beamed. "She became focused to train and is now at a level that the rest of the world is barely on."

The first Lady'Back athlete to ever make the United States squad in any sport, Drossin has continued to improve since her time as a Lady Razorback. She is the proud owner of the Olympic Trials record in the 10,000 meters which she set in 2000 and the U.S. road race 5,000-meter record, set in Carlsbad, Calif.

America's most recognized distance racing and marathon runner, she moved from the track to the marathon in the spring of 2001. Tackling her first 26-mile race as a contestant in the New York Marathon, she finished as the top U.S. female and seventh overall nearly eclipsing the U.S. marathon record, but settling for the New York record instead.

Drossin was named USA Track and Field's Jesse Owens Award winner in 2003. The Owens award is the highest accolade that the USATF hands out and goes to the most outstanding male and female athlete of the year. She also took Visa Humanitarian Athletes of the Year honors in 2002 for her community service where she spoke at more than 15 high schools and junior colleges as well as youth clinics and corporations.



Veronica Campbell

Arguably the most talented athlete to ever run in an Arkansas uniform, male or female, Veronica Campbell's honors and awards in a single year of competition dwarf those of many of her predecessors. The first University of Arkansas athlete to win multiple Olympic medals in a single competition, Campbell earned three, including two golds, at the Games of the XXVIII Olympiad in Athens, Greece.

"Veronica is a special athlete," Arkansas head coach Lance Harter said numerous times throughout her junior year.

"She can do whatever she puts her mind to," added sprints coach Rolando Greene.

Running for her native Jamaica, Campbell became the first female Jamaican sprinter to earn a gold medal making her an instant star in her home country. Winning gold in the 200 meters, Campbell also anchored the Jamaican 4x100-meter relay to gold, while taking the bronze in the 100-meter dash.

Following Campbell's Olympic experience, she competed at the Grand Prix Finals in September of 2004, winning the gold in the 100 meters, the lone Olympic gold that evaded her.

Not just a one-time wonder, Campbell's running career continues to excell, and she was the World Championships gold medallist in the 100-meter dash in 2005.

On the verge of greatness throughout her collegiate career, Campbell set or helped set six University of Arkansas records, set the collegiate indoor 200 mark, won one individual national championship, earned two USTCA Regional Athlete of the Year honors and a Southeastern Conference athlete of the year award.



Gi-Gi Miller

Gi-Gi Miller won a NCAA indoor title during her senior season in the triple jump, then went on to have a phenomenal spring. She would finish second in the outdoor triple jump, then moved on to the USAT&F Championships to have her best competition to date. A 5,925-point heptathlon allowed her to finish second at the meet and place her in position to compete at the World Championships.

Her school-record heptathlon performance was just shy of meeting the World Championship standard, so rather than chase a mark, she elected to compete that fall as a member of Team USA at the World University Games. In that high-profile meet, Miller would lead the heptathlon after the first day. She also competed in the triple jump at the World University Games.

"Gi-Gi is an incredibly gifted athlete," Lady Razorback associate head coach Rolando Greene said. "She can accomplish anything that she sets her mind on and that is just what she did at the U.S. meet."

A promising athlete, she is one of the nation's top heptathletes and won the USA Championship at the 2006 national meet.



International Lady'Backs

Tawa Babatunde, Amy Yoder Begley, Elisha Brewer, Veronica Campbell, Aneita Denton, Deena Drossin, Christine Kalmer, Lilli Kleinmann, Clare Lavers, Marie LeJour, Gi-Gi Miller, Kerri-Ann Mitchell, LaShaunte'a Moore, Shaneatra Neely, Claire Phythian, Trine Pilskog, Tracy Robertson, Sarah Schwald, Nicole Teter, Jamie Walker, Kasia Williams, Christin Wurth

Lady Razorback International Competitions

Olympics
World University Games
World Junior Championships
IAAF Track & Field Championships
IAAF Cross Country Championships
Goodwill Games
New York Marathon
Boston Marathon

The summer of 2004 saw the Olympic Games return to their birthplace in Athens, Greece, and while thousands of medal contenders and world-class athletes descended upon the numerous venues, there was one thing in common with the Olympic Stadium: Razorbacks. The University of Arkansas sent its largest contingent of athletes to any Olympic Games as 10 men and women made the journey from various countries to southern Europe. Representing the United States of America, Jamaica, Hungary, Norway and Ireland, nine of the 10 athletes would compete in track & field while the 10th spent her days at the swimming venue.

For the University's Women's Athletics Department, Athens marked the first time ever that more than one current or former Lady Razorback competed in a single Olympics and in 2004 there were six. For Deena (Drossin) Kastor (U.S.A.) it was her second games, while Veronica Campbell (Jamaica), Zsuzsa Csobanki (Hungary, swimming), LaShaunte'a Moore (U.S.A.), Trina Pilskog (Norway) and Nicole Teter (U.S.A.) each participated in their first.

From the first day of the track competition, Arkansas' athletes shined. Campbell became the games' star in the sprints as she took not just one, but three medals back to her native Jamaica. Earning a bronze in the 100-meter dash, Campbell ran seven races in eight days and capped off the week with gold medals in both the 200-meter dash and the 4x100-meter relay on days six and eight.

Also bringing back hardware from Athens was Kastor who moved up from the 10,000-meters in 2000 to the marathon in 2004 and executed a near flawless tactical race in the blistering Grecian sun to come from way behind to capture the bronze.

Moore qualified all the way to the semifinals of the 200-meter dash, while Teter advanced to the semis of the 800 and Pilskog ran in the 1,500 meters.



TM ©
ATHENS 2004



Campbell takes gold in the 200-meter dash.

Photo courtesy of WireImages



Kastor shows her emotion as she takes the bronze in the marathon.

Photo courtesy of USATF & Photorun



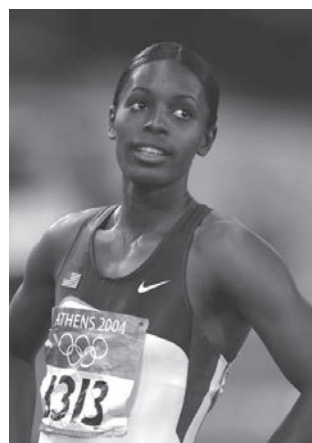
Teter starts the 800 meters, barely missing the finals in her first games.

Photo courtesy of USATF & Photorun



Campbell anchors the Jamaican relay to gold.

Photo courtesy of WireImages



Not a favorite to make the U.S. Team, Moore surprised many by qualifying for the semifinals in the 200.

Photo courtesy of USATF & Photorun



Facilities

The University of Arkansas takes great pride in the 42 NCAA Championship and 57 Southeastern Conference Championship trophies that have made their way back to Fayetteville, and shows that pride in the facilities at which their track and field teams train and compete. With facilities that can match any in the country, every Arkansas track athlete has an opportunity to excel in their events.

The fall season begins with the cross country team enjoying endless opportunities to train under diverse conditions. Between their competition field, one of the few in the country dedicated solely to cross country Agri Park, and the "trails" that are a quick run from campus. Cross country athletes have a chance to train on both hills and long straight-aways in preparation for upcoming meets.

The trails run through the hills adjacent to the Fayetteville campus and are dedicated solely for the use of Arkansas' varsity athletes. The wood-chip running surface provides a cushion for runners and also quick drainage to allow athletes to use the trails year round.

If that weren't enough, the cross country programs also have the luxury of training sites at Prairie Grove Battlefield, site of the 1994 NCAA Cross Country Championship; Razorback Park Golf Course, site of the 1987 Southwest Conference Championship; as well as the numerous trails that run through Fayetteville's city parks. Some of the trails include the 1.1-mile course at Guley Park and the newly constructed six-mile-plus, all-wood-chip running trail around Lake Fayetteville.

Once the indoor track season arrives in late fall, Arkansas turns its attention to the gem it constructed on the south side of campus, the Randal Tyson Track Center.



Home of the NCAA Indoor Track Championships since 2000 and through 2008, the \$6.5 million building was completed in March of 2000 and features a removable, banked 200-meter track covered with Mondo surfacing. The facility also has Mondo surfacing around the

perimeter of the banked track that allows athletes to train on flat surfaces along its outskirts. The Tyson Center accommodates more than 5,000 spectators and has been sold out for every NCAA meet, making the events some of the best in the history of the championship.

The Randal Tyson Track Center is also the home of Arkansas' state-of-the-art Smartvision video board that displays all the action as it happens and allows fans an up-close and personal look at the athletes as they compete. The video board is also integrated into the facility's timing system and displays real-time results as they are read from the computers.

Arkansas' newest track facility is perhaps the most impressive of all Arkansas' cross country/track and field venues. John McDonnell Field was a functional track for many years, but in 2005 the University put forth plans to completely renovate the stadium and make it a show place. The old track was razed and rebuilt in 149 days to host the 2006 SEC Outdoor Championships, and because of its impressive credentials, has already been tabbed as the host site for the 2008 NCAA Midwest Regional and 2009 NCAA Championships.



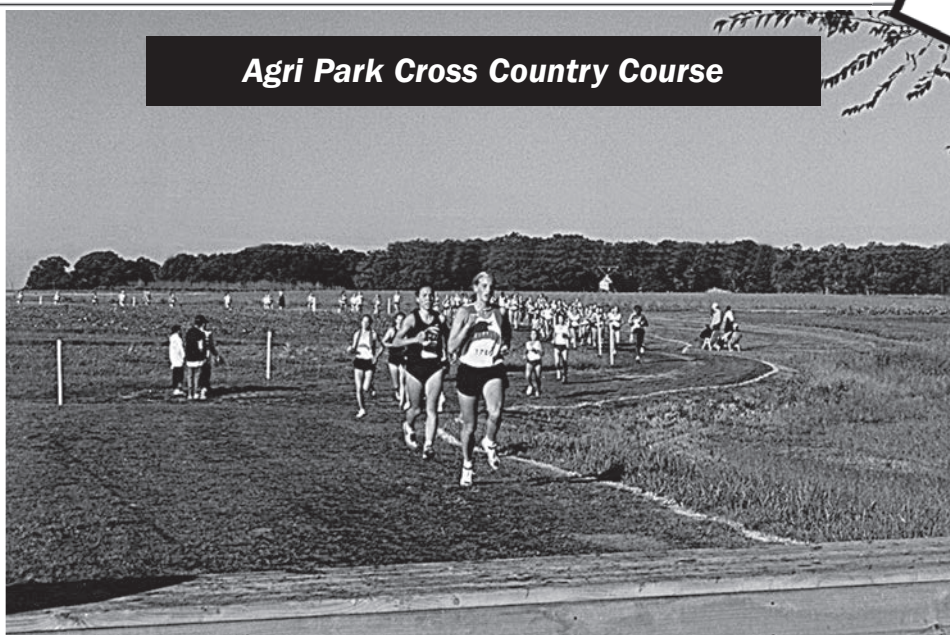


The facility will seat 10,000 when the south end of the stadium is constructed, and thanks to tremendous insight by its engineers and the University, it was tabbed as an IAAF Class 1 certified facility, the highest certification given to an outdoor track. John McDonnell Field is just one of two facilities in the United States to get that title, joining Randal's Island in New York City, and just one of 20 in the entire world. Other facilities that have been awarded the IAAF's highest certification have been the hosts of World Championships and Olympic Games.

Some of the amenities of the newly constructed stadium include the largest full video board of any track facility in the United States, sky boxes along the home stretch, a press box that can seat 75 media members, rooms designed specifically for television, timing and meet operations, locker rooms for both the men's and women's track teams and a full-service athletic training center. The stadium's design allows for multiple competitions of the field events to be conducted while events on the track are proceeding, and also for those field events to be reversed to maximize the effects of wind. The track surface itself is completely Mondo and installed by the same individuals who worked on the Olympic Stadium tracks in Sydney, Australia, and Athens, Greece.

Arkansas' facilities and training areas are so diverse that athletes either stay or move into the area to train for their post-collegiate careers. Fayetteville has been the home to two-time Olympic gold medalist Veronica Campbell, Olympic gold and silver medalist Mike Conley, Olympic bronze medalist Calvin Davis, U.S. Championship runner-up Gi-Gi Miller and numerous other World and U.S. Championship medal winners. Since 1988, more than 30 Olympians have trained in the Fayetteville area and taken advantage of the city's ideal training atmosphere. With an elevation of 1,270 feet above sea level and an average temperature of just 57.5 degrees, Fayetteville is blessed with four distinct, yet moderate seasons. The average monthly temperature ranges from a low of 34 in January to a high of just 79 in July.

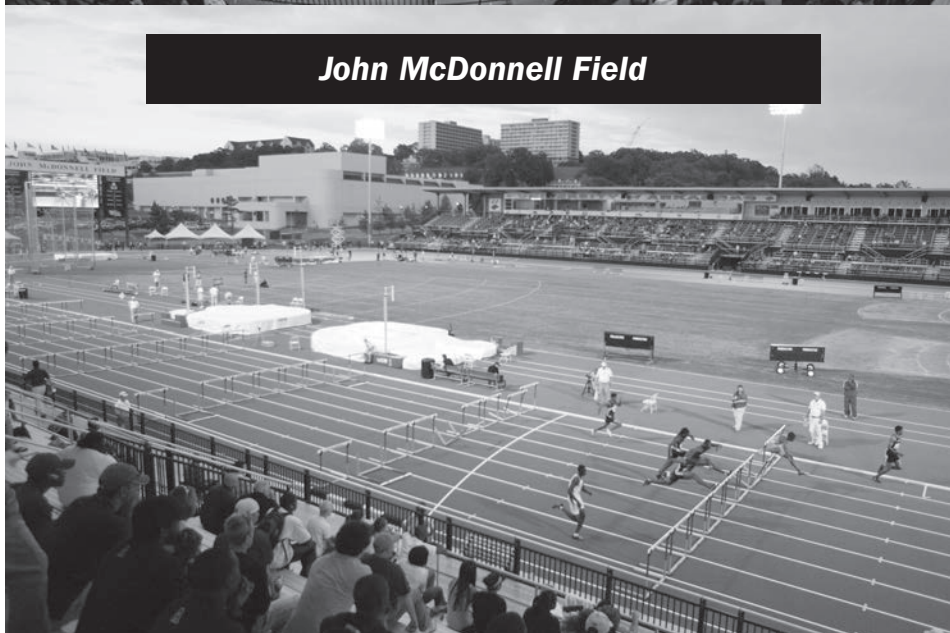
Agri Park Cross Country Course



Randal Tyson Track Center



John McDonnell Field





2007 NCAA Championships

The University of Arkansas is proud host of the NCAA Indoor Track and Field Championships for the eighth straight season. After the rousing success of the past championships, both the women's and men's athletics departments have made every effort to make the 2007 competitions even better.

After an 11-year stay at the RCA Dome in Indianapolis, the NCAA moved the Indoor Championships to Fayetteville in 2000 and got exactly what they expected when sell-out crowds packed the Randal Tyson Track Center and cheered their favorites on to victory. More than 10,000 spectators filled the stands in 2000, and with additional seating, 2001's attendance figures totaled over 11,000. Along with the fan support, more than 150 media credentials were issued to both local and national media from coast to coast. The approval from coaches, athletes, media and fans helped make the championships a success, and for Arkansas' efforts, the NCAA has awarded the Randal Tyson Track Center the Indoor Championships through the 2008 season and again in 2010.



The Randal Tyson Track Center has seen sold-out crowds in each of its seven years hosting the NCAA Championships, making it an electric atmosphere for competitors.

Tickets

Tickets for the 2007 NCAA Championships may be purchased through the Razorback Ticket office by calling 1-800-982-HOGS. General admission seating is \$25 for a two-day pass and reserved seats are \$35. Reserved seating is located on the north wall by each finish line.



In 2000, the first year of the Randal Tyson Track Center and NCAA Championships in Fayetteville, the LadyBacks enjoyed their best finish, third, behind the efforts of (L to R) Tracy Robertson, Lilli Kleinmann, Amy Yoder Begley and Jessica Dailey.

Arkansas Officials

The University of Arkansas track program is very proud of the 100-plus officials that make up the Arkansas Track Officials Association. In recognition of their volunteer efforts at each of Arkansas' home meets, the University holds a parade of officials at the NCAA Championships.

Media Accommodations

Members of the media coming to Fayetteville for the NCAA Indoor Track and Field Championships will have access to the Randal Tyson Track Center's press box with seating for more than 50 media members. Due to overwhelming responses by the media for previous championships, seating is limited and will be awarded based on NCAA guidelines. Photographers are accommodated in a separate area on the first floor of the Randal Tyson Track Center. In the photo room will be access to several phone lines for sending digital photos. Post-event interviews are handled in the interview area, which is part of the mix zone on the east side of the track. The mix zone incorporates the holding area, awards stand and interview area. For media members traveling from out of town, the Clarion Inn in Fayetteville is the media hotel for the NCAA Championships. The phone number for the Clarion is 479-521-1166.

Championships Results

Results for the 2007 NCAA Indoor Track & Field Championships will be posted on the Lady Razorbacks website, www.ladybacks.com, following the conclusion of events of each day. Updates will be made regularly throughout the competition on NCAAsports.com and will feature results, heat sheets and more. Media members will be able to access full Associated Press-style agate results upon the completion of each day.

Credentials

Requests for credentials for the 2007 NCAA Men's and Women's Indoor Track and Field Championships must be submitted on-line at www.ladybacks.com or by contacting Phil Pierce in the Women's Communications Office. The deadline for credential requests is Monday, March 5, 2007. A .pdf copy of media information may be obtained at www.ladybacks.com.



2007 NCAA Track & Field Championships Schedule

Track Attendance Soars

at the NCAA Meet

"Build it and they will come," was the mantra in the classic film *Field of Dreams*, and the moniker that surrounded the Randal Tyson Track Center in 2000. The Arkansas track teams enjoyed the largest crowds in their existence with the construction of the building. The NCAA Championships draw more than 10,000 fans for its two days. Here is a list of the top 10 crowds at the Randal Tyson Track Center.

Top Arkansas Indoor Track Crowds

1.	NCAA Day Two	3/10/01	5,671
2.	NCAA Day Two	3/11/06	5,596
3.	NCAA Day Two	3/15/03	5,583
4.	NCAA Day Two	3/9/02	5,567
5.	NCAA Day One	3/11/05	5,461
6.	NCAA Day Two	3/13/04	5,428
7.	NCAA Day One	3/9/01	5,371
8.	NCAA Day Two	3/11/00	5,350
9.	NCAA Day One	3/8/02	5,177
10.	NCAA Day One	3/10/00	5,117

Championship Records Claimed at the Tyson Track Center

Of the 34 men's and women's events that have been competed each season at the NCAA Indoor Track & Field Championships, 23 have had records broken since the meet was moved to the Randal Tyson Track Center. That's 67 percent of the overall total in just seven years.

Women's 60 meters - 3/9/02

7.13 Angela Williams (USC)

Women's Weight Throw - 3/11/05

79-3 3/4 Candice Scott (Florida)

Women's 200 meters - 3/13/04

22.43 Veronica Campbell (Arkansas)

Women's Heptathlon - 3/13/04

4,412 Hyleas Fountain (Georgia)

Women's 400 meters - 3/13/04

50.82 Sanya Richards (Texas)

Men's 200 meters - 3/10/05

20.10 Wallace Spearmon (Arkansas)

Women's 3,000 meters - 3/13/04

8:49.18 Kim Smith (Providence)

Men's 400 meters - 3/11/05

44.57 Kerron Clement (Florida)

Women's 5,000 meters - 3/12/04

15:14.18 Kim Smith (Providence)

Men's 800 meters - 3/10/01

1:45.33 Patrick Nduwimana (Arizona)

Women's 60 hurdles - 3/10/06

7.84 Virginia Powell (USC)

Men's 5,000 meters - 3/14/03

13:28.93 Alistair Cragg (Arkansas)

Women's 5,000 meters - 3/14/03

15:39.25 Sara Gorton (Colorado)

Men's 4x400 relay - 3/11/05

3:03.51 Florida

Women's 4x400 Relay - 3/15/03

3:27.66 Texas

Men's DMR - 3/12/04

9:27.77 Michigan

Women's DMR - 3/8/02

10:58.19 UCLA

Men's Shot Put - 3/15/03

70-6.25 Carl Myerscough (Nebraska)

Women's Pole Vault - 3/8/02

14-10 1/4 Amy Linnen (Arizona)

Men's Weight Throw - 3/9/02

80-11.25 Scott Russell (Kansas)

Women's Long Jump - 3/14/03

22-4 1/4 Elva Goulbourne (Auburn)

Men's Pentathlon - 3/13/04

6,136 Donovan Kilmartin (Texas)

Women's Shot Put - 3/13/04

62-10 Laura Gerraughty (N. Carolina)

Friday, March 9, 2007

9:00 a.m.	M-60 meters	Heptathlon
*	M-long jump	Heptathlon
*	M-shot put	Heptathlon
*	M-high jump	Heptathlon
Noon	M-weight throw	Pre/Final
2:30 p.m.	W-high jump	Final
	W-shot put	Pre/Final
4:00	W-long jump	Pre/Final
4:30	W-800 meters	Prelim
4:45	M-800 meters	Prelim
5:05	W-60 hurdles	Prelim
5:20	M-60 hurdles	Prelim
5:35	M-pole vault	Final
5:40	W-400 meters	Prelim
5:50	M-400 meters	Prelim
6:00	M-long jump	Pre/Final
6:15	W-60 meters	Prelim
6:30	M-60 meters	Prelim
6:45	W-mile	Prelim
7:05	M-mile	Prelim
7:20	W-200 meters	Prelim
7:35	M-200 meters	Prelim
7:50	W-5,000 meters	Final
8:10	W-60 hurdles	Final
8:20	M-60 hurdles	Final
8:30	M-5,000 meters	Final
8:55	W-200 meters	Final
9:05	M-200 meters	Final
9:15	W-DMR	Final
9:35	M-DMR	Final

Saturday March 10, 2007

11:00 a.m.	M-60 hurdles	Heptathlon
*	M-pole vault	Heptathlon
*	M-1,000 meters	Heptathlon
11:30	W-60 hurdles	Pentathlon
*	W-high jump	Pentathlon
*	W-shot put	Pentathlon
*	W-long jump	Pentathlon
*	W-800 meters	Pentathlon
2:00 p.m.	W-weight	Pre/Final
4:30	M-shot put	Pre/Final
4:45	M-high jump	Final
5:00	W-pole vault	Final
5:30	W-triple jump	Pre/Final
6:15	M-triple jump	Pre/Final
6:15	W-mile	Final
6:25	M-mile	Final
6:35	W-800 meters	Final
6:45	M-800 meters	Final
6:55	W-400 meter Dash	Final
7:05	M-400 meter Dash	Final
7:15	W-60 meter Dash	Final
7:25	M-60 meter Dash	Final
7:35	W-3,000 meters	Final
7:50	M-3,000 meters	Final
8:05	W-1,600 relay	Final
8:20	M-1,600 relay	Final

* Event start times will be determined by the combined event referee in accordance with NCAA rules.



UA Women's Communications

The University of Arkansas Women's Communications Office is located in room 102 of Barnhill Arena with office hours from 8 a.m. to 5 p.m., Monday through Friday. You can often reach us at Barnhill after hours, but if not, please leave a message on our voice mail.

A Note About the WCO

The University has separate men's and women's athletics departments. As such, the Women's Communications Office is separate from the Men's Sports Information Office. Please make sure your correspondence, facsimilies and requests for Lady Razorback athletes are directed to our office. Listed below are some of the important names and contact information in the WCO.

Assoc. Athletic Director-Communications

Dr. Bill Smith (Northeast La., 1984)
Sports: Basketball

Assistant Communications Director

Jeri Thorpe (Mankato St., 1991)
Sports: Golf, Gymnastics, Volleyball

Assistant Communications Director

Phil Pierce (Baldwin-Wallace, 1996)
Sports: Soccer, Track & Field, X-C

Director of New Media

Blair Cartwright (Arkansas St., 1990)

Communications Assistant

Deanna Werner (Kalamazoo, 2004)
Sports: Softball, Swimming & Diving

Student Assistants:

Geoff Edwards
Melissa Leigh
Aaron Millstein

Mailing Address

Women's Communications Office
University of Arkansas
131 Barnhill Arena
Fayetteville, AR 72701
(Same address for overnight and UPS deliveries)

Facilities/Parking

The Arkansas track and field team competes at multiple venues throughout the season. Arkansas' indoor track, the Randal Tyson Track Center, is located off Razorback Road, south of campus, next to Baum Stadium. Parking for the indoor track is located adjacent to the front doors of the facility, except during the NCAA Championships which is described on page 62. The outdoor track, John McDonnell Field, is also located off Razorback Road, north of Bud Walton Arena. Parking for the outdoor facility is north of the track, near Lady'Back Yard.

Lady Razorback Track and Field Contact

Phil Pierce will handle all media requests regarding Lady Razorback Track and Field for the 2007 season. Media members can expect weekly press releases as well as updated statistics on Tuesday afternoons. Here are a few ways to contact Pierce:

WCO Office: 479-575-3707
Pierce's office:..... 479-575-7430
Pierce at home: 479-973-4262
Pierce's e-mail: ppierce@uark.edu
WCO Fax: 479-575-7410
Indoor Track Press Box: 479-571-2362
Outdoor Track Press Box:..... 479-575-6956



On the Web

Arkansas women's track and field information is just a click away from those on the internet at:

LADYBACKS.COM



The Lady Razorbacks' home on the web will keep up with all the track and field action throughout the 2007 season with athlete and coach bios, best times, fact sheets, releases, records and more.

Mailing Address

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Credentials

Due to the magnitude of each of the Arkansas track team's home events, credentials will be required throughout the winter and spring seasons. Credentials can be obtained by contacting the WCO prior to the day of the event and may be picked up at the ticket window at each venue. Requests for credentials for the NCAA Championships must be submitted on a NCAA form and be returned to the WCO by March 5, 2007.

Photographers

The WCO asks that all photographers attending Arkansas track and field events please keep a safe distance between themselves and the finish lines and field event areas. Photo wells will be marked off at the Randal Tyson Track Center for all events. The WCO asks that photographers attending events at John McDonnell Field be careful where they set up to shoot.

Interview Policy

Please contact a member of the WCO to arrange interviews with any Lady Razorback athlete or coach. Our office will be more than happy to arrange an appointment with any of our athletes and coaches.

Meet Services

The WCO prides itself in the dissemination of information during all its track and field events. Media members can expect to get a copy of every result as soon as it is available as well as a complete booklet of results after the competition. Interviews for athletes can be arranged with a WCO staff member and will be conducted near the track following the completion of the individual's event. A member of the WCO will be in the press facility during the duration of every event.



One of the best things about being an Arkansas athlete is that you're the hottest ticket in town. With no professional sports teams in Northwest Arkansas and only minor league affiliates in the state itself, everyone who grows up in Arkansas is a Razorback fan and the media knows it, which is why they cover every Arkansas sporting event, including track and field. The Lady Razorback track team understands this as evidenced by the countless interviews that take place over the course of the year. Arkansas' women's track program receives more space in the local newspapers than all but one of the Lady Razorbacks' 11 sports. Lady Razorback track comprises 25 percent of Arkansas' women's athletics' total print space.



From newspaper headlines of local print media to covers of international magazines, Lady Razorback athletes are always the center of attention. Athletes get equal doses of newspaper, television, and press conference interviews, even making the occasional spot on ESPN or CBS.



Left: Arkansas's distance medley relay team in the press area after winning its first Penn Relays Wagon Wheel. Right: Amy Yoder Begley takes a moment to speak with a TV crew from ESPN.



Covering the Lady'Backs

Newspapers

Arkansas Democrat Gazette	501-378-3411
PO Box 2221; Little Rock, AR, 72203	
Northwest Arkansas Times.....	479-571-6419
PO Box 1607; Fayetteville, AR, 72702	
The Morning News of Northwest Arkansas.....	479-751-6200
PO Box 7; Springdale, AR, 72765	
Tulsa World	918-581-8355
PO Box 1770; Tulsa, OK, 74102	
Hawgs Illustrated	479-582-2332
2560 N. Lowell Rd.; Springdale, AR, 72764	
Arkansas Traveler	479-575-3406
119 Kimpel Hall; Fayetteville, AR, 72701	

Wire Services

Associated Press-Little Rock	800-715-7291
Suite 100, Benton Bldg.; 10802 Executive Cntr Dr; Little Rock, AR, 72211	

Local Television

KNWA.....	479-442-0051
15 S. Block; Fayetteville, AR, 72701	
KFSM	479-521-1378
4201 N. Shiloh Dr.; Suite 169; Fayetteville, AR, 72703	
KFTA	479-785-2400
4624 Kelley Hwy; Fort Smith, AR, 72904	
KHOG.....	479-521-1010
No. 15 N. Church; Fayetteville, AR, 72701	
UATV	479-575-3601
116 Kimpel Hall; Fayetteville, AR, 72701	

State Television

KARK	501-340-4528
1401 W. Capital #104; Little Rock, AR, 72201	
KATV	501-324-7852
PO Box 77; Little Rock, AR, 72203	
KTHV	501-244-4572
PO Box 269; Little Rock, AR, 72203	



Arkansas Lady Razorback Track & Field

Opponents

Alabama Crimson Tide

Location: Tuscaloosa, Ala.
Enrollment: 21,750
Colors: Crimson and White
Indoor Facility: N/A
Outdoor Facility: Sam Bailey Track & Field
Head Coach: Sandy Fowler
2006 SEC Finishes (I/O): 6th/6th
2006 NCAA Finishes (I/O): T41st/17th
SID: Jason Kirksey
SID Phone/Fax: 205-348-7476/8841
SID E-mail: jkirksey@ia.ua.edu
Web Site: www.rolltide.com

Auburn Tigers

Location: Auburn, Ala.
Enrollment: 23,547
Colors: Burnt Orange and Navy Blue
Indoor Facility: N/A
Outdoor Facility: Wilbur Hutsell Track
Head Coach: Ralph Spry
2006 SEC Finishes (I/O): 2nd/2nd
2006 NCAA Finishes (I/O): T8th/1st
SID: Brad Gust
SID Phone/Fax: 334-844-9703/9807
SID E-mail: gustbra@auburn.edu
Web Site: www.auburntigers.com

Florida Gators

Location: Gainesville, Fla.
Enrollment: 49,000
Colors: Orange and Blue
Indoor Facility: Stephen O'Connell Center
Outdoor Facility: Percy Beard Track
Head Coach: Tom Jones
2006 SEC Finishes (I/O): 8th/9th
2006 NCAA Finishes (I/O): T39th/T37th
SID: Tanner Tedeschi
SID Phone/Fax: 352-375-4683 x6121/4809
SID E-mail: ChrisR@gators.uua.ufl.edu
Web Site: www.GatorZone.com

Georgia Bulldogs

Location: Athens, Ga.
Enrollment: 33,959
Colors: Red and Black
Indoor Facility: N/A
Outdoor Facility: Forrest "Spec" Towns Track
Head Coach: Wayne Norton
2006 SEC Finishes (I/O): 1st/1st
2006 NCAA Finishes (I/O): T5th/9th
SID: Leland Barrow
SID Phone/Fax: 706-542-1621/9339
SID E-mail: leland@sports.uga.edu
Web Site: www.georgiadiogs.com

Kentucky Wildcats

Location: Lexington, Ky.
Enrollment: 26,439
Colors: Blue and White
Indoor Facility: Nutter Field House
Outdoor Facility: Shively Track
Head Coach: Don Weber
2006 SEC Finishes (I/O): 9th/8th
2006 NCAA Finishes (I/O): NA/NA
SID: Sean Cartell
SID Phone/Fax: 859-257-3838/323-4310
SID E-mail: secart3@uky.edu
Web Site: www.ukathletics.com

LSU Lady Tigers

Location: Baton Rouge, La.
Enrollment: 31,582
Colors: Purple and Gold
Indoor Facility: LSU Field House
Outdoor Facility: Bernie Moore Stadium
Head Coach: Dennis Shaver
2004 SEC Finishes (I/O): 7th/4th
2004 NCAA Finishes (I/O): 7th/T7th
SID: Will Stafford
SID Phone/Fax: 225-578-4758/1861
SID E-mail: wstaff2@lsu.edu
Web Site: www.LSUsports.net

Mississippi Lady Rebels

Location: Oxford, Miss.
Enrollment: 16,498
Colors: Cardinal Red and Navy Blue
Indoor Facility: N/A
Outdoor Facility: Ole Miss Track Complex
Head Coach: Joe Walker
2006 SEC Finishes (I/O): 10th/12th
2006 NCAA Finishes (I/O): NA/NA
SID: Daniel Snowden
SID Phone/Fax: 662-915-7522/232-7006
SID E-mail: desnowde@olemiss.edu
Web Site: www.olemisssports.com

Miss. St. Bulldogs

Location: Starkville, Miss.
Enrollment: 15,934
Colors: Maroon and White
Indoor Facility: N/A
Outdoor Facility: Carl Maddox Track
Head Coach: Al Schmidt
2006 SEC Finishes (I/O): 11th/11th
2006 NCAA Finishes (I/O): NA/NA
SID: Tony Schmidt
SID Phone/Fax: 662-325-0968/2563
SID E-mail: ccc130@msstate.edu
Web Site: www.mstateathletics.com

South Carolina Gamecocks

Location: Columbia, S.C.
Enrollment: 27,390
Colors: Garnet and Black
Indoor Facility: USC Indoor Facility
Outdoor Facility: Weems Baskin Track
Head Coach: Curtis Frye
2006 SEC Finishes (I/O): T 3rd/3rd
2006 NCAA Finishes (I/O): T 10th/3rd
SID: M. Freed/M. Schmitt
SID Phone/Fax: 803-777-9917/2967
SID E-mail: mfreed/mschmitt@gwm.sc.edu
Web Site: www.uscsports.com

Tennessee Lady Vols

Location: Knoxville, Tenn.
Enrollment: 25,627
Colors: Orange and White
Indoor Facility: Stokely Athletics Center
Outdoor Facility: Tom Black Track
Head Coach: J.J. Clark
2006 SEC Finishes (I/O): T3rd/5th
2006 NCAA Finishes (I/O): T 18th/18th
SID: Eric Trainer
SID Phone/Fax: 865-974-4275/8875
SID E-mail: etrainer@utk.edu
Web Site: www.utladyvols.com

Vanderbilt Commodores

Location: Nashville, Tenn.
Enrollment: 6,221
Colors: Black and Gold
Indoor Facility: N/A
Outdoor Facility: Vanderbilt Track & Field
Head Coach: Lori Shepard
2006 SEC Finishes (I/O): 12th/10th
2006 NCAA Finishes (I/O): NA/NA
SID: Larry Leathers
SID Phone/Fax: 615-343-6437/343-7064
SID E-mail: larry.leathers@vanderbilt.edu
Web Site: www.vucommidores.com

Championship Competitions

SEC Indoor Championships
Host: Univ. of Kentucky
Contact: Sean Cartell
NCAA Indoor Championships
Host: Univ. of Arkansas
Contact: Phil Pierce
SEC Outdoor Championships
Host: Univ. of Alabama
Contact: Jason Kirksey
NCAA Mideast Regional
Host: Univ. of Missouri
Contact: Tom Lewis
NCAA Outdoor Championships
Host: Sacramento State Univ.
Contact: Brian Berger





Carly Bloomfield

Christine Kalmer

Stephanie Irwin

Dacia Barr

Tiffany Redlarczyk

Michelle Martin

Tiavannia Thompson



Randal Tyson Track Center

Women 60m		
1	Powell	7.84
2	Loes	7.87
3	Harper	7.90
4	Walker	8.00
5	Walker	8.00
Washinst. S. Miss		
Davis USC		
Wells Hampton		

SEC CONFERENCE CHAMPIONS

Conference Champions
Triple Crowns 2
Cross Country 12
Indoor Track 3
Outdoor Track 3

41 NATIONAL CHAMPIONSHIPS

41 National Championships
11 Cross Country
18 Indoor Track
12 Outdoor Track
5 NCAA Triple Crowns